



2014 UTSA Women's Outdoor Track & Field Bests/Progressions



100 meters • 11.25, Tameka Roberts (1997)

1 Greneshia Wright (Sr.) **12.04**
 12.04 1) Trinity Tigers Relays San Antonio 3/28/14

2 Keyunt'a Washington (Fr.) **12.08 w**
 pr 12.34 w 6) Islanders Open Corpus Christi 3/15/14
 12.46 12) UTSA Texas Challenge Invite San Antonio 3/22/14
 12.57 76p) Texas Relays Austin 3/28/14
 pr 12.08 w 16) Texas Invitational Austin 4/12/14
 12.11 7) UTSA Invitational San Antonio 4/19/14
 12.66 40p) Conference USA Championships Houston 5/17/14

3 Alexis Daniels (So.) **12.20 w!**
 12.54 w 8) Islanders Open Corpus Christi 3/15/14
 12.20 w! 17) Texas Invitational Austin 4/12/14
 12:28 13) UTSA Invitational San Antonio 4/19/14

4 Krystal Wynn (Sr.) **12.37**
 12.51 19) J. Fred Duckett Twilight Houston 4/26/14
 12.37 35p) Conference USA Championships Houston 5/17/14

5 Kayla Hunt (Jr.) **12.62**
 pr 12.62 t4) Trinity Tigers Relays San Antonio 3/28/14

6 Desiree Stevenson (Fr.) **12.72**
 pr 12.72 6) Trinity Tigers Relays San Antonio 3/28/14

7 Laura Oseghae (Sr.) **13.00**
 pr 13.00 10) Trinity Tigers Relays San Antonio 3/28/14

200 meters • 22.94, Tameka Roberts (1996)

1 Alexis Daniels (So.) **24.51 w**
 pr 25.71 7) Trinity Tigers Relays San Antonio 3/28/14
 pr 25.32 w 29) Texas Invitational Austin 4/12/14
 pr 25.21 7) UTSA Invitational San Antonio 4/19/14
 pr 24.51 w 1) Roadrunners Invitational San Antonio 5/2/14
 25.38 27p) Conference USA Championships Houston 5/17/14

2 Shantel Swift (So.) **24.65 w**
 pr 24.65 w 2) Islanders Open Corpus Christi 3/15/14
 24.69 1) Trinity Tigers Relays San Antonio 3/28/14
 24.69 4) UTSA Invitational San Antonio 4/19/14

3 Krystal Wynn (Sr.) **24.86 w**
 25.72 w 32) Texas Invitational Austin 4/12/14
 25.76 15) UTSA Invitational San Antonio 4/19/14
 24.86 w 3) Roadrunners Invitational San Antonio 5/2/14
 25.29 24p) Conference USA Championships Houston 5/17/14

4 Chelsea Taylor (Fr.) **25.62**
 pr 25.62 4) Roadrunners Invitational San Antonio 5/2/14

5 Keyunt'a Washington (Fr.) **25.47**
 pr 25.66 12) UTSA Texas Challenge Invite San Antonio 3/22/14
 pr 25.47 8) UTSA Invitational San Antonio 4/19/14
 25.91 34p) Conference USA Championships Houston 5/17/14

6 Kelly Goudeau (Fr.) **26.79 w**
 pr 26.79 w 16) Islanders Open Corpus Christi 3/15/14

6 Angel Sifuentes (Jr.) **26.79 w**
 pr 26.79 w m) UTSA Texas Challenge Invite San Antonio 3/21/14
 27.77 w 35) Texas Invitational Austin 4/12/14
 27.42 9) Roadrunners Invitational San Antonio 5/2/14

8 Kayla Hunt (Jr.) **27.10**
 pr 27.10 15) Trinity Tigers Relays San Antonio 3/28/14

400 meters • 54.10, Andrea Johnson (2002)

1 Shantel Swift (So.) **55.03**
 pr 55.50 2) UTSA Texas Challenge Invite San Antonio 3/22/14
 pr 55.03 5) Texas Invitational Austin 4/12/14
 55.31 9p) Conference USA Championships Houston 5/17/14

