

# 2010 UTSA WOMEN'S TRACK & FIELD OUTDOOR BESTS

w - wind-aided (+2.1-4.0 m/s) • w! - wind-aided illegal (+4.1 m/s) • S - school record

## 100 meters

12.22 w \_\_\_\_ Nicole Washington \_\_\_\_\_ Texas Relays (4/2)  
12.23 \_\_\_\_ Brittney Solomon \_\_\_\_\_ Texas State Triangular (4/24)  
12.32 \_\_\_\_ Nicole Washington \_\_\_\_\_ Mt. SAC Relays (4/16)

## 200 meters

25.19 \_\_\_\_ Briony Miller \_\_\_\_\_ Texas State Triangular (4/24)  
25.44 \_\_\_\_ Brittney Solomon \_\_\_\_\_ Texas State Triangular (4/24)  
25.79 \_\_\_\_ Nicole Washington \_\_\_\_\_ Texas State Triangular (4/24)  
25.95 w! \_\_\_\_ Shartanae Swearengin \_\_\_\_\_ Texas Relays (3/31)  
26.17 \_\_\_\_ Eboni Johnson \_\_\_\_\_ Trinity Alumni Classic (4/10)  
26.38 \_\_\_\_ Shartanae Swearengin \_\_\_\_ Southland Championships (5/14)  
26.57 \_\_\_\_ Brantley Vaughan \_\_\_\_\_ Victor Lopez Invitational (3/27)  
26.88 \_\_\_\_ Porshia Fobbs \_\_\_\_\_ Trinity Alumni Classic (4/10)  
27.29 \_\_\_\_ Jessica Edwards \_\_\_\_\_ Trinity Alumni Classic (4/10)  
26.48 \_\_\_\_ Aimee Jonas \_\_\_\_\_ Southland Championships (5/14)

## 400 meters

55.23 \_\_\_\_ Briony Miller \_\_\_\_\_ Trinity Alumni Classic (4/10)  
55.81 \_\_\_\_ Shavonne Armbrister \_\_\_\_\_ Texas Invitational (5/1)  
57.37 \_\_\_\_ Rebecca Crain \_\_\_\_\_ Texas Invitational (5/1)  
58.91 \_\_\_\_ Marissa Cooksey \_\_\_\_\_ Trinity Last Chance (5/8)  
1:02.38 \_\_\_\_ Aimee Jonas \_\_\_\_\_ Trinity Twilight (4/16)

## 800 meters

2:07.44 \_\_\_\_ Dana Mecke \_\_\_\_\_ NCAA Championships (5/28)  
2:13.56 \_\_\_\_ Rebecca Crain \_\_\_\_\_ Southland Championships (5/15)  
2:13.88 \_\_\_\_ Jayde James \_\_\_\_\_ Southland Championships (5/15)  
2:13.92 \_\_\_\_ Pernilla Savestrand \_\_\_\_\_ Southland Championships (5/15)  
2:15.25 \_\_\_\_ Shartanae Swearengin \_\_\_\_ Southland Championships (5/15)  
2:25.24 \_\_\_\_ Jessica Bitterly \_\_\_\_\_ Trinity Twilight (4/16)  
2:26.73 \_\_\_\_ Courtney Nelson \_\_\_\_\_ Trinity Open (3/6)  
2:28.95 \_\_\_\_ Lauren Losoya \_\_\_\_\_ Trinity Open (3/6)  
2:31.84 \_\_\_\_ Aimee Jonas \_\_\_\_\_ Southland Championships (5/15)

## 1,500 meters

4:25.38 S \_\_\_\_ Dana Mecke \_\_\_\_\_ Mt. SAC Relays (4/16)  
4:33.64 \_\_\_\_ Pernilla Savestrand \_\_\_\_\_ Mt. SAC Relays (4/16)  
4:40.59 \_\_\_\_ Jayde James \_\_\_\_\_ Texas Invitational (5/1)  
4:56.39 \_\_\_\_ Jessica Bitterly \_\_\_\_\_ Trinity Tigers Relays (4/2)  
5:01.90 \_\_\_\_ Kayla Pratt \_\_\_\_\_ Trinity Alumni Classic (4/10)  
5:03.59 \_\_\_\_ Courtney Nelson \_\_\_\_\_ Trinity Tigers Relays (4/2)  
5:04.92 \_\_\_\_ Lauren Losoya \_\_\_\_\_ Trinity Open (3/5)

## 3,000 meters

12:01.92 \_\_\_\_ Lauren Losoya \_\_\_\_\_ Texas State Triangular (4/24)

## 5,000 meters

20:15.58 \_\_\_\_ Lauren Losoya \_\_\_\_\_ Trinity Alumni Classic (4/10)

## 10,000 meters

37:12.16 \_\_\_\_ Kayla Pratt \_\_\_\_\_ Victor Lopez Invitational (3/26)  
41:01.05 \_\_\_\_ Lauren Losoya \_\_\_\_\_ Victor Lopez Invitational (3/26)

