

# 2009 UTSA WOMEN'S TRACK & FIELD INDOOR BESTS

@ - NCAA automatic qualifier • # - NCAA provisional qualifier • p - preliminary • s - semifinal • a - altitude • b - banked track • ^ - oversized track • \$ - school record

## 60 Meters

7.67 \_\_\_\_\_ Ashley Jackson \_\_\_\_\_ SLC Indoor (2/20)  
7.84 \_\_\_\_\_ Shanelle Slaughter \_\_\_\_\_ SLC Indoor (2/20)  
8.01 \_\_\_\_\_ Danielle Davenport \_\_\_\_\_ SLC Indoor (2/20)  
\$ - 7.45, *Rosalind Holmes, 2005*

## 200 Meters

24.81 \_\_\_\_\_ Ashley Jackson \_\_\_\_\_ SLC Indoor (2/20)  
26.18b \_\_\_\_\_ Danielle Davenport \_\_\_\_\_ Cherry & Silver Inv. (1/24)  
26.52b \_\_\_\_\_ Kayla Thomas \_\_\_\_\_ Cherry & Silver Inv. (1/24)  
26.99 \_\_\_\_\_ Shavonne Armbrister \_\_\_\_\_ Houston Inv. (1/31)  
27.42 \_\_\_\_\_ Celeste Smoote \_\_\_\_\_ Houston Inv. (1/31)  
\$ - 23.04, *Tameka Roberts, 1998*

## 400 Meters

58.59 \_\_\_\_\_ Rebecca Crain \_\_\_\_\_ SLC Indoor (2/20)  
58.77 \_\_\_\_\_ Shavonne Armbrister \_\_\_\_\_ New Balance Inv. (2/7)  
1:02.23 \_\_\_\_\_ Celeste Smoote \_\_\_\_\_ SLC Indoor (2/20)  
\$ - 54.86, *Portia Matthews, 1993*

## 800 Meters

2:09.25^ \_\_\_\_\_ Dana Mecke \_\_\_\_\_ Iowa State Qualifier (3/7)  
2:14.87 \_\_\_\_\_ Jayde James \_\_\_\_\_ SLC Indoor (2/21)  
2:27.04 \_\_\_\_\_ Rebecca Crain \_\_\_\_\_ Houston Inv. (1/31)  
2:31.19 \_\_\_\_\_ Cuca Jimenez \_\_\_\_\_ SLC Indoor (2/20)  
2:32.61 \_\_\_\_\_ Aimee Jonas \_\_\_\_\_ SLC Indoor (2/20)  
\$ - 2:06.05, *Katie Poindexter, 2003*

## Mile

4:56.64 \_\_\_\_\_ Dana Mecke \_\_\_\_\_ Houston Inv. (1/31)  
5:16.70 \_\_\_\_\_ Kayla Pratt \_\_\_\_\_ Hilton Memorial (1/16)  
5:21.24 \_\_\_\_\_ Jayde James \_\_\_\_\_ Houston Inv. (1/31)  
\$ - 4:50.73, *Katie Poindexter, 2003*

## 5,000 Meters

17:31.34 \_\_\_\_\_ Kayla Pratt \_\_\_\_\_ SLC Indoor (2/20)  
\$ - 17:23.45, *Meg Harris, 1996*

## 60-Meter Hurdles

8.48 \_\_\_\_\_ Jessica Jones \_\_\_\_\_ SLC Indoor (2/21)  
9.23 \_\_\_\_\_ Aimee Jonas \_\_\_\_\_ Houston Inv. (1/31)  
\$ - 8.44, *Ryanne Dupree, 2006*