2 Evelyn Clark (So.) **55.35**
 57.79 13) Texas Invitational Austin 4/12/14
 56.83 5) UTSA Invitational San Antonio 4/19/14
 pr 55.35 9) J. Fred Duckett Twilight Houston 4/26/14
 55.48 1) Roadrunners Invitational San Antonio 5/2/14
 56.19 16p) Conference USA Championships Houston 5/17/14

3 Kelly Goudeau (Fr.) **55.86**
 pr 56.43 3) UTSA Texas Challenge Invite San Antonio 3/22/14
 56.44 1) Trinity Tigers Relays San Antonio 3/28/14
 57.70 12) Texas Invitational Austin 4/12/14
 pr 56.30 3) UTSA Invitational San Antonio 4/19/14
 pr 55.86 12) J. Fred Duckett Twilight Houston 4/26/14
 56.67 3) Roadrunners Invitational San Antonio 5/2/14
 56.11 15p) Conference USA Championships Houston 5/17/14

4 Kaila James (Jr.) **56.46**
 pr 56.46 4) UTSA Invitational San Antonio 4/19/14

4 Chelsea Taylor (Fr.) **56.46**
 pr 59.08 4) Islanders Open Corpus Christi 3/15/14
 pr 57.37 5) UTSA Texas Challenge Invite San Antonio 3/22/14
 1:00.21 22) Texas Invitational Austin 4/12/14
 58.00 10) UTSA Invitational San Antonio 4/19/14
 pr 56.46 16) J. Fred Duckett Twilight Houston 4/26/14
 57.68 25p) Conference USA Championships Houston 5/17/14

6 Venessa Onwuchekwa (Jr.) **56.96**
 pr 56.96 4) Roadrunners Invitational San Antonio 5/2/14

7 Grace Williamson (Sr.) **58.18**
 pr 58.18 3) Trinity Tigers Relays San Antonio 3/28/14



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800 meters • 2:05.00, Katie Poindexter (2002)

1	Stephanie Wangui (Jr.)	2:10.98
	2:14.36 4) UTSA Texas Challenge Invite San Antonio	3/22/14
	2:17.36 1) Trinity Tigers Relays San Antonio	3/28/14
pr	2:11:76 2) UTSA Invitational San Antonio	4/19/14
	2:12.55 4) J. Fred Duckett Twilight Houston	4/26/14
	2:12.49 1) Roadrunners Invitational San Antonio	5/2/14
pr	2:11.30 3p) Conference USA Championships Houston	5/17/14
pr	2:10.98 5) Conference USA Championships Houston	5/18/14

2	Grace Williamson (Sr.)	2:12.13
	2:15.00 5) UTSA Texas Challenge Invite San Antonio	3/22/14
	2:19:14 8) UTSA Invitational San Antonio	4/19/14
	2:12.13 2) J. Fred Duckett Twilight Houston	4/26/14
	2:12.62 2) Roadrunners Invitational San Antonio	5/2/14
	2:12.16 7p) Conference USA Championships Houston	5/17/14
	2:16.74 7) Conference USA Championships Houston	5/18/14

3	Nina Herrera (Sr.)	2:13.42
	2:13:42 3) UTSA Invitational San Antonio	4/19/14
	2:14.64 13p) Conference USA Championships Houston	5/17/14

4	Sarah Wedgeworth (Sr.)	2:15.45
	2:20.90 14) UTSA Texas Challenge Invite San Antonio	3/22/14
	2:18.97 2) Trinity Tigers Relays San Antonio	3/28/14
	2:19:55 10) UTSA Invitational San Antonio	4/19/14
pr	2:15.45 11) J. Fred Duckett Twilight Houston	4/26/14
pr	2:12.81 10p) Conference USA Championships Houston	5/17/14

5	Kristina Cantu (So.)	2:20.61
	2:20.61 5) Islanders Open Corpus Christi	3/15/14
	2:22.12 16) UTSA Texas Challenge Invite San Antonio	3/22/14
	2:22.38 4) Trinity Tigers Relays San Antonio	3/28/14
	2:23:42 16) UTSA Invitational San Antonio	4/19/14
	2:24.14 24) J. Fred Duckett Twilight Houston	4/26/14

