



# 2013-14 UTSA Women's Indoor Track & Field Bests/Progressions



## 60m • 7.45, Rosalind Holmes, Southland Championships (2/19/05)

<b>1 Krystal Wynn (Sr.)</b>	<b>7.63</b>
7.90 17p) Houston Opener	Houston 1/11/14
7.84 17p) Texas A&M 10-Team Invitational	College Station 1/18/14
7.85 t22p) Armory Collegiate Invitational	New York, N.Y. 2/7/14
7.68 8p) Houston Tune-Up	Houston 2/14/14
7.73 7) Houston Tune-Up	Houston 2/14/14
7.63 12p) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>2 Ernestine Cray (Sr.)</b>	<b>7.85</b>
pr 7.89 17) Texas A&M Reveille Invitational	College Station 12/7/13
pr 7.85 15p) Houston Opener	Houston 1/11/14
7.91 15s) Houston Opener	Houston 1/11/14
7.90 t50p) Howie Ryan Invitational	Houston 1/31/14

<b>3 Keyunt'a Washington (Fr.)</b>	<b>7.88</b>
pr 7.88 16p) Houston Opener	Houston 1/11/14
pr 7.88 13s) Houston Opener	Houston 1/11/14
7.99 28p) Texas A&M 10-Team Invitational	College Station 1/18/14
7.91 54p) Howie Ryan Invitational	Houston 1/31/14
7.89 28p) Armory Collegiate Invitational	New York, N.Y. 2/7/14
7.89 25p) Houston Tune-Up	Houston 2/14/14
7.93 37p) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>4 Greneshia Wright (Sr.)</b>	<b>7.90</b>
7.90 18) Texas A&M Reveille Invitational	College Station 12/7/13
8.02 29p) Texas A&M 10-Team Invitational	College Station 1/18/14
7.95 57p) Howie Ryan Invitational	Houston 1/31/14
8.10 51p) Armory Collegiate Invitational	New York, N.Y. 2/7/14

<b>5 Alexis Daniels (So.)</b>	<b>7.97</b>
8.04 25p) Houston Opener	Houston 1/11/14
7.97 60p) Howie Ryan Invitational	Houston 1/31/14

## 200m • 23.26, Tameka Roberts, NCAA Championships (1998)

<b>1 Shantel Swift (So.)</b>	<b>25.12 ь</b>
pr 25.12 ь 10) Texas A&M Reveille Invitational	College Station 12/7/13
25.78 3) Houston Opener	Houston 1/11/14

<b>2 Krystal Wynn (Sr.)</b>	<b>25.50 ь</b>
25.78 12) Howie Ryan Invitational	Houston 1/31/14
C 25.86 ь 59p) Armory Collegiate Invitational	New York, N.Y. 2/8/14
25.50 ь 36p) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>3 Evelyn Clark (So.)</b>	<b>25.94 ь</b>
pr 25.94 ь 14) Texas A&M Reveille Invitational	College Station 12/7/13
B 26.17 2) Houston Opener	Houston 1/11/14

<b>4 Keyunt'a Washington (Fr.)</b>	<b>25.99 ь</b>
DNF -) Texas A&M 10-Team Invitational	College Station 1/18/14
prC 25.99 ь 64p) Armory Collegiate Invitational	New York, N.Y. 2/8/14
26.75 ь 48p) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>5 Brook Wilson (Fr.)</b>	<b>26.11 ь</b>
pr 26.11 ь 16) Texas A&M Reveille Invitational	College Station 12/7/13
B 26.29 21) Howie Ryan Invitational	Houston 1/31/14

<b>6 Kelly Goudeau (Fr.)</b>	<b>26.26</b>
prB 26.26 20) Howie Ryan Invitational	Houston 1/31/14

<b>7 Kaila James (Jr.)</b>	<b>26.30 ь</b>
pr 26.30 ь 18) Texas A&M Reveille Invitational	College Station 12/7/13

<b>8 Alexis Daniels (So.)</b>	<b>26.47</b>
B 26.47 32) Howie Ryan Invitational	Houston 1/31/14

<b>8 Chelsea Taylor (Fr.)</b>	<b>26.47 ь</b>
pr 26.47 ь 19) Texas A&M Reveille Invitational	College Station 12/7/13