## 100-meter hurdles

13.51 \_\_\_\_ Jessica Jones \_\_\_\_\_ Southland Championships (5/16)  
13.92 \_\_\_\_ Amanda McGill \_\_\_\_\_ Southland Championships (5/15)  
14.64 \_\_\_\_ Porshia Fobbs \_\_\_\_\_ Southland Championships (5/15)  
14.91 w \_\_\_\_ Aimee Jonas \_\_\_\_\_ Southland Championships (5/14)  
15.43 \_\_\_\_ Aimee Jonas \_\_\_\_\_ Texas State Triangular (4/24)  
15.57 \_\_\_\_ Brantley Vaughan \_\_\_\_\_ Victor Lopez Invitational (3/27)  
16.14 w \_\_\_\_ Shartanae Swearengin \_\_\_\_\_ Texas Relays (3/31)  
16.25 \_\_\_\_ Shartanae Swearengin \_\_\_\_\_ Texas State Triangular (4/24)

## 400-meter hurdles

1:00.94 \_\_\_\_ Amanda McGill \_\_\_\_\_ Texas Invitational (5/1)  
1:04.85 \_\_\_\_ Jessica Jones \_\_\_\_\_ Texas State Triangular (4/24)

## 3,000-meter steeplechase

11:25.90 \_\_\_\_ Courtney Nelson \_\_\_\_\_ Southland Championships (5/15)  
11:26.26 \_\_\_\_ Pernilla Savestrand \_\_\_\_\_ Texas State Triangular (4/24)  
11:37.31 \_\_\_\_ Jessica Bitterly \_\_\_\_\_ Southland Championships (5/15)

## 400-meter relay

47.60 \_\_\_\_ Washington, Jones \_\_\_\_\_ Trinity Alumni Classic (4/10)  
\_\_\_\_ McGill, Miller

## 1,600-meter relay

3:43.54 \_\_\_\_ Armbrister, Miller \_\_\_\_ Southland Championships (5/16)  
\_\_\_\_ Jones, Crain

## High jump

1.62m \_\_\_\_ Shartanae Swearengin \_\_\_\_\_ Texas Relays (3/31)  
1.57m \_\_\_\_ Aimee Jonas \_\_\_\_\_ Southland Championships (5/15)

## Pole vault

3.50m S \_\_\_\_ Brooke Townzen \_\_\_\_\_ Victor Lopez Invitational (3/27)

## Long jump

5.79m \_\_\_\_ Jessica Edwards \_\_\_\_\_ Victor Lopez Invitational (3/27)  
5.49m w \_\_\_\_ Eboni Johnson \_\_\_\_\_ Trinity Alumni Classic (4/10)  
5.44m \_\_\_\_ Aimee Jonas \_\_\_\_\_ Southland Championships (5/15)  
5.42m \_\_\_\_ Shartanae Swearengin \_\_\_\_\_ Texas State Triangular (4/24)  
4.81m \_\_\_\_ Rebekah Hill \_\_\_\_\_ Texas State Triangular (4/24)

## Triple jump

12.06m \_\_\_\_ Eboni Johnson \_\_\_\_\_ Southland Championships (5/16)  
11.58m \_\_\_\_ Rebekah Hill \_\_\_\_\_ Trinity Twilight (4/16)

## Shot put

14.07m \_\_\_\_ Zaquita McClanahan \_\_\_\_\_ Trinity Last Chance (5/8)  
13.43m \_\_\_\_ Stacia Newton \_\_\_\_\_ Victor Lopez Invitational (3/27)  
10.83m \_\_\_\_ Katie Bragg \_\_\_\_\_ Trinity Alumni Classic (4/10)  
10.39m \_\_\_\_ Taelor Wilson \_\_\_\_\_ Trinity Alumni Classic (4/10)  
9.44m \_\_\_\_ Aimee Jonas \_\_\_\_\_ Southland Championships (5/14)  
8.07m \_\_\_\_ Shartanae Swearengin \_\_\_\_ Southland Championships (5/14)

## Discus

44.38m \_\_\_\_ Stacia Newton \_\_\_\_\_ Texas State Triangular (4/24)  
43.43m \_\_\_\_ Jaimeé Bennett \_\_\_\_\_ Texas State Triangular (4/24)  
36.99m \_\_\_\_ Katie Bragg \_\_\_\_\_ Trinity Open (3/6)  
31.13m \_\_\_\_ Zaquita McClanahan \_\_\_\_\_ Trinity Open (3/6)

## Hammer

52.28m S \_\_\_\_ Katie Bragg \_\_\_\_\_ Mt. SAC Relays (4/16)  
46.71m \_\_\_\_ Taelor Wilson \_\_\_\_\_ Trinity Alumni Classic (4/9)  
44.33m \_\_\_\_ Jaimeé Bennett \_\_\_\_\_ Trinity Open (3/5)  
37.10m \_\_\_\_ Stacia Newton \_\_\_\_\_ Trinity Open (3/5)  
31.24m \_\_\_\_ Zaquita McClanahan \_\_\_\_\_ Trinity Tigers Relays (4/2)

## Javelin

35.74m \_\_\_\_ Brooke Townzen \_\_\_\_\_ Trinity Alumni Classic (4/10)  
31.39m \_\_\_\_ Aimee Jonas \_\_\_\_\_ Victor Lopez Invitational (3/27)  
31.35m \_\_\_\_ Shartanae Swearengin \_\_\_\_ Southland Championships (5/15)