6	Angel Sifuentes (Jr.)	2:30.61
pr	2:30.61 m) UTSA Texas Challenge Invite San Antonio	3/22/14

1,500 meters • 4:24.33, Dana Mecke (2012)

1	Nina Herrera (Sr.)	4:25.15
	4:29.22 1) UTSA Texas Challenge Invite San Antonio	3/22/14
pr	4:25.15 11) Florida Relays Gainesville, Fla.	4/4/14
	4:30.07 6) J. Fred Duckett Twilight Houston	4/26/14
	4:41.49 5p) Conference USA Championships Houston	5/17/14
	4:31.93 3) Conference USA Championships Houston	5/18/14
	4:27.85 38p) NCAA Championships Fayetteville, Ark.	5/29/14

2	Emily Perez (So.)	4:26.71
pr	4:34.20 4) UTSA Texas Challenge Invite San Antonio	3/22/14
prB	4:33.87 3) Texas Relays Austin	3/27/14
pr	4:28.02 18) Florida Relays Gainesville, Fla.	4/4/14
	4:41.52 6p) Conference USA Championships Houston	5/17/14
pr	4:26.71 2) Conference USA Championships Houston	5/18/14

3	Isabel Balbontin (Sr.)	4:38.35
pr	4:38.35 8) UTSA Texas Challenge Invite San Antonio	3/22/14

4	Sarah Wedgeworth (Sr.)	4:39.33
pr	4:39.33 10) UTSA Texas Challenge Invite San Antonio	3/22/14

5	Alyssa Diaz (Sr.)	4:43.76
	4:43.76 12) UTSA Texas Challenge Invite San Antonio	3/22/14

6	Grace Kohler (So.)	4:49.35
pr	4:51.93 19) UTSA Texas Challenge Invite San Antonio	3/22/14
	5:04.24 14) Texas Invitational Austin	4/12/14
pr	4:49.35 26) J. Fred Duckett Twilight Houston	4/26/14
	4:58.31 4) Roadrunners Invitational San Antonio	5/2/14
	5:05.78 26p) Conference USA Championships Houston	5/17/14

7	Kerstin Sheehan (So.)	4:52.80
pr	4:52.80 20) UTSA Texas Challenge Invite San Antonio	3/22/14
	5:10.43 16) Texas Invitational Austin	4/12/14

8	Jacquelyn Crenwelge (Fr.)	4:54.54
pr	4:54.54 24) UTSA Texas Challenge Invite San Antonio	3/22/14
	5:03.93 13) Texas Invitational Austin	4/12/14
	4:57.71 30) J. Fred Duckett Twilight Houston	4/26/14

3,000 meters

1	Samantha Fish (Sr.)	10:20.62
pr	10:20.62 2) UTSA Invitational San Antonio	4/19/14

2	Grace Kohler (So.)	10:37.34
pr	10:37.34 2) Islanders Open Corpus Christi	3/15/14
	10:46.45 4) UTSA Invitational San Antonio	4/19/14

3	Kerstin Sheehan (So.)	10:46.35
pr	10:46.35 5) Islanders Open Corpus Christi	3/15/14
	10:59.41 5) UTSA Invitational San Antonio	4/19/14

4	Jacquelyn Crenwelge (Fr.)	10:54.13
pr	10:54.13 9) Islanders Open Corpus Christi	3/15/14
	11:18.23 7) UTSA Invitational San Antonio	4/19/14

5,000 meters • 15:57.1, Jody Dunston (1989)

1	Alyssa Diaz (Sr.)	17:04.06
	17:04.06 10) Florida Relays Gainesville, Fla.	4/4/14
	17:31.95 4) J. Fred Duckett Twilight Houston	4/26/14
	17:25.78 8) Conference USA Championships Houston	5/18/14

2	Emily Perez (So.)	17:16.88
pr	17:16.88 2) J. Fred Duckett Twilight Houston	4/26/14
	DNF -) Conference USA Championships Houston	5/18/14

3	Samantha Fish (Sr.)	17:36.55
	17:36.55 33) Florida Relays Gainesville, Fla.	4/4/14
	18:04.63 21) Conference USA Championships Houston	5/18/14