## 400m • 54.86, Portia Matthews (1993)

<b>1 Shantel Swift (So.)</b>	<b>56.40 ь</b>
pr 56.49 ь 8) Texas A&M 10-Team Invitational	College Station 1/18/14
C 56.75 ь 33p) Armory Collegiate Invitational	New York, N.Y. 2/7/14
pr 56.40 ь 7p) Conference USA Championships	Birmingham, Ala. 2/28/14
pr 56.40 ь 5) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>2 Evelyn Clark (So.)</b>	<b>57.00 ь</b>
pr 57.98 ь 15) Texas A&M 10-Team Invitational	College Station 1/18/14
pr 57.13 ь 20p) Armory Collegiate Invitational	New York, N.Y. 2/7/14
pr 57.00 ь 16p) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>3 Kelly Goudeau (Fr.)</b>	<b>57.20 ь</b>
pr 58.91 7) Houston Opener	Houston 1/11/14
pr 57.84 ь 14) Texas A&M 10-Team Invitational	College Station 1/18/14
pr 57.20 ь 22p) Armory Collegiate Invitational	New York, N.Y. 2/7/14
57.41 ь 20p) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>4 Kaila James (Jr.)</b>	<b>57.70 ь</b>
pr 59.71 t11) Houston Opener	Houston 1/11/14
pr 58.67 ь t50p) Armory Collegiate Invitational	New York, N.Y. 2/7/14
pr 57.70 ь 22p) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>5 Venessa Onwuchekwa (Jr.)</b>	<b>59.24</b>
pr 59.24 10) Howie Ryan Invitational	Houston 2/1/14

<b>6 Chelsea Taylor (Fr.)</b>	<b>1:00.71</b>
pr 1:01.96 27) Houston Opener	Houston 1/11/14
prB 1:00.93 17) Howie Ryan Invitational	Houston 1/31/14
prB 1:00.71 6) Houston Tune-Up	Houston 2/14/14

<b>7 Brook Wilson (Fr.)</b>	<b>1:01.15</b>
prB 1:02.27 13) Houston Opener	Houston 1/11/14
prB 1:01.15 22) Howie Ryan Invitational	Houston 1/31/14
B 1:02.03 10) Houston Tune-Up	Houston 2/14/14

<b>8 Kyndall Snider (Fr.)</b>	<b>1:01.82</b>
prB 1:04.00 37) Howie Ryan Invitational	Houston 1/31/14
prB 1:01.82 8) Houston Tune-Up	Houston 2/14/14



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## 800m • 2:06.05 b, Katie Poindexter, Tyson Invitational (2/15/03)

<b>1</b>	<b>Grace Williamson (Sr.)</b>	<b>2:12.66 b</b>
	2:17.30 3) Houston Opener	Houston 1/11/14
	2:17.90 b 11) Texas A&M 10-Team Invitational	College Station 1/18/14
	2:14.48 5) Howie Ryan Invitational	Houston 2/1/14
	2:13.41 b 6) Armory Collegiate Invitational	New York, N.Y. 2/8/14
	2:14.47 1) Houston Tune-Up	Houston 2/14/14
	2:12.66 b 3p) Conference USA Championships	Birmingham, Ala. 2/28/14
	2:14.59 b 6) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>2</b>	<b>Nina Herrera (Sr.)</b>	<b>2:13.34 b</b>
pr	2:17.27 2) Houston Opener	Houston 1/11/14
pr	2:13.77 4) Howie Ryan Invitational	Houston 2/1/14
pr	2:13.34 b 7p) Conference USA Championships	Birmingham, Ala. 2/28/14
	2:16.01 b 8) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>3</b>	<b>Stephanie Wangui (So.)</b>	<b>2:13.61 b</b>
	2:23.78 13) Houston Opener	Houston 1/11/14
	2:14.80 b 6) Texas A&M 10-Team Invitational	College Station 1/18/14
	2:14.86 6) Howie Ryan Invitational	Houston 2/1/14
	2:16.13 b 20) Armory Collegiate Invitational	New York, N.Y. 2/8/14
	2:16.50 3) Houston Tune-Up	Houston 2/14/14
	2:13.61 b 8p) Conference USA Championships	Birmingham, Ala. 2/28/14
	2:16.29 b 7) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>4</b>	<b>Sarah Wedgeworth (Sr.)</b>	<b>2:14.38 b</b>
pr	2:18.19 5) Houston Tune-Up	Houston 2/14/14
pr	2:14.38 b 11p) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>5</b>	<b>Emily Perez (So.)</b>	<b>2:17.16</b>
pr	2:17.16 7) Howie Ryan Invitational	Houston 2/1/14

