

2005 UTSA Women's Track & Field Outdoor Bests

% - NCAA regional qualifier • @ - NCAA automatic qualifier • # - NCAA provisional qualifier • w - wind-aided (+2.1-4.0 m/s) • wi - wind-aided illegal (+4.1 m/s) • a - altitude
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100 Meters

r: 11.75

Rosalind Holmes 11.51w% Whataburger Relays (3/18)
Morgan Moszee 11.82 Spira Invitational (4/16)
Latasha Sinclair 12.33 SLC Championships (5/14)
Brittany Epps 12.89 Trinity Inv. (3/5)
Ashley Copeland 12.97 Trinity Inv. (3/5)
Crystal Ward 13.19w Spira Invitational (4/16)
\$ - 11.25, *Tameka Roberts, 1997*

200 Meters

r: 23.96

Rosalind Holmes 23.38 Midwest Regional (5/27)
Morgan Moszee 24.20 SLC Championships (5/15)
Ryenne Dupree 24.48 NCAA Championships (6/10)
Latasha Sinclair 24.94wi Spira Invitational (4/16)
Brittany Epps 25.32wi Spira Invitational (4/16)
Ashley Allen 26.22 Whataburger Relays (3/18)
Kandace Traywick 26.90 SLC Championships (5/13)
Rikki Gray 27.05w Bobcat Open (3/11)
Crystal Ward 28.26wi Spira Invitational (4/16)
\$ - 22.94, *Tameka Roberts, 1996*

400 Meters

r: 54.61

Diane Smith 57.22 Whataburger Relays (3/19)
Chonna Wright 1:00.34 Bobcat Open (3/11)
Lyndsey Sidney 1:00.65 Texas Invitational (3/26)
Brittany Epps 1:01.70 SLC Championships (5/14)
Amanda Barbosa 1:02.64 Whataburger Relays (3/18)
\$ - 54.10, *Andrea Johnson, 2002*

800 Meters

r: 2:09.80

Diane Smith 2:12.79 SLC Championships (5/15)
Meghan Chance 2:14.06 Michael Johnson (4/23)
Rita Lambert 2:19.83 Whataburger Relays (3/18)
Veronica Silva 2:20.04 Texas Invitational (3/26)
Chonna Wright 2:20.53 Texas Invitational (3/26)
Ryenne Dupree 2:20.54 NCAA Championships (6/11)
Ashley Allen 2:21.46 Whataburger Relays (3/19)
Brianna Mendez 2:25.92 Whataburger Relays (3/18)
Anne Marie Hollowell 2:26.86 Whataburger Relays (3/18)
Amanda Barbosa 2:28.87 Trinity Inv. (3/5)
Kandace Traywick 2:39.01 Whataburger Relays (3/19)
\$ - 2:08.06, *Cindy Dunagin, 1990*

1,500 Meters

r: 4:27.80

Rita Lambert 4:41.67 Mt. SAC Relays (4/15)
Meghan Chance 4:43.15 Mt. SAC Relays (4/15)
Brianna Mendez 4:59.25 Whataburger Relays (3/19)
Veronica Silva 5:01.87 Whataburger Relays (3/19)
Anne Marie Hollowell 5:04.11 Michael Johnson (4/23)
\$ - 4:27.61, *Paula Wiese, 1987*

2,000-Meter Steeplechase

Not an NCAA event

Karilyn Petty 7:51.07 Texas Invitational (3/26)

3,000 Meters

Not an NCAA event

Brianna Mendez 10:47.64 Bobcat Open (3/11)
Karilyn Petty 11:00.00 Whataburger Relays (3/18)
Ashley McDonald 11:05.09 Texas Invitational (3/26)
\$ - 9:05.98, *Jody Dunston, 1989*

3,000-Meter Steeplechase

r: 10:52.10

Karilyn Petty 11:38.71 SLC Championships (5/14)
\$ - 10:47.54, *Leticia Cerna, 2004*

5,000 Meters

r: 16:52.00

Ashley McDonald 18:26.14 Michael Johnson (4/23)
Brianna Mendez 19:29.94 Michael Johnson (4/23)
\$ - 15:57.1, *Jody Dunston, 1989*

10,000 Meters

a: 34:10.00 / p: 35:15.00

Ashley McDonald 40:20.59 SLC Championships (5/13)
\$ - 32:47.9, *Jody Dunston, 1989*

100-Meter Hurdles

r: 13.95

Ryenne Dupree 13.34wi Spira Invitational (4/16)
Ryenne Dupree 13.50 Midwest Regional (5/27)
Lyndsey Sidney 13.90w% Whataburger Relays (3/18)
Demetria Holmes 14.43 Bobcat Open (3/11)
Ashley Allen 14.94wi Spira Invitational (4/16)
Kandace Traywick 14.96 SLC Championships (5/13)
\$ - 13.36, *Tiffany Talbert, 2000*