4	Nina Herrera (Sr.)	17:40.83
pr	17:40.83 14) Conference USA Championships Houston	5/18/14

5	Isabel Balbontin (Sr.)	17:49.55
	17:49.55 5) J. Fred Duckett Twilight Houston	4/26/14
	18:37.66 28) Conference USA Championships Houston	5/18/14

6	Grace Kohler (So.)	18:54.54
	18:54.54 2) Trinity Tigers Relays San Antonio	3/28/14
	19:03.85 37) Conference USA Championships Houston	5/18/14

7	Kerstin Sheehan (So.)	19:03.77
	19:03.77 26) J. Fred Duckett Twilight Houston	4/26/14



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10,000 meters • 32:47.9, Jody Dunston (1989)

1 Alyssa Diaz (Sr.)	36:07.40
36:07.40 1) Victor Lopez Bayou Classic	Houston 3/28/14
36:56.89 9) Conference USA Championships	Houston 5/16/14

2 Isabel Balbontin (Sr.)	36:16.03
pr 36:16.03 2) Victor Lopez Bayou Classic	Houston 3/28/14
37:41.30 11) Conference USA Championships	Houston 5/16/14

3 Kerstin Sheehan (So.)	39:54.27
pr 39:54.27 5) Victor Lopez Bayou Classic	Houston 3/28/14

100-meter hurdles • 13.23, Ryanne Dupree (2007)

1 Venessa Onwuchekwa (Jr.)	14.37 w
14.89 2) Trinity Tigers Relays	San Antonio 3/28/14
pr 14.37 w 11) Texas Invitational	Austin 4/12/14
14.46 w 7) UTSA Invitational	San Antonio 4/19/14

2 Adrienne Mosby (Jr.)	14.62
14.62 2) Islanders Open	Corpus Christi 3/15/14
14.77 w 9) UTSA Invitational	San Antonio 4/19/14
15.21 5) J. Fred Duckett Twilight	Houston 4/26/14
14.77 4) Roadrunners Invitational	San Antonio 5/2/14
14.69 26p) Conference USA Championships	Houston 5/17/14

3 Angel Sifuentes (Jr.)	15.57 w!
pr 15.66 w! m) UTSA Texas Challenge Invite	San Antonio 3/21/14
pr 15.57 w! 21) Texas Invitational	Austin 4/12/14
16.42 w 12) UTSA Invitational	San Antonio 4/19/14
15.71 m) Conference USA Championships	Houston 5/15/14

400-meter hurdles • 59.76, Valicia Henderson (1992)

1 Kaila James (Jr.)	1:00.75
1:06.10 5) Islanders Open	Corpus Christi 3/15/14
pr 1:02.35 5) UTSA Texas Challenge Invite	San Antonio 3/22/14
1:03.90 2) Trinity Tigers Relays	San Antonio 3/28/14
1:03.09 7) Texas Invitational	Austin 4/12/14
pr 1:01.69 4) J. Fred Duckett Twilight	Houston 4/26/14
1:02.42 2) Roadrunners Invitational	San Antonio 5/2/14
pr 1:00.75 6p) Conference USA Championships	Houston 5/17/14
1:01.12 5) Conference USA Championships	Houston 5/18/14

2 Venessa Onwuchekwa (Jr.)	1:01.16
pr 1:03.02 2) Islanders Open	Corpus Christi 3/15/14
pr 1:02.83 7) UTSA Texas Challenge Invite	San Antonio 3/22/14
1:02.87 1) Trinity Tigers Relays	San Antonio 3/28/14
1:03.81 8) Texas Invitational	Austin 4/12/14
pr 1:01.16 3) J. Fred Duckett Twilight	Houston 4/26/14
1:02.08 13p) Conference USA Championships	Houston 5/17/14

3 Brook Wilson (Fr.)	1:02.33
pr 1:04.65 3) Islanders Open	Corpus Christi 3/15/14
pr 1:02.62 6) UTSA Texas Challenge Invite	San Antonio 3/22/14
1:07.96 5) Trinity Tigers Relays	San Antonio 3/28/14
1:05.04 10) Texas Invitational	Austin 4/12/14
1:03.29 4) UTSA Invitational	San Antonio 4/19/14
1:03.09 5) J. Fred Duckett Twilight	Houston 4/26/14
pr 1:02.33 1) Roadrunners Invitational	San Antonio 5/2/14
1:03.39 15p) Conference USA Championships	Houston 5/17/14