<b>6</b>	<b>Kristina Cantu (So.)</b>	<b>2:23.20</b>
B	2:26.13 3) Houston Opener	Houston 1/11/14
pr	2:23.50 b 17) Texas A&M 10-Team Invitational	College Station 1/18/14
pr	2:23.20 21) Howie Ryan Invitational	Houston 2/1/14
	2:23.43 11) Houston Tune-Up	Houston 2/14/14

<b>7</b>	<b>Venessa Onwuchekwa (So.)</b>	<b>2:25.96</b>
pr	2:29.12 m) Howie Ryan Invitational	Houston 1/31/14
pr	2:25.96 b m) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>8</b>	<b>Angel Sifuentes (Jr.)</b>	<b>2:30.79</b>
pr	2:32.98 m) Howie Ryan Invitational	Houston 1/31/14
pr	2:30.79 b m) Conference USA Championships	Birmingham, Ala. 2/28/14

<b>9</b>	<b>Whitney Flannel (So.)</b>	<b>2:49.99</b>
pr	2:49.99 m) Howie Ryan Invitational	Houston 1/31/14

## 1,000m • 2:54.24 b, Nina Herrera, Armory Collegiate Invite (2/7/14)

<b>1</b>	<b>Nina Herrera (Sr.)</b>	<b>2:54.24 b</b>
pr	C 2:54.24 b 21) Armory Collegiate Invitational	New York, N.Y. 2/7/14

## Mile • 4:49.82 b, Dana Mecke, New Balance Invitational (2/6/10)

<b>1</b>	<b>Nina Herrera (Sr.)</b>	<b>4:53.74 b</b>
pr	4:53.74 b 5) Texas A&M 10-Team Invitational	College Station 1/18/14
	4:53.86 b 3) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>2</b>	<b>Emily Perez (So.)</b>	<b>4:55.03 b</b>
	4:58.40 b 3) Texas A&M Reveille Invitational	College Station 12/7/13
	DNF -) Texas A&M 10-Team Invitational	College Station 1/18/14
	5:06.80 b 18) Armory Collegiate Invitational	New York, N.Y. 2/8/14
pr	4:55.03 b 4) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>3</b>	<b>Isabel Balbontin (Sr.)</b>	<b>4:57.20</b>
	5:09.88 4) Houston Opener	Houston 1/11/14
pr	4:57.20 5) Howie Ryan Invitational	Houston 2/1/14

<b>4</b>	<b>Samantha Fish (Sr.)</b>	<b>5:07.84</b>
	5:16.74 10) Houston Opener	Houston 1/11/14
	5:07.84 12) Howie Ryan Invitational	Houston 2/1/14

<b>5</b>	<b>Alyssa Diaz (Sr.)</b>	<b>5:08.61</b>
	5:08.61 3) Houston Opener	Houston 1/11/14

<b>6</b>	<b>Sarah Wedgeworth (Sr.)</b>	<b>5:11.21</b>
pr	5:14.49 7) Houston Opener	Houston 1/11/14
pr	5:11.21 b 11) Texas A&M 10-Team Invitational	College Station 1/18/14
	5:12.49 b 28) Armory Collegiate Invitational	New York, N.Y. 2/8/14

<b>7</b>	<b>Stephanie Wangui (So.)</b>	<b>5:15.54</b>
pr	5:15.54 8) Houston Opener	Houston 1/11/14