400-Meter Hurdles

r: 1:00.82

Lyndsey Sidney 59.79% SLC Championships (5/15)
Demetria Holmes 1:02.15 SLC Championships (5/14)
Kari Michalik 1:04.07 SLC Championships (5/14)
Ashley Allen 1:06.14 SLC Championships (5/14)
Rikki Gray 1:12.65 Texas Invitational (3/26)
\$ - 59.76, *Valicia Henderson, 1992*

4x100-Meter Relay

r: 45.80

Morgan Moszee, 45.39% (1st) ... SLC Championships (5/15)
Ryenne Dupree, Lindsey Sidney, Rosalind Holmes
Morgan Moszee, 45.77 (10th) Midwest Regional (5/270)
Ryenne Dupree, Lyndsey Sidney, Rosalind Holmes
UTSA 45.96 (2nd) Michael Johnson (4/23)
UTSA 46.32 (2nd) Spira Invitational (4/16)
UTSA 46.63 (27th) Texas Relays (4/8)
Brittany Epps, 46.89 (15th) Drake Relays (4/29-30)
Morgan Moszee, Latasha Sinclair, Rosalind Holmes
Morgan Moszee, 46.91 (2nd) Whataburger Relays (3/19)
Latasha Sinclair, Brittany Epps, Rosalind Holmes
UTSA 47.22 (2nd) Texas Invitational (3/26)
UTSA "A" 48.54 (1st) Trinity Inv. (3/5)
UTSA "A" 48.74 (3rd) Bobcat Open (3/11)
UTSA "B" 49.35 (3rd) Trinity Inv. (3/5)
\$ - 45.31 (*LeZama, Matthews, Williams, Roberts*), 1996

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4x200-Meter Relay

Not an NCAA event

Morgan Moszee, 1:37.43 (1st) ... Whataburger Relays (3/19)
Latasha Sinclair, Brittany Epps, Rosalind Holmes
Morgan Moszee, 1:37.43 (5th) Drake Relays (4/29-30)
Latasha Sinclair, Ryanne Dupree, Rosalind Holmes
Latasha Sinclair, 1:37.70 (4th) Texas Relays (4/9)
Morgan Moszee, Brittany Epps, Rosalind Holmes

4x400-Meter Relay

r: 3:42.00

Diane Smith, 3:45.48 (14th) Drake Relays (4/29-30)
Morgan Moszee, Lyndsey Sidney, Rosalind Holmes
UTSA 3:47.49 (34th) Texas Relays (4/8)
UTSA 3:47.78 (2nd) Spira Invitational (4/16)
Diane Smith, 3:48.60 (2nd) .. Whataburger Relays (3/19)
Morgan Moszee, Lyndsey Sidney, Rosalind Holmes
UTSA "A" 3:57.47 (4th) Bobcat Open (3/11)
UTSA "A" 4:02.05 (1st) Trinity Inv. (3/5)
UTSA "B" 4:05.78 (5th) Bobcat Open (3/11)
UTSA "B" 4:08.43 (2nd) Trinity Inv. (3/5)
\$ - 3:34.05 (Matthews, Booker, King, Addison), 2002

Shuttle Hurdle Relay

Not an NCAA event

Ryanne Dupree, 57.87 Drake Relays (4/29-30)
Ashley Allen, Kandace Traywick, Demetria Holmes
UTSA 1:03.03 Whataburger Relays (3/19)

High Jump

r: 1.75m (5-8.75)

Ryanne Dupree 1.69m (5-6.5) ... NCAA Championships (6/10)
Ashley Allen 1.66m (5-5.25) SLC Championships (5/13)
Rikki Gray 1.65m (5-5) SLC Championships (5/14)
Kandace Traywick 1.61m (5-3.25) Dogwood Inv. (4/15-16)
\$ - 5-11.25, Lynse Leal, 1996

Long Jump

r: 5.95m (19-6.25)

Morgan Moszee 6.21m% (20-4.5) .. SLC Championships (5/14)
Ryanne Dupree 6.07mw% (19-11) Spira Invitational (4/16)
Brittany Epps 5.56mw (18-3) Texas Invitational (3/26)
Ashley Allen 5.53mw (18-1.75) Spira Invitational (4/16)
Kandace Traywick 5.25m (17-2.75) Trinity Inv. (3/5)
\$ - 21-10.5, Tameka Roberts, 1994

Triple Jump

r: 12.26m (40-2.75)

Morgan Moszee 11.86m (38-11) SLC Championships (5/15)
Ashley Allen 11.42mw (37-5.75) . SLC Championships (5/15)
Demetria Holmes 11.31m (37-1.25) Bobcat Open (3/11)
Brittany Epps 10.87m (35-8) Bobcat Open (3/11)
\$ - 42-7, Kristin Gran, 1984

Shot Put

r: 14.30m (46-11)