4 Kyndall Snider (Fr.)	1:05.83
pr 1:07.87 12) UTSA Texas Challenge Invite	San Antonio 3/22/14
1:08.27 6) Trinity Tigers Relays	San Antonio 3/28/14
1:09.31 15) Texas Invitational	Austin 4/12/14
1:08.47 10) UTSA Invitational	San Antonio 4/19/14
pr 1:06.88 12) J. Fred Duckett Twilight	Houston 4/26/14
1:07.09 4) Roadrunners Invitational	San Antonio 5/2/14
pr 1:05.83 20p) Conference USA Championships	Houston 5/17/14

3,000-meter steeplechase • 10:47.54, Leticia Cerna (2004)

1 Samantha Fish (Sr.)	10:51.02
11:12.20 1) UTSA Texas Challenge Invite	San Antonio 3/22/14
pr 10:51.02 2) J. Fred Duckett Twilight	Houston 4/26/14
11:01.12 5) Conference USA Championships	Houston 5/17/14

400-meter relay

44.81; Ehiemua, Okonkwo, Wynn, Hunter (2012)

1 Alexis Daniels, Keyunt'a Washington, Ernestine Cray, Krystal Wynn	46.50
47.66 3) Islanders Open	Corpus Christi 3/15/14
<i>(Ernestine Cray, Keyunt'a Washington, Greneshia Wright, Alexis Daniels)</i>	
B 51.06 5) Islanders Open	Corpus Christi 3/15/14
<i>(Venessa Onwuchekwa, Shantel Swift, Evelyn Clark, Kelly Goudeau)</i>	
47.19 7) J. Fred Duckett Twilight	Houston 4/26/14
<i>(Ernestine Cray, Alexis Daniels, Kelly Goudeau, Krystal Wynn)</i>	
46.50 12) Conference USA Championships	Houston 5/18/14
<i>(Alexis Daniels, Keyunta Washington, Ernestine Cray, Krystal Wynn)</i>	

1,600-meter relay

3:34.05; King, Booker, Addison, Matthews (1992)

1 Evelyn Clark, Kelly Goudeau, Shantel Swift, Venessa Onwuchekwa	3:42.25
3:44.41 2) UTSA Texas Challenge Invite	San Antonio 3/22/14
<i>(Ernestine Cray, Keyunt'a Washington, Greneshia Wright, Alexis Daniels)</i>	
3:47.61 3) UTSA Invitational	San Antonio 4/19/14
<i>(Kaila James, Evelyn Clark, Venessa Onwuchekwa, Shantel Swift)</i>	
B 4:01.70 6) UTSA Invitational	San Antonio 4/19/14
<i>(Chelsea Taylor, Krystal Wynn, Grace Williamson, Kyndall Snider)</i>	
3:45.15 2) J. Fred Duckett Twilight	Houston 4/26/14
<i>(Kelly Goudeau, Venessa Onwuchekwa, Kaila James, Evelyn Clark)</i>	
3:42.25 4) Conference USA Championships	Houston 5/18/14
<i>(Evelyn Clark, Kelly Goudeau, Shantel Swift, Venessa Onwuchekwa)</i>	



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High jump • 5-11 ¼/1.81, Lynse Leal (1996)

1 Whitney Flannel (Jr.)		5-10 ½/1.79	
pr 5-10/1.78	1) Islanders Open	Corpus Christi	3/15/14
5-7 ¾/1.72	2) UTSA Texas Challenge Invite	San Antonio	3/22/14
B 5-7/1.70	t10) Texas Relays	Austin	3/28/14
5-7 ¾/1.72	13) Florida Relays	Gainesville, Fla.	4/4/14
5-8/1.73	2) Texas Invitational	Austin	4/12/14
5-8/1.73	1) UTSA Invitational	San Antonio	4/19/14
5-8 ¾/1.75	2) J. Fred Duckett Twilight	Houston	4/26/14
pr 5-10 ½/1.79	1) Roadrunners Invitational	San Antonio	5/2/14
5-9 ¼/1.76	3) Conference USA Championships	Houston	5/17/14
5-7 ¾/1.72	24p) NCAA Championships	Fayetteville, Ark.	5/31/14