## 3,000m • 9:05.98, Jody Dunston, NCAA Championships (3/10/89)

<b>1</b>	<b>Isabel Balbontin (Sr.)</b>	<b>9:43.22 b</b>
pr	9:55.11 b 11) Armory Collegiate Invitational	New York, N.Y. 2/8/14
pr	9:43.22 b 3) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>2</b>	<b>Alyssa Diaz (Sr.)</b>	<b>9:46.72 b</b>
pr	9:46.72 b 8) Armory Collegiate Invitational	New York, N.Y. 2/8/14
	9:58.88 b 12) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>3</b>	<b>Emily Perez (So.)</b>	<b>9:51.98 b</b>
pr	9:51.98 b 7) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>4</b>	<b>Samantha Fish (Sr.)</b>	<b>10:07.40 b</b>
pr	10:07.40 b 21) Armory Collegiate Invitational	New York, N.Y. 2/8/14
	10:10.72 b 15) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>5</b>	<b>Sarah Wedgeworth (Sr.)</b>	<b>10:13.64 b</b>
pr	10:13.64 b 19) Conference USA Championships	Birmingham, Ala. 3/1/14

<b>6</b>	<b>Grace Kohler (So.)</b>	<b>10:31.01</b>
	10:54.34 b 17) Texas A&M 10-Team Invitational	College Station 1/18/14
pr	10:46.53 14) Howie Ryan Invitational	Houston 2/1/14
pr	10:31.01 3) Houston Tune-Up	Houston 2/14/14

<b>7</b>	<b>Jacquelyn Crenwelge (Fr.)</b>	<b>11:11.18</b>
pr	11:11.94 22) Howie Ryan Invitational	Houston 2/1/14
pr	11:11.18 10) Houston Tune-Up	Houston 2/14/14



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## 5,000m • 16:55.14, Isabel Balbontin, Conference USA Championships (2/28/14)

<b>1 Isabel Balbontin (Sr.)</b>	<b>16:55.14</b> b
pr 17:17.73 b	2) Texas A&M 10-Team Invitational College Station 1/17/14
pr 16:55.14 b	4) Conference USA Championships Birmingham, Ala. 2/28/14
<b>2 Alyssa Diaz (Sr.)</b>	<b>17:07.32</b> b
pr 17:07.32 b	1) Texas A&M 10-Team Invitational College Station 1/17/14
17:15.54 b	9) Conference USA Championships Birmingham, Ala. 2/28/14
<b>3 Samantha Fish (Sr.)</b>	<b>17:22.31</b> b
pr 17:42.58 b	5) Texas A&M 10-Team Invitational College Station 1/17/14
pr 17:22.31 b	10) Conference USA Championships Birmingham, Ala. 2/28/14
<b>4 Grace Kohler (So.)</b>	<b>18:57.98</b> b
pr 18:57.98 b	1) Texas A&M Reveille Invitational College Station 12/7/13
19:13.01	2) Houston Opener Houston 1/11/14
<b>5 Jacquelyn Crenwelge (Fr.)</b>	<b>20:49.33</b>
pr 20:49.33	7) Houston Opener Houston 1/11/14

## 60m hurdles • 8.44 a, RYANNE DUPREE, New Mexico Invitational (1/27/06)

<b>1 Adrienne Mosby (Jr.)</b>	<b>8.89</b>
9.35	12) Texas A&M Reveille Invitational College Station 12/7/13
9.37 t24p)	Houston Opener Houston 1/11/14
9.42 17p)	Texas A&M 10-Team Invitational College Station 1/18/14
9.28 26p)	Howie Ryan Invitational Houston 1/31/14
8.89 10p)	Houston Tune-Up Houston 2/14/14
9.70 23p)	Conference USA Championships Birmingham, Ala. 2/28/14
<b>2 Venessa Onwuchekwa (Jr.)</b>	<b>9.01</b>
9.23	10) Texas A&M Reveille Invitational College Station 12/7/13
pr 9.19 21p)	Houston Opener Houston 1/11/14
9.28 16p)	Texas A&M 10-Team Invitational College Station 1/18/14
pr 9.07 m)	Howie Ryan Invitational Houston 1/31/14
9.14 19p)	Armory Collegiate Invitational New York, N.Y. 2/7/14
pr 9.01 m)	Conference USA Championships Birmingham, Ala. 2/28/14
<b>3 Angel Sifuentes (Jr.)</b>	<b>9.53</b>
pr 10.08 13)	Texas A&M Reveille Invitational College Station 12/7/13
11.81 36p)	Houston Opener Houston 1/11/14
pr 9.60 m)	Howie Ryan Invitational Houston 1/31/14
9.86 23p)	Houston Tune-Up Houston 2/14/14
pr 9.53 m)	Conference USA Championships Birmingham, Ala. 2/28/14
<b>4 Whitney Flannel (Jr.)</b>	<b>9.56</b>
9.74 31p)	Houston Opener Houston 1/11/14
9.74 21p)	Texas A&M 10-Team Invitational College Station 1/18/14
pr 9.56 m)	Howie Ryan Invitational Houston 1/31/14
9.63 54p)	Armory Collegiate Invitational New York, N.Y. 2/7/14
10.49 m)	Conference USA Championships Birmingham, Ala. 2/28/14
<b>— Brook Wilson (Fr.)</b>	<b>DNF</b>
DNF -p)	Houston Tune-Up Houston 2/14/14