Tasha Ramos 13.33m (43-9) SLC Championships (5/14)
Sonya Strya 11.58m (38-0) Trinity Inv. (3/5)
Ryanne Dupree 11.34m (37-2.5) .. NCAA Championships (6/10)
Kandace Traywick 10.70m (35-1.25) Trinity Inv. (3/5)
Ashley Allen 10.71m (35-1.75) . Whataburger Relays (3/18)
\$ - 49-10, Kim Bush, 1994

Discus

r: 47.30m (155-2)

Tasha Ramos 45.16m (148-2) Bobcat Open (3/11)
Sonya Strya 38.64m (126-9) Bobcat Open (3/11)
Elizabeth Miller 37.89m (124-4) Texas Invitational (3/26)
\$ - 155-10, Edie Christian, 2003

Hammer

r: 54.15 (177-8)

Tasha Ramos 39.99m (131-2) Texas Invitational (3/26)
Sonya Strya 36.76m (120-7) Spira Invitational (4/16)

Javelin

r: 43.15m (141-7)

Chelsea Malina 39.55m (129-9) ... Whataburger Relays (3/18)
Ashley Allen 35.85m (117-7) Texas Invitational (3/26)
Ryanne Dupree 34.59m (113-6) Texas Invitational (3/26)
Kandace Traywick 33.32m (109-4) Michael Johnson (4/23)
Brittany Epps 31.74m (104-1) Trinity Inv. (3/5)
Sonya Strya 29.08m (95-5) Bobcat Open (3/11)
\$ - 142-8, Karen Wilkinson, 1990

Heptathlon

a: 5,500 / p: 5,000

Ryanne Dupree 5,575\$ SLC Championships (5/13-14)
Ashley Allen 4,871 SLC Championships (5/13-14)
Kandace Traywick 4,380 Dogwood Inv. (4/15-16)
\$ - 5,575, Ryanne Dupree, 2005

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Ashley Allen

200 Meters

26.22w (+2.6)	9th	Bobcat Open (3/11)
26.22 (+1.6)	—	Whataburger Relays (3/18)
26.43 (+1.7)	10th	Texas Invitational (3/26)
26.52 (-2.5)	—	Texas Relays (4/7)
26.31 (-1.0)	—	Drake Relays (4/27)
26.45 (+1.9)	—	SLC Championships (5/13)
26.85 (-1.3)	—	USA Juniors (6/23)

800 Meters

2:21.46	—	Whataburger Relays (3/19)
2:28.88	—	Texas Relays (4/7)
2:21.66	—	Drake Relays (4/28)
2:26.74	—	SLC Championships (5/14)
2:24.14	—	USA Juniors (6/23)

100-Meter Hurdles

15.06 (+0.8)	5th	Bobcat Open (3/11)
15.37 (+2.0)	—	Whataburger Relays (3/18)
15.60 (+1/4)	8th	Texas Invitational (3/26)
15.10w (+3.3)	—	Texas Relays (4/6)
14.94wi (+4.5)	5th	Spira Invitational (4/16)
15.19 (+0.6)	p	Michael Johnson (4/23)
15.33w (+3.1)	—	Drake Relays (4/27)
15.05w (+2.4)	—	SLC Championships (5/13)
15.04 (-2.2)	—	USA Juniors (6/23)

400-Meter Hurdles

1:06.14	p	SLC Championships (5/14)
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High Jump

1.61m (5-3.25)	—	Whataburger Relays (3/18)
1.59m (5-2.5)	T-1st	Texas Invitational (3/26)
1.63m (5-4.25)	—	Texas Relays (4/6)
1.65m (5-5)	T-2nd	Spira Invitational (4/16)
1.60m (5-3)	10th	Michael Johnson (4/23)
1.60m (5-3)	—	Drake Relays (4/27)
1.66m (5-5.25)	—	SLC Championships (5/13)
1.66m (5-5.25)	—	USA Juniors (6/23)

Long Jump

5.11m (16-9.25)	—	Whataburger Relays (3/19)
5.22mw (17-1.5)	4th	Texas Invitational (3/26)
5.18mwi (+5.2)	—	Texas Relays (4/7)
5.53mw (18-1.75)	6th	Spira Invitational (4/16)
5.23m (17-2)	11th	Michael Johnson (4/23)
5.23m (17-2)	—	Drake Relays (4/28)
5.35m (17-6.75)	—	SLC Championships (5/14)
5.10m (16-8.75)	—	USA Juniors (6/24)

Triple Jump

11.42mw (37-5.75)	11th	SLC Championships (5/15)
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Shot Put

10.71m (35-1.75)	—	Whataburger Relays (3/18)
10.58m (34-8.5)	—	Texas Relays (4/6)
10.32m (33-10.25)	9th	Spira Invitational (4/16)
9.64m (31-7.5)	—	Drake Relays (4/27)
10.21m (33-6)	—	SLC Championships (5/13)
10.01m (32-10.25)	—	USA Juniors (6/23)