## Heptathlon

4,583 \_\_\_\_ Aimee Jonas \_\_\_\_ Southland Championships (5/14/-15)  
4,551 \_\_\_\_ Shartanae Swearengin \_\_\_\_\_ Texas Relays (3/31-4/1)

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## Shavonne Armbrister

### 400 meters

56.81 \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
57.00 \_\_\_\_\_ 3rd \_\_\_\_\_ Mt. SAC Relays (4/16)  
56.17 \_\_\_\_\_ 2nd \_\_\_\_\_ Texas State Triangular (4/24)  
55.81 \_\_\_\_\_ 14th \_\_\_\_\_ Texas Invitational (5/1)  
56.96 \_\_\_\_\_ 13th (p) \_\_\_\_\_ Southland Championships (5/15)

## Jaimeé Bennett

### Discus

38.67m (126-10) \_\_\_\_\_ 6th \_\_\_\_\_ Trinity Open (3/5)  
42.80m (140-5) \_\_\_\_\_ 4th \_\_\_\_\_ Victor Lopez Invite (3/27)  
42.02m (137-10) \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
40.26m (132-1) \_\_\_\_\_ 6th \_\_\_\_\_ Mt. SAC Relays (4/16)  
43.43m (142-6) \_\_\_\_\_ 4th \_\_\_\_\_ Texas State Triangular (4/24)  
42.17m (138-4) \_\_\_\_\_ 13th \_\_\_\_\_ Texas Invitational (5/1)  
43.10m (141-5) \_\_\_\_\_ 6th \_\_\_\_\_ Southland Championships (5/16)

### Hammer

44.33m (145-5) \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Open (3/5)  
42.30m (138-9) \_\_\_\_\_ 9th \_\_\_\_\_ Victor Lopez Invite (3/27)  
43.33m (142-2) \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
40.20m (131-11) \_\_\_\_\_ 10th \_\_\_\_\_ Texas Invitational (5/1)  
41.47m (136-1) \_\_\_\_\_ 13th \_\_\_\_\_ Southland Championships (5/14)

## Jessica Bitterly

### 800 meters

2:25.24 \_\_\_\_\_ 5th \_\_\_\_\_ Trinity Twilight (4/16)

### 1,500 meters

4:57.72 \_\_\_\_\_ 22nd \_\_\_\_\_ Victor Lopez Invite (3/27)  
4:56.39 \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Tigers Relays (4/2)  
4:58.57 \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Twilight (4/16)

### 3,000-meter steeplechase

12:42.22 \_\_\_\_\_ 5th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
12:12.97 \_\_\_\_\_ 4th \_\_\_\_\_ Texas State Triangular (4/24)  
11:47.05 \_\_\_\_\_ 7th \_\_\_\_\_ Texas Invitational (5/1)  
11:37.31 \_\_\_\_\_ 8th \_\_\_\_\_ Southland Championships (5/15)

## Katie Bragg

### Discus

36.99m (121-4) \_\_\_\_\_ 7th \_\_\_\_\_ Trinity Open (3/5)  
36.64m (120-2) \_\_\_\_\_ 7th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
34.68m (113-9) \_\_\_\_\_ 21st \_\_\_\_\_ Texas Invitational (5/1)

### Hammer

48.75m (145-5) \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Open (3/5)  
49.80m (163-5) \_\_\_\_\_ 4th \_\_\_\_\_ Victor Lopez Invite (3/27)  
52.28m S (171-6) \_\_\_\_\_ 20th \_\_\_\_\_ Mt. SAC Relays (4/16)  
47.33m (155-3) \_\_\_\_\_ 5th \_\_\_\_\_ Texas Invitational (5/1)  
50.78m (166-7) \_\_\_\_\_ 2nd \_\_\_\_\_ Southland Championships (5/14)

### Shot put

10.83m (35-6.5) \_\_\_\_\_ 4th \_\_\_\_\_ Trinity Alumni Classic (4/10)

## Marissa Cooksey

### 400 meters

1:00.46 \_\_\_\_\_ 7th \_\_\_\_\_ Trinity Open (3/5)  
1:01.58 \_\_\_\_\_ 27th \_\_\_\_\_ Victor Lopez Invite (3/27)  
59.36 \_\_\_\_\_ 4th \_\_\_\_\_ Trinity Tigers Relays (4/2)  
59.20 \_\_\_\_\_ 4th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
59.70 \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Twilight (4/16)  
59.85 \_\_\_\_\_ 3rd \_\_\_\_\_ Texas State Triangular (4/24)  
59.02 \_\_\_\_\_ 29th \_\_\_\_\_ Texas Invitational (5/1)  
58.91 \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Last Chance (5/8)

## Rebecca Crain

### 400 meters

57.37 \_\_\_\_\_ 21st \_\_\_\_\_ Texas Invitational (5/1)

### 800 meters

2:18.53 \_\_\_\_\_ 17th \_\_\_\_\_ Victor Lopez Invite (3/27)  
2:16.53 \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
2:17.63 \_\_\_\_\_ 3rd \_\_\_\_\_ Mt. SAC Relays (4/16)  
2:20.19 \_\_\_\_\_ 19th \_\_\_\_\_ Texas Invitational (5/1)  
2:13.56 \_\_\_\_\_ 6th (p) \_\_\_\_\_ Southland Championships (5/15)  
2:15.77 \_\_\_\_\_ 9th \_\_\_\_\_ Southland Championships (5/16)