## 1,600m relay • 3:43.70 o; Smith/Dupree/Sidney/Holmes; Wes Kitley 6-Way (1/22/05)

<b>1 Shantel Swift, Kelly Goudeau, Evelyn Clark, Kaila James</b>	<b>3:48.01</b> b
3:53.07 b	6) Texas A&M Reveille Invitational College Station 12/7/13 <i>(Shantel Swift, Evelyn Clark, Kaila James, Venessa Onwuchekwa)</i>
B 4:04.29 b	9) Texas A&M Reveille Invitational College Station 12/7/13 <i>(Chelsea Taylor, Brook Wilson, Desiree Stevenson, Kyndall Snider)</i>
3:55.97	4) Houston Opener Houston 1/11/14 <i>(Shantel Swift, Grace Williamson, Evelyn Clark, Kelly Goudeau)</i>
B 4:03.96	7) Houston Opener Houston 1/11/14 <i>(Venessa Onwuchekwa, Kaila James, Brook Wilson, Kyndall Snider)</i>
3:49.22 b	6) Texas A&M 10-Team Invitational College Station 1/18/14 <i>(Shantel Swift, Kelly Goudeau, Evelyn Clark, Kaila James)</i>
B 3:59.82 b	12) Texas A&M 10-Team Invitational College Station 1/18/14 <i>(Venessa Onwuchekwa, Kyndall Snider, Grace Williamson, Chelsea Taylor)</i>
3:49.55 b	12) Armory Collegiate Invitational New York, N.Y. 2/8/14 <i>(Shantel Swift, Kelly Goudeau, Evelyn Clark, Kaila James)</i>
3:48.01 b	11) Conference USA Championships Birmingham, Ala. 3/1/14 <i>(Shantel Swift, Kelly Goudeau, Evelyn Clark, Kaila James)</i>

## Distance medley relay • 11:39.14 b; Herrera/Onwuchekwa/Wanguí/Perez; Armory Invite (2/7/14)

<b>1 Nina Herrera, Venessa Onwuchekwa, Stephanie Wanguí, Emily Perez</b>	<b>11:39.14</b> b
12:01.69 b	3) Texas A&M 10-Team Invitational College Station 1/17/14 <i>(Stephanie Wanguí, Grace Williamson, Sarah Wedgeworth, Emily Perez)</i>
11:39.14 b	2) Armory Collegiate Invitational New York, N.Y. 2/7/14 <i>(Nina Herrera, Venessa Onwuchekwa, Stephanie Wanguí, Emily Perez)</i>
11:39.86 b	1) Conference USA Championships Birmingham, Ala. 2/28/14 <i>(Nina Herrera, Evelyn Clark, Grace Williamson, Emily Perez)</i>