Javelin

33.02m (108-4)	3rd	Bobcat Open (3/11)
26.42m (86-8)	—	Whataburger Relays (3/19)
35.85m (117-7)	2nd	Texas Invitational (3/26)
34.11m (111-11)	—	Texas Relays (4/7)
34.75m (114-0)	4th	Spira Invitational (4/16)
33.22m (109-0)	—	Drake Relays (4/28)
33.22m (109-0)	—	SLC Championships (5/14)
33.69m (110-6)	—	USA Juniors (6/24)

Heptathlon

4,696	1st	Whataburger Relays (3/18-19)
4,789	12th	Texas Relays (4/6-7)
4,773	11th	Drake Relays (4/27-28)
4,871	4th	SLC Championships (5/13-14)
4,798	4th	USA Juniors (6/23-24)

Amanda Barbosa

400 Meters

1:03.25	7th	Bobcat Open (3/11)
1:02.64	3rd	Whataburger Relays (3/19)

800 Meters

2:28.87	4th	Trinity Inv. (3/5)
2:36.03	10th	Texas Invitational (3/26)
2:39.34	17th	Michael Johnson (4/23)

Meghan Chance

800 Meters

2:16.15	1st	Bobcat Open (3/11)
2:15.05	2nd	Whataburger Relays (3/18)
2:17.07	27th	Long Beach Inv. (4/16)
2:14.06	15th	Michael Johnson (4/23)
2:15.18	p	SLC Championships (5/14)
2:14.26	5th	SLC Championships (5/15)

1,500 Meters

4:45.11	2nd	Trinity Inv. (3/5)
4:46.63	2nd	Whataburger Relays (3/19)
4:46.31	3rd	Texas Invitational (3/26)
5:02.79	15th	Texas Relays (4/6)
4:43.15	30th	Mt. SAC Relays (4/15)

Ashley Copeland

100 Meters

12.97 (-0.8)	5th	Trinity Inv. (3/5)
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200 Meters

DNF	—	Trinity Inv. (3/5)
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Ryanne Dupree

200 Meters

24.74 (+0.2)	—	Texas Relays (4/6)
24.83 (-1.0)	—	Drake Relays (4/27)
24.69 (+1.9)	—	SLC Championships (5/13)
24.48 (-0.9)	—	NCAA Championships (6/10)
25.09 (-2.2)	—	USA Championships (6/25)

800 Meters

2:24.21	—	Texas Relays (4/6)
2:21.00	—	Drake Relays (4/28)
2:22.33	—	SLC Championships (5/14)
2:20.54	—	NCAA Championships (6/11)
2:21.66	—	USA Championships (6/26)

100-Meter Hurdles

13.82w% (+2.3)	p	Whataburger Relays (3/18)
13.74w% (+2.3)	1st	Whataburger Relays (3/19)
13.80% (+1.2)	—	Texas Relays (4/6)
13.34wi (+4.5)	3rd	Spira Invitational (4/16)
13.76w% (+3.1)	—	Drake Relays (4/27)
13.86w% (+3.3)	—	SLC Championships (5/13)
13.72% (+0.5)	p	SLC Championships (5/14)
13.60% (+0.5)	1st	SLC Championships (5/15)
13.60 (+1.0)	p	Midwest Regional (5/27)
13.50 (+0.5)	5th	Midwest Regional (5/28)
14.00 (-1.3)	26th (p)	NCAA Championships (6/8)
13.51 (+1.0)	—	NCAA Championships (6/10)
13.59 (+0.1)	—	USA Championships (6/25)

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High Jump

1.59m (5-2.5)	T-1st	Texas Invitational (3/26)
1.63m (5-4.25)	—	Texas Relays (4/6)
1.65m (5-50)	T-2nd	Spira Invitational (4/16)
1.65m (5-5)	6th	Michael Johnson (4/23)
1.63m (5-4.25)	—	Drake Relays (4/27)
1.69m (5-6.5)	—	SLC Championships (5/13)
1.69m (5-6.5)	—	NCAA Championships (6/10)
1.69m (5-6.5)	—	USA Championships (6/25)

Long Jump

5.89m (19-4)	4th	Whataburger Relays (3/18)
5.76mw (18-10.75)	2nd	Texas Invitational (3/26)
5.63mwi (18-5.5)	—	Texas Relays (4/7)
6.07mw% (19-11)	3rd	Spira Invitational (4/16)
5.85m (19-2.5)	3rd	Michael Johnson (4/23)
5.56m (18-3)	—	Drake Relays (4/28)
6.01mw (19-8.75)	—	SLC Championships (5/14)
5.82m (19-1.25)	6th	SLC Championships (5/14)
5.82m (19-1.25)	13th	Midwest Regional (5/27)
5.87m (-1.1)	—	NCAA Championships (6/11)
5.90m (19-4.25)	—	USA Championships (6/26)