2 Angel Sifuentes (Jr.)		4-10 ¼/1.48	
pr 4-9 ½/1.46	m) UTSA Texas Challenge Invite	San Antonio	3/21/14
pr 4-10 ¼/1.48	t5) Trinity Tigers Relays	San Antonio	3/28/14
pr 4-10 ¼/1.48	6) Roadrunners Invitational	San Antonio	5/2/14
4-8 ¼/1.43	m) Conference USA Championships	Houston	5/15/14

Pole vault • 13-6 ¼/4.12, Lindsey Pew (2014)

1 Lindsey Pew (Jr.)		13-6 ¼/4.12	
pr 10-11 ¾/3.35	2) Islanders Open	Corpus Christi	3/15/14
pr 11-11 ¾/3.65	t6) UTSA Texas Challenge Invite	San Antonio	3/22/14
pr 12-9 ½/3.90	t1) Trinity Tigers Relays	San Antonio	3/28/14
pr 12-9 ½/3.90	9) Florida Relays	Gainesville, Fla.	4/4/14
pr 13-6 ¼/4.12	3) Texas Invitational	Austin	4/12/14
12-7 ½/3.85	1) UTSA Invitational	San Antonio	4/19/14
NH -)	J. Fred Duckett Twilight	Houston	4/26/14
11-6 ¾/3.51	3) Roadrunners Invitational	San Antonio	5/2/14
12-6 ¾/3.83	4) Conference USA Championships	Houston	5/18/14
NH -p)	NCAA Championships	Fayetteville, Ark.	5/29/14

2 April Benavidez (Sr.)		11-11 ¾/3.65	
11-11 ¾/3.65	1) Islanders Open	Corpus Christi	3/15/14
11-11 ¾/3.65	t6) UTSA Texas Challenge Invite	San Antonio	3/22/14
11-9 ¾/3.60	3) Trinity Tigers Relays	San Antonio	3/28/14
11-0 ¾/3.37	14) Texas Invitational	Austin	4/12/14
11-7 ¾/3.55	4) UTSA Invitational	San Antonio	4/19/14
NH -)	J. Fred Duckett Twilight	Houston	4/26/14
11-7/3.53	8) Conference USA Championships	Houston	5/18/14

Long jump • 21-10 ¼/6.66, Tameka Roberts (1994)

1 Ernestine Cray (Sr.)		19-11/6.07	
19-2/5.84	1) UTSA Texas Challenge Invite	San Antonio	3/22/14
19-0 ¾/5.81	11) Florida Relays	Gainesville, Fla.	4/4/14
FOUL -)	J. Fred Duckett Twilight	Houston	4/26/14
pr 19-11/6.07	4) Conference USA Championships	Houston	5/17/14
18-10 ½/5.75	32p) NCAA Championships	Fayetteville, Ark.	5/29/14

2 Greneshia Wright (Sr.)		19-1 ½/5.83 w	
18-4 ½/5.60	3) UTSA Texas Challenge Invite	San Antonio	3/22/14
19-1 ½/5.83 w	4) Texas Invitational	Austin	4/12/14
ND -)	UTSA Invitational	San Antonio	4/19/14
FOUL -)	Roadrunners Invitational	San Antonio	5/2/14
18-3 ¾/5.57	t20) Conference USA Championships	Houston	5/17/14

3 Laura Oseghae (Sr.)		18-10 ½/5.75	
18-10 ½/5.75	1) Islanders Open	Corpus Christi	3/15/14
17-8/5.38	8) UTSA Texas Challenge Invite	San Antonio	3/22/14
18-7/5.66 w	6) Texas Invitational	Austin	4/12/14
18-5 ¾/5.63 w	4) UTSA Invitational	San Antonio	4/19/14
18-0 ½/5.50	3) Roadrunners Invitational	San Antonio	5/2/14
18-2 ½/5.55	22) Conference USA Championships	Houston	5/17/14