## High jump • 5-9 ¼/1.76, Lynse Leal, (1995)

<b>1 Whitney Flannel (Jr.)</b>	<b>5-7 ¼/1.71</b>
5-4 ¼/1.63	4) Texas A&M Reveille Invitational College Station 12/7/13
5-7/1.70	2) Houston Opener Houston 1/11/14
5-4 ¼/1.63 t10)	Texas A&M 10-Team Invitational College Station 1/18/14
5-5 ¾/1.67 m)	Howie Ryan Invitational Houston 1/31/14
5-5/1.65 t8)	Howie Ryan Invitational Houston 2/1/14
C 5-7 ¼/1.71	9) Armory Collegiate Invitational New York, N.Y. 2/8/14
5-5/1.65	2) Houston Tune-Up Houston 2/14/14
5-5/1.65 m)	Conference USA Championships Birmingham, Ala. 2/28/14
5-7 ¼/1.71	5) Conference USA Championships Birmingham, Ala. 3/1/14
<b>2 Venessa Onwuchekwa (Jr.)</b>	<b>5-2 ½/1.59</b>
4-11/1.50 t13)	Houston Opener Houston 1/11/14
5-2 ¼/1.58 t14)	Texas A&M 10-Team Invitational College Station 1/18/14
5-1/1.55 m)	Howie Ryan Invitational Houston 1/31/14
E NH -)	Armory Collegiate Invitational New York, N.Y. 2/8/14
5-2 ½/1.59 m)	Conference USA Championships Birmingham, Ala. 2/28/14
5-1 ¼/1.56	13) Conference USA Championships Birmingham, Ala. 3/1/14
<b>3 Angel Sifuentes (Jr.)</b>	<b>4-9 ¾/1.47</b>
NH -)	Houston Opener Houston 1/11/14
NH )	Texas A&M 10-Team Invitational College Station 1/18/14
pr 4-7/1.40 m)	Howie Ryan Invitational Houston 1/31/14
pr 4-9 ¾/1.47 m)	Conference USA Championships Birmingham, Ala. 2/28/14



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## Pole vault • 12-10 ¾/3.93, Lindsey Pew, Texas A&M 10-Team Invite (1/18/14)

<b>1 Lindsey Pew (Jr.)</b>	<b>12-10 ¾/3.93</b>
pr 11-9 ¾/3.60	3) Texas A&M Reveille Invitational College Station 12/7/13
NH -)	Houston Opener Houston 1/11/14
pr 12-10 ¾/3.93	3) Texas A&M 10-Team Invitational College Station 1/18/14
C 12-2 ½/3.72	t6) Howie Ryan Invitational Houston 1/31/14
NH -)	Armory Collegiate Invitational New York, N.Y. 2/7/14
12-5 ½/3.80	3) Houston Tune-Up Houston 2/14/14
12-7 ½/3.85	4) Conference USA Championships Birmingham, Ala. 3/1/14

## 2 April Benavidez (Sr.) 12-3 ½/3.75

11-3 ¾/3.45	4) Texas A&M Reveille Invitational College Station 12/7/13
NH -)	Houston Opener Houston 1/11/14
NH -)	Texas A&M 10-Team Invitational College Station 1/18/14
NH -)	Howie Ryan Invitational Houston 1/31/14
11-5 ¾/3.50	4) Houston Tune-Up Houston 2/14/14
12-3 ½/3.75	7) Conference USA Championships Birmingham, Ala. 3/1/14

## Long jump • 20-4 ¼/6.20, Morgan Moszee, SLC Championships (2/17/06)

<b>1 Ernestine Cray (Sr.)</b>	<b>19-8 ¾/6.01</b>
pr 19-5 ½/5.93	3) Texas A&M Reveille Invitational College Station 12/7/13
19-1 ¼/5.82	2) Houston Opener Houston 1/11/14
pr 19-7/5.97	2) Howie Ryan Invitational Houston 2/1/14
pr 19-8 ¾/6.01	1) Armory Collegiate Invitational New York, N.Y. 2/7/14
19-5 ½/5.93	2) Conference USA Championships Birmingham, Ala. 2/28/14

## 2 Kayla Hunt (Jr.) 18-1 ¾/5.53

17-7 ½/5.37	9) Texas A&M Reveille Invitational College Station 12/7/13
16-5 ¾/5.02	t17) Texas A&M 10-Team Invitational College Station 1/18/14
16-10/5.13	19) Howie Ryan Invitational Houston 2/1/14
17-7/5.36	32) Armory Collegiate Invitational New York, N.Y. 2/7/14
18-1 ¾/5.53	5) Houston Tune-Up Houston 2/14/14
17-9/5.41	t23) Conference USA Championships Birmingham, Ala. 2/28/14