Shot Put

10.33m (33-10.75)	—	Texas Relays (4/6)
10.76m (35-3.75)	7th	Spira Invitational (4/16)
10.82m (35-6)	—	Drake Relays (4/27)
10.59m (34-9)	—	SLC Championships (5/13)
11.34m (37-2.5)	—	NCAA Championships (6/10)
11.34m (37-2.5)	—	USA Championships (6/25)

Javelin

34.59m (113-6)	3rd	Texas Invitational (3/26)
34.00m (111-6)	—	Texas Relays (4/7)
31.88m (104-7)	6th	Spira Invitational (4/16)
33.09m (108-7)	—	Drake Relays (4/28)
31-10m (102-0)	—	SLC Championships (5/14)
31.50m (103-4)	—	NCAA Championships (6/11)
32.66m (107-2)	—	USA Championships (6/26)

Heptathlon

5,298#	4th	Texas Relays (4/6-7)
5,331#	1st	Drake Relays (4/27-28)
5,465#	1st	SLC Championships (5/13-14)
5,575\$	8th	NCAA Championships (6/10-11)
5,523	10th	USA Championships (6-25-26)

Brittany Epps

100 Meters

12.89 (-0.8)	3rd	Trinity Inv. (3/5)
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200 Meters

25.97 (-2.0)	3rd	Trinity Inv. (3/5)
25.87w (+2.6)	8th	Bobcat Open (3/11)
26.22w (+3.6)	9th	Texas Invitational (3/26)
25.32wi (+4.40)	10th	Spira Invitational (4/16)
25.75 (+1.9)	p	Michael Johnson (4/23)

400 Meters

1:01.70	p	SLC Championships (5/14)
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Long Jump

4.74m (15-6.75)	7th	Trinity Inv. (3/5)
5.28mw (17-4)	4th	Bobcat Open (3/11)
5.31m (17-5.25)	7th	Whataburger Relays (3/18)
5.56mw (18-3)	3rd	Texas Invitational (3/26)
5.07mw (16-7.75)	9th	Spira Invitational (4/16)
5.42m (17-9.5)	17th	SLC Championships (5/14)

Triple Jump

10.51m (34-5.75)	2nd	Trinity Inv. (3/5)
10.87m (35-8)	6th	Bobcat Open (3/11)
9.78m (32-1)	3rd	Whataburger Relays (3/19)
FOUL	—	Texas Invitational (3/26)

Javelin

31.74m (104-1)	2nd	Trinity Inv. (3/5)
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Rikki Gray

200 Meters

27.42 (-2.0)	5th	Trinity Inv. (3/5)
27.05w (+2.6)	16th	Bobcat Open (3/11)

400-Meter Hurdles

1:12.65	9th	Texas Invitational (3/26)
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High Jump

1.62m (5-3.75)	3rd	Trinity Inv. (3/5)
1.62m (5-3.75)	1st	Bobcat Open (3/11)
1.58m (5-2.25)	1st	Whataburger Relays (3/19)
1.59m (5-2.5)	T-1st	Texas Invitational (3/26)
1.60m (5-3)	4th	Spira Invitational (4/16)
1.60m (5-3)	8th	Michael Johnson (4/23)
1.65m (5-5)	8th	SLC Championships (5/14)

Anne Marie Hollowell

800 Meters

2:26.86	9th	Whataburger Relays (3/18)
2:28.69	7th	Texas Invitational (3/26)

1,500 Meters

5:06.17	9th	Whataburger Relays (3/19)
5:04.11	11th	Michael Johnson (4/23)

Demetria Holmes

100-Meter Hurdles

15.22 (-1.2)	2nd	Trinity Inv. (3/5)
14.36 (+2.0)	2nd	Bobcat Open (3/11)
14.54 (+1.1)	p	Whataburger Relays (3/18)
14.97w (+2.3)	4th	Whataburger Relays (3/19)
14.91 (+1.4)	6th	Texas Invitational (3/26)
14.66w (+2.2)	p	Texas Relays (4/8)
14.47wi (+4.5)	4th	Spira Invitational (4/16)
FS	p	SLC Championships (5/14)

400-Meter Hurdles

1:06.48	3rd	Trinity Inv. (3/5)
1:05.19	3rd	Bobcat Open (3/11)
1:05.60	3rd	Whataburger Relays (3/19)
1:04.69	5th	Texas Invitational (3/26)
1:06.00	p	Texas Relays (4/7)
1:04.48	3rd	Spira Invitational (4/16)
1:02.15	p	SLC Championships (5/14)
1:05.62	7th	SLC Championships (5/15)