## Jessica Edwards

### 200 meters

27.29 \_\_\_\_\_ 20th \_\_\_\_\_ Trinity Alumni Classic (4/10)

### Long jump

5.79m (19-0) \_\_\_\_\_ 8th \_\_\_\_\_ Victor Lopez Invite (3/27)  
5.25m (17-2.75) \_\_\_\_\_ 5th \_\_\_\_\_ Trinity Tigers Relays (4/2)  
5.74m (18-10) \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Alumni Classic (4/10)  
5.68m (18-7.75) \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Twilight (4/16)  
5.48m (17-11.75) \_\_\_\_\_ 3rd \_\_\_\_\_ Texas State Triangular (4/24)  
5.55m (18-2.5) \_\_\_\_\_ 9th \_\_\_\_\_ Southland Championships (5/15)

## Porshia Fobbs

### 200 meters

27.53 \_\_\_\_\_ 53rd \_\_\_\_\_ Victor Lopez Invite (3/27)  
27.29 \_\_\_\_\_ 9th \_\_\_\_\_ Trinity Tigers Relays (4/2)  
26.88 \_\_\_\_\_ 19th \_\_\_\_\_ Trinity Alumni Classic (4/10)

### 100-meter hurdles

15.84 \_\_\_\_\_ 13th \_\_\_\_\_ Victor Lopez Invite (3/27)  
14.97 \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Tigers Relays (4/2)  
14.82 \_\_\_\_\_ 5th (p) \_\_\_\_\_ Trinity Alumni Classic (4/10)  
16.90 \_\_\_\_\_ 8th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
14.64 \_\_\_\_\_ 11th (p) \_\_\_\_\_ Southland Championships (5/15)

## Rebekah Hill

### Long jump

4.81m (15-9.5) \_\_\_\_\_ 8th \_\_\_\_\_ Texas State Triangular (4/24)

### Triple jump

11.30m (37-1) \_\_\_\_\_ 10th \_\_\_\_\_ Victor Lopez Invite (3/27)  
11.58m (38-0) \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
11.58m (38-0) \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Twilight (4/16)  
11.54m (37-10.5) \_\_\_\_\_ 3rd \_\_\_\_\_ Texas State Triangular (4/24)  
11.15m (36-7) \_\_\_\_\_ 13th \_\_\_\_\_ Texas Invitational (5/1)  
11.54m (37-10.5) \_\_\_\_\_ 11th \_\_\_\_\_ Southland Championships (5/16)

## Jayde James

### 800 meters

2:17.76 \_\_\_\_\_ 15th \_\_\_\_\_ Victor Lopez Invite (3/27)  
2:17.84 \_\_\_\_\_ 14th \_\_\_\_\_ Texas Relays (3/31)  
2:18.71 \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
2:15.46 \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Twilight (4/16)  
2:19.63 \_\_\_\_\_ 4th \_\_\_\_\_ Texas State Triangular (4/24)  
2:13.98 \_\_\_\_\_ 6th \_\_\_\_\_ Texas Invitational (5/1)  
2:13.88 \_\_\_\_\_ 7th (p) \_\_\_\_\_ Southland Championships (5/15)  
2:15.57 \_\_\_\_\_ 8th \_\_\_\_\_ Southland Championships (5/16)

### 1,500 meters

4:48.77 \_\_\_\_\_ 15th \_\_\_\_\_ Victor Lopez Invite (3/27)  
4:44.71 \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Alumni Classic (4/10)  
4:57.39 \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Twilight (4/16)  
4:40.59 \_\_\_\_\_ 3rd \_\_\_\_\_ Texas Invitational (5/1)

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## Eboni Johnson

### 200 meters

26.17 \_\_\_\_\_ 9th \_\_\_\_\_ Trinity Alumni Classic (4/10)

### Long jump

5.49m (18-0) \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Alumni Classic (4/10)

5.27m (17-3.5) \_\_\_\_\_ 15th \_\_\_\_\_ Southland Championships (5/15)

### Triple jump

11.59m (38-0.25) \_\_\_\_\_ 7th \_\_\_\_\_ Victor Lopez Invite (3/27)

11.98m (39-3.75) \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Last Chance (5/8)

12.06m (39-7) \_\_\_\_\_ 6th \_\_\_\_\_ Southland Championships (5/16)

## Aimee Jonas

### 200 meters

27.58 \_\_\_\_\_ 11th \_\_\_\_\_ Texas State Triangular (4/24)

26.48 \_\_\_\_\_ 8th\* \_\_\_\_\_ Southland Championships (5/14)

### 400 meters

1:02.38 \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Twilight (4/16)

### 800 meters

2:31.84 \_\_\_\_\_ 5th\* \_\_\_\_\_ Southland Championships (5/15)

### 100-meter hurdles

15.30w \_\_\_\_\_ 18th\* \_\_\_\_\_ Texas Relays (4/2)

15.63 \_\_\_\_\_ 8th (p) \_\_\_\_\_ Trinity Alumni Classic (4/10)

15.87 \_\_\_\_\_ 7th \_\_\_\_\_ Trinity Alumni Classic (4/10)

15.43 \_\_\_\_\_ 5th \_\_\_\_\_ Texas State Triangular (4/24)