## 1,600-Meter Relay

3:55.02b (4th) \_\_\_\_\_ Shavonne Armbrister, \_\_\_\_\_ Cherry & Silver Inv. (1/24)  
\_\_\_\_\_ Jessica Jones, Dana Mecke, Rebecca Crain  
3:58.47 (7th) \_\_\_\_\_ Shavonne Armbrister, \_\_\_\_\_ SLC Indoor (2/21)  
\_\_\_\_\_ Jessica Jones, Kayla Thomas, Ashley Jackson  
4:05.47 (20th) \_\_\_\_\_ UTSA \_\_\_\_\_ Houston Inv. (1/31)  
4:12.29 (14th) \_\_\_\_\_ Kayla Thomas, \_\_\_\_\_ Hilton Memorial (1/16)  
\_\_\_\_\_ Shavonne Armbrister, Celeste Smoote, Jessica Jones  
\$ - 3:43.70 (*D. Smith, R. Dupree, L. Sidney, R. Holmes*), 2005

## Distance Medley Relay

12:15.90 (1st) \_\_\_\_\_ Kayla Pratt, \_\_\_\_\_ SLC Indoor (2/20)  
\_\_\_\_\_ Rebecca Crain, Jayde James, Dana Mecke  
13:23.33 (9th) \_\_\_\_\_ Kayla Pratt \_\_\_\_\_ Hilton Memorial (1/16)  
\_\_\_\_\_ Rebecca Crain, Jayde James, Cuca Jimenez  
\$ - 11:49.57 (*M. Chance, C. Wright, L. Gilkes, L. Cerna*), 2004

## High Jump

1.64m (5-4.5) \_\_\_\_\_ Aimee Jonas \_\_\_\_\_ Houston Inv. (1/31)  
\$ - 1.77m (5-9.75), *Lynse Leal, 1995*

## Pole Vault

3.30m (10-10) \_\_\_\_\_ Lindsey Nguyen \_\_\_\_\_ Cherry & Silver Inv. (1/24)  
\$ - 3.30m (10-10), *Lindsey Nguyen*

## Long Jump

5.34m (17-6.25) \_\_\_\_\_ Kayla Thomas \_\_\_\_\_ SLC Indoor (2/20)  
5.30m (17-4.75) \_\_\_\_\_ Shanelle Slaughter \_\_\_\_\_ SLC Indoor (2/20)  
5.11m (16-9.25) \_\_\_\_\_ Aimee Jonas \_\_\_\_\_ Cherry & Silver Inv. (1/24)  
\$ - 6.20m (20-4.5), *Morgan Moszee, 2006*

## Triple Jump

11.61m (38-1.25) \_\_\_\_\_ Rebekah Hill \_\_\_\_\_ Houston Inv. (1/31)  
\$ - 12.67m (41-7), *Portia Matthews, 1992*

## Shot Put

8.76m (28-9) \_\_\_\_\_ Aimee Jonas \_\_\_\_\_ SLC Indoor (2/20)  
\$ - 13.79m (45-3), *Kim Bush, 1993*

## Weight Throw

15.22m (49-11.25) \_\_\_\_\_ Taelor Wilson \_\_\_\_\_ Houston Inv. (1/31)  
13.59m (44-7) \_\_\_\_\_ Amber Byars \_\_\_\_\_ SLC Indoor (2/20)  
\$ - 15.87m (52-1), *Natasha Ramos, 2006*

## Pentathlon

3,233 \_\_\_\_\_ Aimee Jonas \_\_\_\_\_ SLC Indoor (2/20)  
\$ - 4,193, *Ryanne Dupree, 2006*

# 2009 UTSA WOMEN'S TRACK & FIELD INDOOR PROGRESSIONS

@ - NCAA automatic qualifier • # - NCAA provisional qualifier • p - preliminary • s - semifinal • a - altitude • b - banked track • ^ - oversized track • \$ - school record

## Shavonne Ambrister

### 200 Meters

26.99 \_\_\_\_\_ 19th \_\_\_\_\_ Houston Inv. (1/31)

### 400 Meters

1:00.93 \_\_\_\_\_ 13th \_\_\_\_\_ Hilton Memorial (1/16)

