

2013 Women's Cross Country Results

Alamo City Opener

Aug. 31 • San Antonio, Texas

Individuals (4,000 meters)

Samantha Fish (3)	14:57.35
Nina Herrera (4)	15:00.70
Kerstin Sheehan (7)	15:07.15
Stephanie Wangui (8)	15:12.53
Sarah Wedgeworth (9)	15:12.55
Grace Kohler (11)	15:19.60
Kristina Cantu (15)	16:00.97
Grace Williamson (16)	16:04.06

Team Standings

1. Incarnate Word 24; 2. UTSA 31.

Texas Lutheran Invitational

Sept. 7 • Seguin, Texas

Individuals (5,000 meters)

Nina Herrera (1)	18:56.63
Samantha Fish (2)	19:08.36
Emily Perez (4)	19:24.08
Sarah Wedgeworth (6)	19:33.26
Isabel Balbontin (8)	19:38.48
Stephanie Wangui (10)	19:50.79
Kerstin Sheehan (13)	20:01.87
Grace Kohler (16)	20:38.66
Kristina Cantu (18)	20:53.66
Grace Williamson (28)	22:31.31

Team Standings

1. UTSA 21; 2. Incarnate Word 40; 3. Texas-Pan American 85; 4. Prairie View A&M 110; 5. Texas Southern 144.

UTSA Ricardo Romo Classic

Sept. 20 • San Antonio, Texas

Individuals (5,000 meters)

Nina Herrera (2)	17:56.6
Samantha Fish (3)	18:14.9
Emily Perez (4)	18:23.9
Stephanie Wangui (11)	19:14.6
Grace Kohler (14)	19:40.3
Sarah Wedgeworth (17)	20:03.2
Kerstin Sheehan (19)	20:17.2
Kristina Cantu (20)	20:21.4
Grace Williamson (28)	21:43.0

Team Standings

1. Texas 27; 2. UTSA 33; 3. Texas-Pan American 79.

Texas Invitational

Sept. 27 • Round Rock, Texas

Individuals (5,000 meters)

Emily Perez (4)	17:36.61
Stephanie Wangui (19)	18:44.18
Kerstin Sheehan (21)	18:57.44
Grace Kohler (24)	19:20.63
Kristina Cantu (26)	19:36.65
Grace Williamson (32)	20:51.66

Team Standings

1. Texas 18; 2. UTSA 56; 3. Houston Baptist 64.

Notre Dame Invitational

Oct. 4 • South Bend, Ind.

Individuals (5,000 meters)

Alyssa Diaz (48)	17:56.4
Nina Herrera (68)	18:10.5
Emily Perez (89)	18:23.3
Samantha Fish (111)	18:34.8
Isabel Balbontin (117)	18:39.7
Stephanie Wangui (138)	18:52.8
Sarah Wedgeworth (152)	19:02.2

Team Standings

1. Florida State 77; 2. New Mexico 82; 3. San Francisco 96; 4. BYU 187; 5. Princeton 201; 6. Notre Dame 205; 7. Bradley 269; 8. SMU 274; 9. Lamar 305; 10. Duke 314; 11. Lipscomb 342; 12. Northwestern 344; 13. Ohio State 351; 14. Baylor 353; 15. Illinois 363; 16. Ohio 389; 17. Purdue 395; 18. Missouri 420; 19. UTSA 428; 20. Colorado State 437; 21. Youngstown State 475; 22. UAB 500; 23. Southern Utah 660; 24. UTEP 815.

UIW Cardinals Invitational

Oct. 12 • Live Oak, Texas

Individuals (6,000 meters)

Grace Kohler (13)	23:54.14
Kerstin Sheehan (20)	24:21.77
Kristina Cantu (35)	25:83.00
Grace Williamson (58)	26:21.71

Indiana State Pre-National Invitational

Oct. 19 • Terre Haute, Ind.

Individuals (6,000 meters)

Nina Herrera (70)	21:14.47
Alyssa Diaz (71)	21:15.16
Emily Perez (100)	21:28.13
Samantha Fish (164)	21:52.07
Stephanie Wangui (293)	22:52.69
Isabel Balbontin (300)	22:58.31
Sarah Wedgeworth (329)	23:46.46

Team Standings

1. Georgetown 117; 2. Florida State 162; 3. Butler 176; 4. Virginia 191; 5. Oregon 214; 6. Michigan 219; 7. Colorado 223; 8. William & Mary 248; 9. Stanford 275; 10. Princeton 421; 21. UTSA 697; 38 other teams.

Conference USA Championships

Nov. 2 • Denton, Texas

Individuals (5,000 meters)

Nina Herrera (4)	17:24.04
Emily Perez (8)	17:40.90
Samantha Fish (17)	17:52.21
Alyssa Diaz (18)	17:55.26
Stephanie Wangui (20)	17:58.02
Isabel Balbontin (32)	18:23.92
Grace Kohler (49)	18:54.75
Sarah Wedgeworth (55)	19:06.52
Kerstin Sheehan (70)	19:28.19

Team Standings

1. UTSA 67; 1. Tulsa 67; 3. North Texas 105; 4. East Carolina 152; 5. Charlotte 155; 6. Southern Mississippi 158; 7. Middle Tennessee 163; 8. UAB 186; 9. Rice 189; 10. Florida Atlantic 221; 11. Tulane 338; 12. Marshall 379; 13. FIU 388; 14. UTEP 400; 15. Louisiana Tech 491.

NOTE: UTSA won head-to-head tiebreaker; 3-2

NCAA South Central Regional

Nov. 15 • Waco, Texas

Individuals (6,000 meters)

Emily Perez (10)	20:44.9
Alyssa Diaz (27)	21:24.9
Nina Herrera (31)	21:28.4
Samantha Fish (42)	21:54.3
Isabel Balbontin (44)	21:56.8
Stephanie Wangui (51)	22:12.6
Grace Kohler (122)	24:33.1

Team Standings

1. Arkansas 33; t-2. SMU 116; t-2. Texas A&M 116; 4. Texas 132; 5. UTSA 154; 6. Baylor 162; 7. Lamar 190; 8. Arkansas State 225; 9. North Texas 242; 10. Central Arkansas 244; 11. Rice 256; 12. UT Arlington 296; 13. Stephen F. Austin 336; 14. Texas A&M-Corpus Christi 386; 15. Houston Baptist 431; 16. Houston 456; 17. LSU 473; 18. Louisiana-Lafayette 492; 19. Tulane 509; 20. New Orleans 626.