14.91 w \_\_\_\_\_ 5th\* \_\_\_\_\_ Southland Championships (5/14)

### High jump

1.50m (4-11) \_\_\_\_\_ 12th \_\_\_\_\_ Victor Lopez Invite (3/27)

1.50m (4-11) \_\_\_\_\_ T9th \_\_\_\_\_ Trinity Alumni Classic (4/10)

1.50m (4-11) \_\_\_\_\_ 5th \_\_\_\_\_ Texas State Triangular (4/24)

1.55m (5-1) \_\_\_\_\_ T17th \_\_\_\_\_ Texas Invitational (5/1)

1.57m (5-1.75) \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Last Chance (5/8)

1.56m (5-1.25) \_\_\_\_\_ 4th\* \_\_\_\_\_ Southland Championships (5/14)

1.57m (5-1.75) \_\_\_\_\_ 7th \_\_\_\_\_ Southland Championships (5/15)

### Long jump

4.83m (15-10.25) \_\_\_\_\_ 6th \_\_\_\_\_ Trinity Twilight (4/16)

5.44m (17-10.25) \_\_\_\_\_ 2nd\* \_\_\_\_\_ Southland Championships (5/15)

### Shot put

9.44m (30-11.75) \_\_\_\_\_ 8th\* \_\_\_\_\_ Southland Championships (5/14)

### Javelin

31.39m (103-0) \_\_\_\_\_ 9th \_\_\_\_\_ Victor Lopez Invite (3/27)

26.63m (87-4) \_\_\_\_\_ 8th \_\_\_\_\_ Texas State Triangular (4/24)

27.98m (91-9) \_\_\_\_\_ 12th\* \_\_\_\_\_ Southland Championships (5/15)

### Heptathlon

4,583 \_\_\_\_\_ 3rd \_\_\_\_\_ Southland Championships (5/14-15)

## Jessica Jones

### 100-meter hurdles

14.24 \_\_\_\_\_ 3rd \_\_\_\_\_ Victor Lopez Invite (3/27)

14.29w \_\_\_\_\_ 29th (p) \_\_\_\_\_ Texas Relays (4/2)

14.12 \_\_\_\_\_ 1st (p) \_\_\_\_\_ Trinity Alumni Classic (4/10)

13.88 \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Alumni Classic (4/10)

13.65 \_\_\_\_\_ 1st \_\_\_\_\_ Mt. SAC Relays (4/16)

13.74 \_\_\_\_\_ 5th \_\_\_\_\_ Texas Invitational (5/1)

13.69 \_\_\_\_\_ 1st (p) \_\_\_\_\_ Southland Championships (5/15)

13.51 \_\_\_\_\_ 1st \_\_\_\_\_ Southland Championships (5/16)

13.69 \_\_\_\_\_ 16th (p) \_\_\_\_\_ NCAA Championships (5/29)

13.54 \_\_\_\_\_ 16th \_\_\_\_\_ NCAA Championships (5/30)

### 400-meter hurdles

1:06.79 \_\_\_\_\_ 14th \_\_\_\_\_ Victor Lopez Invite (3/27)

1:06.07 \_\_\_\_\_ 37th (p) \_\_\_\_\_ Texas Relays (4/1)

1:04.85 \_\_\_\_\_ 4th \_\_\_\_\_ Texas State Triangular (4/24)

## Lauren Losoya

### 800 meters

2:28.95 \_\_\_\_\_ 8th \_\_\_\_\_ Trinity Open (3/5)

### 1,500 meters

5:04.92 \_\_\_\_\_ 4th \_\_\_\_\_ Trinity Open (3/5)

5:06.66 \_\_\_\_\_ 8th \_\_\_\_\_ Trinity Tigers Relays (4/2)

5:19.53 \_\_\_\_\_ 4th \_\_\_\_\_ Trinity Twilight (4/16)

### 3,000 meters

12:01.92 \_\_\_\_\_ 7th \_\_\_\_\_ Texas State Triangular (4/24)

### 5,000 meters

20:15.58 \_\_\_\_\_ 4th \_\_\_\_\_ Trinity Alumni Classic (4/10)

### 10,000 meters

41:01.45 \_\_\_\_\_ 4th \_\_\_\_\_ Victor Lopez Invite (3/27)

## Zaquita McClanahan

### Shot put

12.71m (41-8.50) \_\_\_\_\_ 8th \_\_\_\_\_ Trinity Open (3/5)

13.74m (45-1) \_\_\_\_\_ 7th \_\_\_\_\_ Victor Lopez Invite (3/27)

13.71m (44-11.75) \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Tigers Relays (4/2)

14.06m (46-1.5) \_\_\_\_\_ 4th \_\_\_\_\_ Mt. SAC Relays (4/16)

14.07m (46-2) \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Last Chance (5/8)

13.78m (45-2.5) \_\_\_\_\_ 5th \_\_\_\_\_ Southland Championships (5/15)

### Discus

31.13m (102-1) \_\_\_\_\_ 14th \_\_\_\_\_ Trinity Open (3/5)

## Amanda McGill

### 100-meter hurdles

14.51 \_\_\_\_\_ 4th \_\_\_\_\_ Victor Lopez Invite (3/27)