59.24b \_\_\_\_\_ 19th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

58.77 \_\_\_\_\_ 74th \_\_\_\_\_ New Balance Inv. (2/7)

59.46 \_\_\_\_\_ 16th (p) \_\_\_\_\_ SLC Indoor (2/20)

## Amber Byars

### Weight Throw

12.84m (42-1.5) \_\_\_\_\_ 18th \_\_\_\_\_ Hilton Memorial (1/16)

12.66m (41-6.5) \_\_\_\_\_ 19th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

13.59m (44-7) \_\_\_\_\_ 11th \_\_\_\_\_ SLC Indoor (2/20)

## Rebecca Crain

### 400 Meters

1:00.11b \_\_\_\_\_ 24th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

59.87 \_\_\_\_\_ 14th \_\_\_\_\_ UH All-Comers (2/7)

58.59 \_\_\_\_\_ 7th (p) \_\_\_\_\_ SLC Indoor (2/20)

59.25 \_\_\_\_\_ 7th \_\_\_\_\_ SLC Indoor (2/21)

### 800 Meters

2:28.83 \_\_\_\_\_ 29th \_\_\_\_\_ Hilton Memorial (1/16)

2:27.04 \_\_\_\_\_ 29th \_\_\_\_\_ Houston Inv. (1/31)

## Danielle Davenport

### 60 Meters

8.15 \_\_\_\_\_ 47th (p) \_\_\_\_\_ Hilton Memorial (1/16)

8.04 \_\_\_\_\_ 39th (p) \_\_\_\_\_ Houston Inv. (1/31)

8.01 \_\_\_\_\_ 22nd (p) \_\_\_\_\_ SLC Indoor (2/20)

### 200 Meters

26.18b \_\_\_\_\_ 22nd \_\_\_\_\_ Cherry & Silver Inv. (1/24)

## Rebekah Hill

### Triple Jump

11.41m (37-5.25) \_\_\_\_\_ 14th \_\_\_\_\_ Hilton Memorial (1/16)

11.59m (38-0.25) \_\_\_\_\_ 7th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

11.61m (38-1.25) \_\_\_\_\_ 11th \_\_\_\_\_ Houston Inv. (1/31)

11.51m (37-9.25) \_\_\_\_\_ 6th \_\_\_\_\_ SLC Indoor (2/21)

## Ashley Jackson

### 60 Meters

7.85 \_\_\_\_\_ 18th (p) \_\_\_\_\_ Houston Inv. (1/31)

7.67 \_\_\_\_\_ 6th (p) \_\_\_\_\_ SLC Indoor (2/20)

7.74 \_\_\_\_\_ 5th \_\_\_\_\_ SLC Indoor (2/21)

### 200 Meters

26.15 \_\_\_\_\_ 6th \_\_\_\_\_ Hilton Memorial (1/16)

24.91b \_\_\_\_\_ 9th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

24.81 \_\_\_\_\_ 3rd (p) \_\_\_\_\_ SLC Indoor (2/20)

24.83 \_\_\_\_\_ 4th \_\_\_\_\_ SLC Indoor (2/21)

## Jayde James

### 800 Meters

2:21.50 \_\_\_\_\_ 9th \_\_\_\_\_ Hilton Memorial (1/16)

2:17.68 \_\_\_\_\_ 2nd \_\_\_\_\_ UH All-Comers (2/7)

2:20.29 \_\_\_\_\_ 3rd (p) \_\_\_\_\_ SLC Indoor (2/20)

2:14.87 \_\_\_\_\_ 3rd \_\_\_\_\_ SLC Indoor (2/21)

### Mile

5:21.24 \_\_\_\_\_ 10th \_\_\_\_\_ Houston Inv. (1/31)

## Cuca Jimenez

### 800 Meters

2:35.24 \_\_\_\_\_ 36th \_\_\_\_\_ Hilton Memorial (1/16)

2:31.39 \_\_\_\_\_ 38th \_\_\_\_\_ Houston Inv. (1/31)