Triple Jump

10.81m (35-5.75)	1st	Trinity Inv. (3/5)
11.31m (37-1.25)	4th	Bobcat Open (3/11)
10.56m (34-7.75)	2nd	Whataburger Relays (3/19)
FOUL	—	Texas Invitational (3/26)
10.98m (36-0.25)	15th	SLC Championships (5/15)

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Rosalind Holmes

100 Meters

11.51w (+2.3)	p	Whataburger Relays (3/18)
11.53% (+1.5)	1st	Whataburger Relays (3/19)
11.85 (+1.1)	p	Texas Relays (4/8)
11.85w (+2.4)	p	Michael Johnson (4/23)
11.88 (+0.0)	5th	Michael Johnson (4/23)
11.69% (+0.9)	p	SLC Championships (5/14)
11.60% (+0.1)	1st	SLC Championships (5/15)
11.65 (+0.1)	p	Midwest Regional (5/27)
11.53 (+0.5)	5th	Midwest Regional (5/28)
11.97 (-1.1)	27th (p)	NCAA Championships (6/8)

200 Meters

23.54wi (+4.1)	2nd	Texas Invitational (3/26)
23.80w% (+3.3)	3rd	Spira Invitational (4/16)
23.90% (+0.5)	p	SLC Championships (5/14)
23.81% (+0.5)	2nd	SLC Championships (5/15)
23.38 (-0.9)	p	Midwest Regional (5/27)
23.49 (+0.9)	3rd	Midwest Regional (5/28)
23.67 (+1.9)	18th (p)	NCAA Championships (6/9)
23.64 (+0.7)	13th (s)	NCAA Championships (6/9)

Rita Lambert

800 Meters

2:19.83	4th	Whataburger Relays (3/18)
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1,500 Meters

4:47.35	3rd	Whataburger Relays (3/19)
4:47.65	4th	Texas Invitational (3/26)
4:42.77	8th	Texas Relays (4/6)
4:41.67	28th	Mt. SAC Relays (4/15)
5:09.38	49th	Long Beach Inv. (4/16)
4:55.11	p	SLC Championships (5/14)
4:44.36	6th	SLC Championships (5/15)

Chelsea Malina

Javelin

26.45m (86-9)	7th	Trinity Inv. (3/5)
35.68m (117-1)	1st	Bobcat Open (3/11)
39.55m (129-9)	1st	Whataburger Relays (3/18)
33.88m (111-2)	5th	Texas Invitational (3/26)
37.64m (123-60)	3rd	Spira Invitational (4/16)
39.22m (128-8)	3rd	Michael Johnson (4/23)
36.84m (120-10)	10th	SLC Championships (5/13)

Ashley McDonald

3,000 Meters

11:13.00	4th	Whataburger Relays (3/18)
11:09.97	11th	Texas Invitational (3/26)

5,000 Meters

18:26.14	8th	Michael Johnson (4/23)
18:58.76	15th	SLC Championships (5/15)

10,000 Meters

40:20.59	8th	SLC Championships (5/13)
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Brianna Mendez

800 Meters

2:25.92	8th	Whataburger Relays (3/18)
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1,500 Meters

5:09.58	4th	Trinity Inv. (3/5)
4:59.25	4th	Whataburger Relays (3/19)
5:23.52	6th	Spira Invitational (4/16)

3,000 Meters

10:47.64	2nd	Bobcat Open (3/11)
11:09.97	14th	Texas Invitational (3/26)

5,000 Meters

19:29.94	13th	Michael Johnson (4/23)
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Kari Michalik

400-Meter Hurdles

1:07.47	6th	Whataburger Relays (3/19)
1:06.38	6th	Texas Invitational (3/26)
1:05.40	4th	Spira Invitational (4/16)
1:06.09	5th	Michael Johnson (4/23)
1:04.07	p	SLC Championships (5/14)

Elizabeth Miller

Discus

36.47m (119-8)	2nd	Trinity Inv. (3/5)
35.98m (118-0)	6th	Bobcat Open (3/11)
37.89m (124-4)	4th	Texas Invitational (3/26)

Morgan Moszee

100 Meters

11.87 (+1.6)	p	Whataburger Relays (3/18)
11.96 (+1.5)	2nd	Whataburger Relays (3/19)
11.82 (+0.9)	6th	Spira Invitational (4/16)
FS	—	SLC Championships (5/14)

200 Meters

26.03wi (+4.1)	8th	Texas Invitational (3/26)
24.73 (+1.9)	p	Michael Johnson (4/23)
24.31 (+0.00)	p	SLC Championships (5/14)
24.20 (+0.5)	4th	SLC Championships (5/15)

Long Jump

6.15m% (20-2.25)	1st	Whataburger Relays (3/18)
5.89mw (19-4)	1st	Texas Invitational (3/26)
5.83mw (19-1.5)	5th	Spira Invitational (4/16)
6.06mw% (19-10.75)	2nd	Michael Johnson (4/23)
6.21m% (20-4.5)	1st	SLC Championships (5/14)
5.58m (18-3.75)	18th	Midwest Regional (5/27)