## 3 Laura Oseghae (Sr.) 17-11 ½/5.47

17-7/5.36	10) Texas A&M Reveille Invitational College Station 12/7/13
17-0 ½/5.19	14) Houston Opener Houston 1/11/14
17-11 ½/5.47	8) Texas A&M 10-Team Invitational College Station 1/18/14
17-6 ¾/5.35	12) Howie Ryan Invitational Houston 2/1/14
17-7 ½/5.37	29) Armory Collegiate Invitational New York, N.Y. 2/7/14
17-8/5.38	7) Houston Tune-Up Houston 2/14/14
17-9 ½/5.42	22) Conference USA Championships Birmingham, Ala. 2/28/14

## 4 Greneshia Wright (Sr.) 17-9/5.41

17-2 ¼/5.24	13) Texas A&M Reveille Invitational College Station 12/7/13
17-1 ½/5.22	13) Houston Opener Houston 1/11/14
15-11/4.85	21) Texas A&M 10-Team Invitational College Station 1/18/14
17-7/5.36	33) Armory Collegiate Invitational New York, N.Y. 2/7/14
17-9/5.41	t23) Conference USA Championships Birmingham, Ala. 2/28/14

<b>5 Whitney Flannel (Jr.)</b>	<b>16-10 ½/5.14</b>
pr 16-10 ½/5.14	m) Howie Ryan Invitational Houston 1/31/14

<b>5 Krystal Wynn (Sr.)</b>	<b>16-10 ½/5.14</b>
16-10 ½/5.14	18) Houston Opener Houston 1/11/14

<b>7 Angel Sifuentes (Jr.)</b>	<b>15-11 ½/4.86</b>
pr 15-9/4.80	m) Howie Ryan Invitational Houston 1/31/14
pr 15-11 ½/4.86	m) Conference USA Championships Birmingham, Ala. 2/28/14

<b>8 Venessa Onwuchekwa (So.)</b>	<b>15-10 ½/4.84</b>
14-9 ¾/4.51	m) Howie Ryan Invitational Houston 1/31/14
15-10 ½/4.84	m) Conference USA Championships Birmingham, Ala. 2/28/14

## Triple jump • 41-7/12.67, Portia Matthews, (1992)

<b>1 Ernestine Cray (Sr.)</b>	<b>41-2 ¼/12.55</b>
FOUL -)	Texas A&M 10-Team Invitational College Station 1/18/14
pr C40-9 ½/12.43	10) Armory Collegiate Invitational New York, N.Y. 2/8/14
pr 41-2 ¼/12.55	1) Houston Tune-Up Houston 2/14/14
40-10 ¼/12.45	5) Conference USA Championships Birmingham, Ala. 3/1/14

<b>2 Laura Oseghae (Sr.)</b>	<b>39-2 ¼/11.94</b>
38-0/11.58	t9) Howie Ryan Invitational Houston 2/1/14
36-8 ½/11.19	33) Armory Collegiate Invitational New York, N.Y. 2/8/14
38-1 ¼/11.61	5) Houston Tune-Up Houston 2/14/14
pr 39-2 ¼/11.94	11) Conference USA Championships Birmingham, Ala. 3/1/14

<b>3 Desiree Stevenson (Fr.)</b>	<b>37-3 ¾/11.37</b>
pr 36-7 ¾/11.17	8) Houston Opener Houston 1/11/14
36-6 ¾/11.13	12) Texas A&M 10-Team Invitational College Station 1/18/14
FOUL -)	Howie Ryan Invitational Houston 2/1/14
36-1 ¼/11.00	37) Armory Collegiate Invitational New York, N.Y. 2/8/14
FOUL -)	Houston Tune-Up Houston 2/14/14
pr 37-3 ¾/11.37	22) Conference USA Championships Birmingham, Ala. 3/1/14

<b>4 Shantel Swift (So.)</b>	<b>37-3 ¾/11.36</b>
37-3 ¾/11.36	4) Houston Opener Houston 1/11/14
ND -)	Texas A&M 10-Team Invitational College Station 1/18/14
37-1 ¾/11.32	7) Houston Tune-Up Houston 2/14/14
36-9 ¾/11.22	27) Conference USA Championships Birmingham, Ala. 3/1/14

<b>5 Kayla Hunt (Jr.)</b>	<b>37-2 ½/11.34</b>
FOUL -)	Houston Opener Houston 1/11/14
35-9 ¾/10.90	41) Armory Collegiate Invitational New York, N.Y. 2/8/14
36-4 ¼/11.08	9) Houston Tune-Up Houston 2/14/14
37-2 ½/11.34	23) Conference USA Championships Birmingham, Ala. 3/1/14