2:31.19 \_\_\_\_\_ 24th (p) \_\_\_\_\_ SLC Indoor (2/20)

## Aimee Jonas

### 60 Meter Hurdles

9.31a \_\_\_\_\_ 19th (p) \_\_\_\_\_ Cherry & Silver Inv. (1/24)

9.23 \_\_\_\_\_ 2nd\* \_\_\_\_\_ Houston Inv. (1/31)

9.37 \_\_\_\_\_ 6th\* \_\_\_\_\_ SLC Indoor (2/20)

### 800 Meters

2:39.52 \_\_\_\_\_ 5th\* \_\_\_\_\_ Houston Inv. (1/31)

2:32.61 \_\_\_\_\_ 5th\* \_\_\_\_\_ SLC Indoor (2/20)

### High Jump

1.55m (5-1) \_\_\_\_\_ 14th \_\_\_\_\_ Hilton Memorial (1/16)

1.60m (5-3) \_\_\_\_\_ 10th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

1.64m (5-4.5) \_\_\_\_\_ 4th\* \_\_\_\_\_ Houston Inv. (1/31)

1.59m (5-2.5) \_\_\_\_\_ 8th\* \_\_\_\_\_ SLC Indoor (2/20)

NH \_\_\_\_\_ — \_\_\_\_\_ SLC Indoor (2/20)

### Long Jump

5.11m (16-9.25) \_\_\_\_\_ 14th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

5.05m (16-7) \_\_\_\_\_ 5th\* \_\_\_\_\_ Houston Inv. (1/31)

5.02m (16-5.75) \_\_\_\_\_ 8th\* \_\_\_\_\_ SLC Indoor (2/20)

### Shot Put

8.42m (27-7.5) \_\_\_\_\_ 12th\* \_\_\_\_\_ Houston Inv. (1/31)

8.76m (28-9) \_\_\_\_\_ 13th\* \_\_\_\_\_ SLC Indoor (2/20)

### Pentathlon

3,223 \_\_\_\_\_ 4th \_\_\_\_\_ Houston Inv. (1/31)

3,233 \_\_\_\_\_ 8th \_\_\_\_\_ SLC Indoor (2/20)

## Jessica Jones

### 60 Meter Hurdles

8.76 \_\_\_\_\_ 5th (p) \_\_\_\_\_ Hilton Memorial (1/16)

8.70a \_\_\_\_\_ 6th (p) \_\_\_\_\_ Cherry & Silver Inv. (1/24)

8.68a \_\_\_\_\_ 5th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

8.66 \_\_\_\_\_ 22nd \_\_\_\_\_ New Balance Inv. (2/7)

8.67 \_\_\_\_\_ 2nd (p) \_\_\_\_\_ SLC Indoor (2/20)

8.48 \_\_\_\_\_ 1st \_\_\_\_\_ SLC Indoor (2/21)

## Dana Mecke

### 800 Meters

2:14.67b \_\_\_\_\_ 3rd \_\_\_\_\_ Cherry & Silver Inv. (1/24)

2:14.69 \_\_\_\_\_ 2nd \_\_\_\_\_ Houston Inv. (1/31)

2:18.13 \_\_\_\_\_ 2nd (p) \_\_\_\_\_ SLC Indoor (2/20)

2:13.00 \_\_\_\_\_ 1st \_\_\_\_\_ SLC Indoor (2/21)

2:09.25^ \_\_\_\_\_ 4th \_\_\_\_\_ Iowa State Qualifier (3/7)

### Mile

4:58.26 \_\_\_\_\_ 4th \_\_\_\_\_ Hilton Memorial (1/16)

4:56.64 \_\_\_\_\_ 2nd \_\_\_\_\_ Houston Inv. (1/31)

5:20.07 \_\_\_\_\_ 4th (p) \_\_\_\_\_ SLC Indoor (2/20)