Triple Jump

11.30m (37-1)	1st	Whataburger Relays (3/19)
11.47m (37-7.75)	3rd	Texas Invitational (3/26)
11.59mw (38-0.25)	6th	Michael Johnson (4/23)
11.86m (38-11)	8th	SLC Championships (5/15)

Candace Nwaozuru

100 Meters

DNF	—	Trinity Inv. (3/5)
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Karilyn Petty

2,000-Meter Steeplechase

7:51.07	4th	Texas Invitational (3/26)
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3,000 Meters

11:00.00	3rd	Whataburger Relays (3/18)
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3,000-Meter Steeplechase

12:12.13	4th	Bobcat Open (3/11)
11:39.42	3rd	Michael Johnson (4/23)
11:38.71	5th	SLC Championships (5/14)

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Tasha Ramos

Shot Put

12.60m (41-4.25)	1st	Trinity Inv. (3/5)
12.76m (41-10.5)	1st	Bobcat Open (3/11)
13.01m (42-8.25)	3rd	Whataburger Relays (3/19)
12.57m (41-3)	2nd	Texas Invitational (3/26)
13.03m (42-9)	2nd	Spira Invitational (4/16)
12.83m (42-1.25)	4th	Michael Johnson (4/23)
13.33m (43-9)	6th	SLC Championships (5/14)

Discus

39.93m (131-0)	1st	Trinity Inv. (3/5)
43.35m (142-3)	3rd	Bobcat Open (3/11)
44.11m (144-9)	3rd	Whataburger Relays (3/18)
44.32m (145-5)	2nd	Texas Invitational (3/26)
43.06m (141-3)	2nd	Spira Invitational (4/16)
42.60m (139-9)	4th	Michael Johnson (4/23)
44.74m (146-9)	4th	SLC Championships (5/15)

Hammer

39.99m (131-2)	4th	Texas Invitational (3/26)
37.18m (122-0)	8th	Spira Invitational (4/16)

Lyndsey Sidney

400 Meters

1:00.65	4th	Texas Invitational (3/26)
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100-Meter Hurdles

15.04 (-1.2)	1st	Trinity Inv. (3/5)
13.90w% (+2.3)	p	Whataburger Relays (3/18)
14.63w (+2.3)	3rd	Whataburger Relays (3/19)
14.59 (+0.6)	p	Texas Relays (4/8)
DNF	—	Spira Invitational (4/16)
13.96 (+1.1)	p	SLC Championships (5/14)
14.03 (+0.5)	5th	SLC Championships (5/15)

400-Meter Hurdles

1:02.92	1st	Whataburger Relays (3/19)
1:00.60%	p	Texas Relays (4/7)
1:01.94	18th	Drake Relays (4/29-30)
1:00.74%	p	SLC Championships (5/14)
59.79%	2nd	SLC Championships (5/15)
1:01.89	p	Midwest Regional (5/27)

Veronica Silva

800 Meters

2:20.83	1st	Trinity Inv. (3/5)
2:26.94	10th	Whataburger Relays (3/18)
2:20.04	3rd	Texas Invitational (3/26)
2:20.85	5th	Spira Invitational (4/16)
2:22.84	2nd	Michael Johnson (4/23)
2:24.57	p	SLC Championships (5/14)

1,500 Meters

5:06.29	4th	Bobcat Open (3/11)
5:01.87	7th	Whataburger Relays (3/19)

Latasha Sinclair

100 Meters

12.69 (-0.8)	1st	Trinity Inv. (3/5)
12.56w (+2.3)	p	Whataburger Relays (3/18)
13.20 (+1.5)	7th	Whataburger Relays (3/19)
12.79 (+1.9)	5th	Texas Invitational (3/26)
12.61w (+2.6)	12th	Spira Invitational (4/16)
12.69w (+3.0)	p	Michael Johnson (4/23)
12.33 (+1.0)	p	SLC Championships (5/14)

200 Meters

25.79 (-2.0)	1st	Trinity Inv. (3/5)
25.43w (3.6)	5th	Texas Invitational (3/26)
24.94wi (+4.4)	7th	Spira Invitational (4/16)
25.71 (+0.8)	p	Michael Johnson (4/23)
25.22 (+0.5)	p	SLC Championships (5/14)

Diane Smith

400 Meters

57.51	1st	Bobcat Open (3/11)
57.22	2nd	Whataburger Relays (3/19)

800 Meters

2:21.08	6th	Texas Invitational (3/26)
2:16.96	2nd	Spira Invitational (4/16)
2:13.47	11th	Michael Johnson (4/23)
2:16.66	p	SLC Championships (5/14)
2:12.79	3rd	SLC Championships (5/15)