4 Kayla Hunt (Jr.)		17-11 ½/5.47 w	
17-9/5.41	7) UTSA Texas Challenge Invite	San Antonio	3/22/14
17-11 ½/5.47 w	t10) Texas Invitational	Austin	4/12/14
17-7 ½/5.37	15) J. Fred Duckett Twilight	Houston	4/26/14
17-11/5.46 w	25) Conference USA Championships	Houston	5/17/14

5 Kelly Goudeau (Fr.)		17-4 ¼/5.29 w	
pr 17-4 ¼/5.29 w	7) Trinity Tigers Relays	San Antonio	3/22/14
16-10 ¾/5.15	19) Texas Invitational	Austin	4/12/14

6 Desiree Stevenson (Fr.)		17-0 ¾/5.20 w	
pr 17-0 ¾/5.20 w	18) Texas Invitational	Austin	4/12/14

7 Angel Sifuentes (Jr.)		16-5 ¼/5.01	
pr 16-5/5.00	m) UTSA Texas Challenge Invite	San Antonio	3/22/14
pr 16-5 ¼/5.01	t25) J. Fred Duckett Twilight	Houston	4/26/14

Triple jump • 42-7/12.98, Kristin Grant (1984)

1 Ernestine Cray (Sr.)		41-11 ¼/12.78	
40-3 ½/12.28	3) UTSA Texas Challenge Invite	San Antonio	3/22/14
40-4 ¾/12.31	11) Texas Relays	Austin	3/28/14
38-11/11.86	27) Florida Relays	Gainesville, Fla.	4/5/14
40-7 ¾/12.39	2) UTSA Invitational	San Antonio	4/19/14
40-6 ¾/12.35	1) Roadrunners Invitational	San Antonio	5/2/14
41-11 ¼/12.78	4) Conference USA Championships	Houston	5/18/14
39-6/12.04	31p) NCAA Championships	Fayetteville, Ark.	5/30/14

2 Laura Oseghae (Sr.)		39-10/12.14	
pr 39-10/12.14	1) Islanders Open	Corpus Christi	3/15/14
37-10 ½/11.54 w	5) Texas Invitational	Austin	4/12/14
36-10 ¼/11.23	9) J. Fred Duckett Twilight	Houston	4/26/14
37-11 ¼/11.56	15) Conference USA Championships	Houston	5/18/14

3 Kayla Hunt (Jr.)		39-6 ¾/12.06	
pr 39-6 ¾/12.06	2) Islanders Open	Corpus Christi	3/15/14
37-10 ¾/11.55	8) UTSA Texas Challenge Invite	San Antonio	3/22/14
39-0 ½/11.90 w	2) Texas Invitational	Austin	4/12/14
37-11 ½/11.57 w	5) UTSA Invitational	San Antonio	4/19/14
37-8/11.48	20) Conference USA Championships	Houston	5/18/14

4 Alexis Daniels (So.)		39-2 ½/11.95	
37-10/11.53	4) Islanders Open	Corpus Christi	3/15/14
pr 38-8 ¾/11.80	5) UTSA Texas Challenge Invite	San Antonio	3/22/14
FOUL -)	J. Fred Duckett Twilight	Houston	4/26/14
FOUL -)	Roadrunners Invitational	San Antonio	5/2/14
pr 39-2 ½/11.95	12) Conference USA Championships	Houston	5/18/14

5 Desiree Stevenson (Fr.)		38-8 ¾/11.80	
pr 38-6 ¾/11.75	3) Islanders Open	Corpus Christi	3/15/14
36-9 ½/11.21	9) UTSA Texas Challenge Invite	San Antonio	3/22/14
36-5 ¾/11.12 w	7) Texas Invitational	Austin	4/12/14
pr 38-8 ¾/11.80	4) J. Fred Duckett Twilight	Houston	4/26/14
38-3 ¾/11.66	2) Roadrunners Invitational	San Antonio	5/2/14
37-10 ½/11.54	17) Conference USA Championships	Houston	5/18/14