5:00.35 \_\_\_\_\_ 1st \_\_\_\_\_ SLC Indoor (2/21)

## Lindsey Nguyen

### Pole Vault

3.15m (10-4) \_\_\_\_\_ 13th \_\_\_\_\_ Hilton Memorial (1/16)

3.30m (10-10) \_\_\_\_\_ 4th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

3.20m (10-6) \_\_\_\_\_ T-12th \_\_\_\_\_ SLC Indoor (2/21)

# 2009 UTSA WOMEN'S TRACK & FIELD INDOOR PROGRESSIONS

@ - NCAA automatic qualifier • # - NCAA provisional qualifier • p - preliminary • s - semifinal • a - altitude • b - banked track • ^ - oversized track • \$ - school record

## Kayla Pratt

### Mile

5:16.70 \_\_\_\_\_ 13th \_\_\_\_\_ Hilton Memorial (1/16)  
5:18.83b \_\_\_\_\_ 5th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

### 5000 Meters

17:47.68 \_\_\_\_\_ 1st \_\_\_\_\_ Houston Inv. (1/31)  
17:31.34 \_\_\_\_\_ 2nd \_\_\_\_\_ SLC Indoor (2/20)

## Shanelle Slaughter

### 60 Meters

8.01 \_\_\_\_\_ 34th (p) \_\_\_\_\_ Hilton Memorial (1/16)  
7.92 \_\_\_\_\_ 26th (p) \_\_\_\_\_ Houston Inv. (1/31)  
7.97 \_\_\_\_\_ 24th(p) \_\_\_\_\_ UH All-Comers (2/7)  
7.84 \_\_\_\_\_ 12th (p) \_\_\_\_\_ SLC Indoor (2/20)

### Long Jump

5.03m (16-6) \_\_\_\_\_ 15th "B" \_\_\_\_\_ Hilton Memorial (1/16)  
5.22m (17-1.5) \_\_\_\_\_ 18th \_\_\_\_\_ Houston Inv. (1/31)  
5.30m (17-4.75) \_\_\_\_\_ 13th \_\_\_\_\_ SLC Indoor (2/20)

## Celeste Smoote

### 200 Meters

27.42 \_\_\_\_\_ 27th \_\_\_\_\_ Houston Inv. (1/31)

### 400 Meters

1:03.99 \_\_\_\_\_ 39th \_\_\_\_\_ Hilton Memorial (1/16)  
1:03.38b \_\_\_\_\_ 33rd \_\_\_\_\_ Cherry & Silver Inv. (1/24)  
1:02.23 \_\_\_\_\_ 30th (p) \_\_\_\_\_ SLC Indoor (2/20)

## Kayla Thomas

### 200 Meters

26.52b \_\_\_\_\_ 30th \_\_\_\_\_ Cherry & Silver Inv. (1/24)

### Long Jump

5.10m (16-8.75) \_\_\_\_\_ 12th "B" \_\_\_\_\_ Hilton Memorial (1/16)  
4.92m (16-1.75) \_\_\_\_\_ 16th \_\_\_\_\_ Cherry & Silver Inv. (1/24)  
5.17m (16-11.5) \_\_\_\_\_ 19th \_\_\_\_\_ Houston Inv. (1/31)  
5.34m (17-6.25) \_\_\_\_\_ 11th \_\_\_\_\_ SLC Indoor (2/20)

## Taelor Wilson

### Weight Throw

14.46m (47-5.25) \_\_\_\_\_ 10th \_\_\_\_\_ Hilton Memorial (1/16)  
13.49m (44-3.25) \_\_\_\_\_ 16th \_\_\_\_\_ Cherry & Silver Inv. (1/24)  
15.22m (49-11.25) \_\_\_\_\_ 8th \_\_\_\_\_ Houston Inv. (1/31)  
14.70m (48-2.75) \_\_\_\_\_ 6th \_\_\_\_\_ SLC Indoor (2/20)