Sonya Strya

Shot Put

11.58m (38-0)	3rd	Trinity Inv. (3/5)
11.34m (37-2.5)	5th	Bobcat Open (3/11)
10.93m (35-10.5)	7th	Whataburger Relays (3/19)
11.10m (36-5)	4th	Texas Invitational (3/26)
10.88m (35-8.5)	6th	Spira Invitational (4/16)
10.96m (35-11.5)	10th	Michael Johnson (4/23)

Discus

34.97m (114-8)	5th	Trinity Inv. (3/5)
38.64m (126-9)	4th	Bobcat Open (3/11)
36.64m (120-2)	6th	Whataburger Relays (3/18)
37.14m (121-10)	5th	Texas Invitational (3/26)
35.70m (117-1)	4th	Spira Invitational (4/16)
37.40m (122-8)	7th	Michael Johnson (4/23)

Hammer

FOUL	—	Texas Invitational (3/26)
36.76m (120-7)	9th	Spira Invitational (4/16)

Javelin

29.08m (95-5)	5th	Bobcat Open (3/11)
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Kandace Traywick

200 Meters

27.30 (+1.7)	14th	Bobcat Open (3/11)
27.42 (+1.6)	—	Whataburger Relays (3/18)
27.63 (+1.7)	14th	Texas Invitational (3/26)
27.15 (+1.3)	—	Dogwood Inv. (4/15-16)
26.90 (+1.6)	—	SLC Championships (5/13)

800 Meters

2:39.01	—	Whataburger Relays (3/19)
2:45.43	—	Dogwood Inv. (4/15-16)
2:39.34	—	SLC Championships (5/13)

100-Meter Hurdles

15.66 (-1.2)	3rd	Trinity Inv. (3/5)
15.13 (+0.8)	6th	Bobcat Open (3/11)
15.37w (+2.7)	—	Whataburger Relays (3/18)
15.28 (+1.4)	7th	Texas Invitational (3/26)
15.05w (+3.0)	—	Dogwood Inv. (4/15-16)
15.72 (+0.6)	p	Michael Johnson (4/23)
14.96 (+0.9)	—	SLC Championships (5/13)

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High Jump

1.43m (4-8.25) — Whataburger Relays (3/18)
1.61m (5-3.25) — Dogwood Inv. (4/15-16)
1.54m (5-0.5) — SLC Championships (5/13)

Long Jump

5.25m (17-2..75) 1st Trinity Inv. (3/5)
5.23mwi (17-2) 5th Bobcat Open (3/11)
5.05m (16-7) — Whataburger Relays (3/19)
5.13mw (16-10) 5th Texas Invitational (3/26)
5.16m (16-11.25) — Dogwood Inv. (4/15-16)
5.15m (16-10.75) — SLC Championships (5/14)

Shot Put

10.70m (35-1.25) 6th Trinity Inv. (3/5)
9.23m (30-3.5) 9th Bobcat Open (3/11)
9.96m (32-8.25) — Whataburger Relays (3/18)
10.26m (33-8) 5th Texas Invitational (3/26)
9.68m (31-9.25) — Dogwood Inv. (4/15-16)
10.12m (33-2.5) 14th Michael Johnson (4/23)
8.87m (29-1.25) — SLC Championships (5/13)

Javelin

29.62m (97-2) 3rd Trinity Inv. (3/5)
33.06m (108-5) 2nd Bobcat Open (3/11)
30.74m (100-10) — Whataburger Relays (3/19)
32.93m (108-0) 6th Texas Invitational (3/26)
29.94m (98-3) — Dogwood Inv. (4/15-16)
33.32m (109-4) 6th Michael Johnson (4/23)
30.76m (100-11) — SLC Championships (5/14)

Heptathlon

4,189 7th Whataburger Relays (3/18-19)
4,380 2nd Dogwood Inv. (4/15-16)
4,361 9th SLC Championships (5/13-14)

Crystal Ward

100 Meters

13.67 (-0.8) 7th Trinity Inv. (3/5)
13.44 (NWI) 9th Bobcat Open (3/11)
13.45w (+2.3) p Whataburger Relays (3/18)
13.46 (+1.9) 8th Texas Invitational (3/26)
13.19w (+2.6) 14th Spira Invitational (4/16)
13.43w (+3.4) p Michael Johnson (4/23)

200 Meters

28.80 (-2.0) 11th Trinity Inv. (3/5)
28.90 (+1.2) 17th Bobcat Open (3/11)
28.53 (+1.7) 16th Texas Invitational (3/26)
28.26wi (+4.4) 14th Spira Invitational (4/16)
28.63 (+1.9) p Michael Johnson (4/23)

Chonna Wright

400 Meters

1:00.34 5th Bobcat Open (3/11)
1:00.40 1st Whataburger Relays (3/19)

800 Meters

2:25.49 2nd Trinity Inv. (3/5)
2:20.53 5th Texas Invitational (3/26)
2:34.74 16th Michael Johnson (4/23)