14.13 \_\_\_\_\_ 2nd (p) \_\_\_\_\_ Trinity Alumni Classic (4/10)

14.35 \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Alumni Classic (4/10)

14.21 \_\_\_\_\_ 6th \_\_\_\_\_ Mt. SAC Relays (4/16)

14.02 \_\_\_\_\_ 9th \_\_\_\_\_ Texas Invitational (5/1)

13.92 \_\_\_\_\_ 2nd (p) \_\_\_\_\_ Southland Championships (5/15)

### 400-meter hurdles

1:04.23 \_\_\_\_\_ 7th \_\_\_\_\_ Victor Lopez Invite (3/27)

1:07.03 \_\_\_\_\_ 41st (p) \_\_\_\_\_ Texas Relays (4/1)

1:06.36 \_\_\_\_\_ 5th \_\_\_\_\_ Texas State Triangular (4/24)

1:00.94 \_\_\_\_\_ 3rd \_\_\_\_\_ Texas Invitational (5/1)

1:02.71 \_\_\_\_\_ 7th (p) \_\_\_\_\_ Southland Championships (5/15)

## Dana Mecke

### 800 meters

2:12.83 \_\_\_\_\_ 6th \_\_\_\_\_ Texas Relays (3/31)

2:09.42 \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Alumni Classic (4/10)

2:09.83 \_\_\_\_\_ 3rd \_\_\_\_\_ Texas Invitational (5/1)

2:11.19 \_\_\_\_\_ 1st (p) \_\_\_\_\_ Southland Championships (5/15)

2:08.36 \_\_\_\_\_ 1st \_\_\_\_\_ Southland Championships (5/16)

2:08.14 \_\_\_\_\_ 22nd (p) \_\_\_\_\_ NCAA Championships (5/27)

2:07.44 \_\_\_\_\_ 17th \_\_\_\_\_ NCAA Championships (5/28)

### 1,500 meters

4:32.36 \_\_\_\_\_ 1st \_\_\_\_\_ Victor Lopez Invite (3/27)

4:31.94 \_\_\_\_\_ 5th \_\_\_\_\_ Texas Relays (3/31)

4:25.38 S \_\_\_\_\_ 2nd \_\_\_\_\_ Mt. SAC Relays (4/16)

4:45.16 \_\_\_\_\_ 2nd (p) \_\_\_\_\_ Southland Championships (5/15)

4:30.57 \_\_\_\_\_ 1st \_\_\_\_\_ Southland Championships (5/16)

# 2010 UTSA WOMEN'S TRACK & FIELD OUTDOOR BESTS

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## Briony Miller

### 200 meters

25.59w \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Tigers Relays (4/2)  
25.19 \_\_\_\_\_ 4th \_\_\_\_\_ Texas State Triangular (4/24)

### 400 meters

56.51 \_\_\_\_\_ 8th \_\_\_\_\_ Victor Lopez Invite (3/27)  
55.23 \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Alumni Classic (4/10)  
56.02 \_\_\_\_\_ 2nd \_\_\_\_\_ Mt. SAC Relays (4/16)  
56.26 \_\_\_\_\_ 10th (p) \_\_\_\_\_ Southland Championships (5/15)

## Courtney Nelson

### 800 meters

2:26.73 \_\_\_\_\_ 5th \_\_\_\_\_ Trinity Open (3/5)

### 1,500 meters

5:08.50 \_\_\_\_\_ 5th \_\_\_\_\_ Trinity Open (3/5)  
5:03.51 \_\_\_\_\_ 7th \_\_\_\_\_ Trinity Tigers Relays (4/2)

### 3,000-meter steeplechase

12:22.99 \_\_\_\_\_ 8th \_\_\_\_\_ Victor Lopez Invite (3/27)  
12:29.14 \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
11:54.67 \_\_\_\_\_ 19th \_\_\_\_\_ Trinity Twilight (4/16)  
11:52.89 \_\_\_\_\_ 2nd \_\_\_\_\_ Texas State Triangular (4/24)  
11:33.30 \_\_\_\_\_ 4th \_\_\_\_\_ Texas Invitational (5/1)  
11:25.90 \_\_\_\_\_ 7th \_\_\_\_\_ Southland Championships (5/15)

## Stacia Newton

### Shot put

13.10m (42-11.75) \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Open (3/5)  
13.43m (44-0.75) \_\_\_\_\_ 8th \_\_\_\_\_ Victor Lopez Invite (3/27)  
12.74m (41-9.75) \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
12.97m (42-6.75) \_\_\_\_\_ 5th \_\_\_\_\_ Mt. SAC Relays (4/16)  
13.06m (42-10.75) \_\_\_\_\_ 2nd \_\_\_\_\_ Texas State Triangular (4/24)  
13.33m (43-9) \_\_\_\_\_ 6th \_\_\_\_\_ Southland Championships (5/15)

### Discus

41.02m (134-7) \_\_\_\_\_ 1st \_\_\_\_\_ Trinity Open (3/5)  
42.22m (138-6) \_\_\_\_\_ 7th \_\_\_\_\_ Victor Lopez Invite (3/27)  
38.14m (125-1) \_\_\_\_\_ 5th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
40.58m (133-2) \_\_\_\_\_ 5th \_\_\_\_\_ Mt. SAC Relays (4/16)  
44.38m (145-7) \_\_\_\_\_ 3rd \_\_\_\_\_ Texas State Triangular (4/24)  
42.82m (140-6) \_\_\_\_\_ 12th \_\_\_\_\_ Texas Invitational (5/1)  
42.24m (138-7) \_\_\_\_\_ 8th \_\_\_\_\_ Southland Championships (5/16)