2014 UTSA Women's Outdoor Track & Field Bests/Progressions



Shot put • 50-6/15.39, Zaquita McClanahan (2013)

1	Madeline Hurdt (Sr.)	46-1 ¼/14.05
	43-2 ½/13.17	2) Islanders Open Corpus Christi 3/15/14
	45-8/13.92	3) UTSA Texas Challenge Invite San Antonio 3/22/14
	46-1 ¼/14.05	1) Trinity Tigers Relays San Antonio 3/28/14
	45-4 ½/13.83	10) Florida Relays Gainesville, Fla. 4/5/14
	40-2 ¼/12.25	10) Texas Invitational Austin 4/12/14
	43-8 ½/13.32	4) UTSA Invitational San Antonio 4/19/14
	44-9/13.64	11) Conference USA Championships Houston 5/18/14

2	Angel Sifuentes (Jr.)	36-1 ¼/11.00
pr	36-1 ¼/11.00	m) UTSA Texas Challenge Invite San Antonio 3/21/14
	34-11/10.64	24) J. Fred Duckett Twilight Houston 4/26/14

Discus • 155-10/47.51, Edie Christian (2003)

1	Katelynn Homb (Fr.)	144-1/43.93
pr	134-1/40.88	1) Islanders Open Corpus Christi 3/15/14
pr	138-10/42.32	7) UTSA Texas Challenge Invite San Antonio 3/22/14
	ND	-) Trinity Tigers Relays San Antonio 3/28/14
pr	140-1/42.69	19) Florida Relays Gainesville, Fla. 4/4/14
	137-4/41.87	3) UTSA Invitational San Antonio 4/19/14
	137-10/42.02	9) J. Fred Duckett Twilight Houston 4/26/14
	136-9/41.69	4) Roadrunners Invitational San Antonio 5/2/14
pr	144-1/43.93	10) Conference USA Championships Houston 5/17/14

2	Madeline Hurdt (Sr.)	131-5/40.06
	124-7/37.98	3) Trinity Tigers Relays San Antonio 3/28/14
	131-5/40.06	4) UTSA Invitational San Antonio 4/19/14

Hammer • 189-10/57.86, Katie Bragg (2012)

1	Madeline Hurdt (Sr.)	153-9/46.87
	153-9/46.87	3) Islanders Open Corpus Christi 3/15/14
	149-0/45.43	2) UTSA Texas Challenge Invite San Antonio 3/21/14
	141-7/43.15	8) Texas Invitational Austin 4/12/14
	148-2/45.17	5) UTSA Invitational San Antonio 4/19/14
	148-8/45.31	16) Conference USA Championships Houston 5/16/14

2	Katelynn Homb (Fr.)	139-1/42.41
pr	139-1/42.41	5) Islanders Open Corpus Christi 3/15/14
	133-1/40.58	3) UTSA Texas Challenge Invite San Antonio 3/21/14
	126-6/38.56	10) UTSA Invitational San Antonio 4/19/14
	136-6/41.61	16) J. Fred Duckett Twilight Houston 4/26/14
	123-10/37.74	4) Roadrunners Invitational San Antonio 5/2/14
	132-10/40.50	21) Conference USA Championships Houston 5/16/14

Javelin • 143-1/43.62, Angel Sifuentes (2014)

1	Angel Sifuentes (Jr.)	143-1/43.62
pr	138-4/42.17	1) Islanders Open Corpus Christi 3/15/14
	135-0/41.15	m) UTSA Texas Challenge Invite San Antonio 3/22/14
pr	143-1/43.62	1) Trinity Tigers Relays San Antonio 3/28/14
	130-9/39.86	19) Florida Relays Gainesville, Fla. 4/4/14
	138-9/42.30	3) Texas Invitational Austin 4/12/14
	123-5/37.63	5) UTSA Invitational San Antonio 4/19/14
	125-6/38.26	9) J. Fred Duckett Twilight Houston 4/26/14

Heptathlon • 5,818, Ryanne Dupree (2007)

1	Angel Sifuentes (Jr.)	4,590
pr	4,590	2) UTSA Texas Challenge Invite San Antonio 3/21-22/14
	DNF	-) Conference USA Championships Houston 5/15-16/14