<b>6 Alexis Daniels (So.)</b>	<b>36-3 ½/11.06</b>
FOUL -)	Howie Ryan Invitational Houston 2/1/14
36-3 ½/11.06	10) Houston Tune-Up Houston 2/14/14
FOUL -)	Conference USA Championships Birmingham, Ala. 3/1/14



# 2013-14 UTSA Women's Indoor Track & Field Bests/Progressions



## Shot put • 47-11 ¼/14.61, Zaquita McClanahan, WAC Championships (2/23/13)

### 1 Madeline Hurdt (Sr.) 46-8/14.22

43-7 ¼/13.29 10) Texas A&M 10-Team Invitational College Station 1/18/14  
 43-9 ¾/13.35 7) Howie Ryan Invitational Houston 2/1/14  
 43-0 ¾/13.12 3) Houston Tune-Up Houston 2/14/14  
 pr 46-8/14.22 5) Conference USA Championships Birmingham, Ala. 3/1/14

### 2 Angel Sifuentes (Jr.) 37-5 ¾/11.42

pr 37-5 ¾/11.42 5) Texas A&M Reveille Invitational College Station 12/8/12  
 35-6 ¾/10.84 16) Houston Opener Houston 1/11/14  
 34-1 ¼/10.39 15) Texas A&M 10-Team Invitational College Station 1/18/14  
 34-7 ¾/10.56 m) Howie Ryan Invitational Houston 1/31/14  
 35-5 ¾/10.80 m) Conference USA Championships Birmingham, Ala. 2/28/14

### 3 Katelynn Homb (Fr.) 36-1 ¼/11.00

pr 36-1 ¼/11.00 15) Houston Opener Houston 1/11/14  
 35-8 ¾/10.89 18) Houston Tune-Up Houston 2/14/14

### 4 Venessa Onwuchekwa (Jr.) 30-9 ¼/9.38

26-9/8.15 21) Houston Opener Houston 1/11/14  
 pr 30-2 ¼/9.20 m) Howie Ryan Invitational Houston 1/31/14  
 pr 30-9 ¼/9.38 m) Conference USA Championships Birmingham, Ala. 2/28/14

### 5 Whitney Flannel (Jr.) 28-1/8.56

28-1/8.56 m) Howie Ryan Invitational Houston 1/31/14

## Weight throw • 62-4/19.00, Katie Bragg, WAC Championships (2/22/13)

### 1 Madeline Hurdt (Sr.) 48-7 ¼/14.81

45-6 ¼/13.87 13) Texas A&M 10-Team Invitational College Station 1/18/14  
 FOUL -) Howie Ryan Invitational Houston 1/31/14  
 pr 48-7 ¼/14.81 9) Houston Tune-Up Houston 2/14/14  
 47-0 ¼/14.33 17) Conference USA Championships Birmingham, Ala. 2/28/14

### 2 Katelynn Homb (Fr.) 44-10 ¼/13.67

pr 40-6 ¼/12.35 17) Houston Opener Houston 1/11/14  
 pr 40-9/12.42 15) Texas A&M 10-Team Invitational College Station 1/18/14  
 FOUL -) Howie Ryan Invitational Houston 1/31/14  
 pr 41-10 ½/12.76 12) Houston Tune-Up Houston 2/14/14  
 pr 44-10 ¼/13.67 19) Conference USA Championships Birmingham, Ala. 2/28/14

## Pentathlon • 4,193, Ryanne Dupree, NCAA Championships (3/11/06)

### 1 Venessa Onwuchekwa (Jr.) 3,381

3,185 6) Howie Ryan Invitational Houston 1/31/14  
 pr 3,381 7) Conference USA Championships Birmingham, Ala. 2/28/14

### 2 Angel Sifuentes (Jr.) 3,177

pr 3,029 8) Howie Ryan Invitational Houston 1/31/14  
 pr 3,177 12) Conference USA Championships Birmingham, Ala. 2/28/14

### 3 Whitney Flannel (Jr.) 3,112

pr 3,112 7) Howie Ryan Invitational Houston 1/31/14  
 DNF -) Conference USA Championships Birmingham, Ala. 2/28/14