### Hammer

37.10m (121-9) \_\_\_\_\_ 4th \_\_\_\_\_ Trinity Open (3/5)  
36.03m (118-2) \_\_\_\_\_ 12th \_\_\_\_\_ Victor Lopez Invite (3/27)  
35.24m (115-7) \_\_\_\_\_ 8th \_\_\_\_\_ Trinity Alumni Classic (4/10)

## Kayla Pratt

### 1,500 Mmeters

5:01.90 \_\_\_\_\_ 8th \_\_\_\_\_ Trinity Alumni Classic (4/10)

### 10,000 meters

37:12.16 \_\_\_\_\_ 3rd \_\_\_\_\_ Victor Lopez Invite (3/27)  
37:24.22 \_\_\_\_\_ 9th \_\_\_\_\_ Southland Championships (5/14)

## Pernilla Savestrand

### 800 meters

2:14.51 \_\_\_\_\_ 1st \_\_\_\_\_ Texas State Triangular (4/24)  
2:13.92 \_\_\_\_\_ 8th (p) \_\_\_\_\_ Southland Championships (5/15)  
DNF \_\_\_\_\_ — \_\_\_\_\_ Southland Championships (5/16)

## 1,500 meters

4:36.94 \_\_\_\_\_ 5th \_\_\_\_\_ Victor Lopez Invite (3/27)  
4:35.62 \_\_\_\_\_ 7th \_\_\_\_\_ Texas Relays (3/31-4/3)  
4:33.64 \_\_\_\_\_ 24th \_\_\_\_\_ Mt. SAC Relays (4/16)  
4:36.68 \_\_\_\_\_ 2nd \_\_\_\_\_ Texas Invitational (5/1)  
4:41.63 \_\_\_\_\_ 5th (p) \_\_\_\_\_ Southland Championships (5/15)  
5:11.91 \_\_\_\_\_ 12th \_\_\_\_\_ Southland Championships (5/15)

### 3,000-meter steeplechase

11:55.62 \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
11:26.26 \_\_\_\_\_ 1st \_\_\_\_\_ Texas State Triangular (4/24)

## Brittney Solomon

### 100 meters

12.75 \_\_\_\_\_ 18th \_\_\_\_\_ Victor Lopez Invite (3/27)  
12.53w \_\_\_\_\_ 62nd (p) \_\_\_\_\_ Texas Relays (4/2)  
12.42 \_\_\_\_\_ 6th (p) \_\_\_\_\_ Trinity Alumni Classic (4/10)  
12.56 \_\_\_\_\_ 7th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
13.15 \_\_\_\_\_ 5th \_\_\_\_\_ Trinity Twilight (4/16)  
12.23 \_\_\_\_\_ 5th \_\_\_\_\_ Texas State Triangular (4/24)  
12.68 \_\_\_\_\_ 35th \_\_\_\_\_ Texas Invitational (5/1)  
12.29 \_\_\_\_\_ 14th (p) \_\_\_\_\_ Southland Championships (5/15)

### 200 meters

26.48 \_\_\_\_\_ 40th \_\_\_\_\_ Victor Lopez Invite (3/27)  
25.90 \_\_\_\_\_ 5th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
27.14 \_\_\_\_\_ 8th \_\_\_\_\_ Trinity Twilight (4/16)  
25.44 \_\_\_\_\_ 5th \_\_\_\_\_ Texas State Triangular (4/24)  
25.46 \_\_\_\_\_ 42nd \_\_\_\_\_ Texas Invitational (5/1)

## Shartanae Swarengin

### 200 meters

25.95w! \_\_\_\_\_ 13th\* \_\_\_\_\_ Texas Relays (3/31)  
26.39 \_\_\_\_\_ 10th \_\_\_\_\_ Texas State Triangular (4/24)  
26.38 \_\_\_\_\_ 7th\* \_\_\_\_\_ Southland Championships (5/14)

### 800 meters

2:24.25 \_\_\_\_\_ 8th\* \_\_\_\_\_ Texas Relays (4/1)  
2:17.55 \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Twilight (4/16)  
2:18.69 \_\_\_\_\_ 1st\* \_\_\_\_\_ Southland Championships (5/15)  
2:15.25 \_\_\_\_\_ 11th (p) \_\_\_\_\_ Southland Championships (5/15)  
2:19.36 \_\_\_\_\_ 11th \_\_\_\_\_ Southland Championships (5/16)

### 100-meter hurdles

17.97 \_\_\_\_\_ 23rd \_\_\_\_\_ Victor Lopez Invite (3/27)  
16.14w \_\_\_\_\_ 22nd\* \_\_\_\_\_ Texas Relays (3/31)  
16.58 \_\_\_\_\_ 12th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
16.25 \_\_\_\_\_ 8th \_\_\_\_\_ Texas State Triangular (4/24)  
17.00 w \_\_\_\_\_ 16th\* \_\_\_\_\_ Southland Championships (5/14)

### High jump

1.62m (5-3.75) \_\_\_\_\_ 12th\* \_\_\_\_\_ Texas Relays (3/31)  
1.50m (4-11) \_\_\_\_\_ 8th\* \_\_\_\_\_ Southland Championships (5/14)

### Long jump

5.36m w (17-07) \_\_\_\_\_ 14th\* \_\_\_\_\_ Texas Relays (4/1)  
5.42m (17-9.5) \_\_\_\_\_ 5th \_\_\_\_\_ Texas State Triangular (4/24)  
5.25m (17-2.75) \_\_\_\_\_ 6th\* \_\_\_\_\_ Southland Championships (5/15)

### Shot put

7.81m (25-7.5) \_\_\_\_\_ 21st\* \_\_\_\_\_ Texas Relays (3/31)  
7.83m (25-8.25) \_\_\_\_\_ 15th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
8.07m (26-5.75) \_\_\_\_\_ 17th\* \_\_\_\_\_ Southland Championships (5/14)

### Javelin

26.71m (85-10) \_\_\_\_\_ 13th \_\_\_\_\_ Victor Lopez Invite (3/27)  
30.13m (98-10) \_\_\_\_\_ 15th\* \_\_\_\_\_ Texas Relays (4/1)  
29.23m (95-10) \_\_\_\_\_ 7th \_\_\_\_\_ Texas State Triangular (4/24)  
31.35m (102-10) \_\_\_\_\_ 7th\* \_\_\_\_\_ Southland Championships (5/15)

### Heptathlon

4,551 \_\_\_\_\_ 19th \_\_\_\_\_ Texas Relays (3/31-4/1)  
4,356 \_\_\_\_\_ 10th \_\_\_\_\_ Southland Championships (5/14-15)

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## Brooke Townzen

### Javelin

34.12m (111-11) \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Open (3/5)  
33.55m (110-1) \_\_\_\_\_ 4th \_\_\_\_\_ Victor Lopez Invite (3/27)  
35.74m (117-3) \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
33.97m (111-5) \_\_\_\_\_ 4th \_\_\_\_\_ Texas State Triangular (4/24)  
31.68m (103-11) \_\_\_\_\_ 22nd \_\_\_\_\_ Southland Championships (5/14)

### Pole vault

3.50m (11-5.75) \_\_\_\_\_ 6th \_\_\_\_\_ Victor Lopez Invite (3/27)  
3.40m (11-1.75) \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Tigers Relays (4/2)  
3.40m (11-1.75) \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
3.30m (10-10) \_\_\_\_\_ 9th \_\_\_\_\_ Southland Championships (5/15)

## Brantley Vaughan

### 200 meters

26.57 \_\_\_\_\_ 41st \_\_\_\_\_ Victor Lopez Invite (3/27)

### 100-meter hurdles

15.57 \_\_\_\_\_ 11th \_\_\_\_\_ Victor Lopez Invite (3/27)

## Nicole Washington

### 100 meters

12.56 \_\_\_\_\_ 14th \_\_\_\_\_ Victor Lopez Invite (3/27)  
12.22w \_\_\_\_\_ 48th (p) \_\_\_\_\_ Texas Relays (4/2)  
12.30w \_\_\_\_\_ 3rd (p) \_\_\_\_\_ Trinity Alumni Classic (4/10)  
12.42 \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
12.32 \_\_\_\_\_ 8th \_\_\_\_\_ Mt. SAC Relays (4/16)  
12.56 \_\_\_\_\_ 33rd \_\_\_\_\_ Texas Invitational (5/1)

### 200 meters

26.38 \_\_\_\_\_ 39th \_\_\_\_\_ Victor Lopez Invite (3/27)  
25.79 \_\_\_\_\_ 7th \_\_\_\_\_ Texas State Triangular (4/24)  
25.81 \_\_\_\_\_ 45th \_\_\_\_\_ Texas Invitational (5/1)

## Taelor Wilson

### Shot put

10.13m (33-3) \_\_\_\_\_ 11th \_\_\_\_\_ Trinity Open (3/5)  
9.94m (32-7.5) \_\_\_\_\_ 21st \_\_\_\_\_ Victor Lopez Invite (3/27)  
9.94m (32-7.5) \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Tigers Relays (4/2)  
10.39m (34-1.25) \_\_\_\_\_ 6th \_\_\_\_\_ Trinity Alumni Classic (4/10)  
10.34m (33-11.25) \_\_\_\_\_ 8th \_\_\_\_\_ Texas State Triangular (4/24)

### Hammer

44.29m (145-4) \_\_\_\_\_ 3rd \_\_\_\_\_ Trinity Open (3/5)  
44.53m (146-1) \_\_\_\_\_ 6th \_\_\_\_\_ Victor Lopez Invite (3/27)  
46.71m (153-3) \_\_\_\_\_ 2nd \_\_\_\_\_ Trinity Alumni Classic (4/10)  
44.53m (146-1) \_\_\_\_\_ 3rd \_\_\_\_\_ Texas State Triangular (4/23)  
43.27m (141-11) \_\_\_\_\_ 9th \_\_\_\_\_ Texas Invitational (5/1)  
45.12m (148-0) \_\_\_\_\_ 8th \_\_\_\_\_ Southland Championships (5/14)

\* combined event