

# 2005 UTSA Women's Track & Field Indoor Bests

@ - NCAA automatic qualifier • # - NCAA provisional qualifier • p - preliminary • s - semifinal • a - altitude • b - banked track • ^ - oversized track • \$ - school record

## 55 Meters

**a: 6.75 / p: 6.92**

Rosalind Holmes	7.02	Houston Opener (1/15)
Morgan Moszee	7.07	Houston Opener (1/15)
Candace Nwaozuru	7.33	Houston Opener (1/15)
Tasha Sinclair	7.53	Houston Opener (1/15)
Ashley Copeland	7.68a	Kittley 6-Way (1/22)
Crystal Ward	7.84	Houston Opener (1/15)
\$ - 6.74, Teresa Neighbors, 1991		

## 55-Meter Hurdles

**a: 7.58 / p: 7.86**

Lyndsey Sidney	8.04a	Kittley 6-Way (1/22)
Ryanne Dupree	8.06a	Kittley 6-Way (1/22)
Demetria Holmes	8.60a	Kittley 6-Way (1/22)
Ashley Allen	8.78a	Kittley 6-Way (1/22)
\$ - 8.04, Lyndsey Sidney, 2005		

## 60 Meters

**a: 7.27 / p: 7.44**

Rosalind Holmes	7.45\$	SLC Championships (2/18)
Morgan Moszee	7.50	SLC Championships (2/18)
Candace Nwaozuru	7.84	SLC Championships (2/18)
Tasha Sinclair	8.02	SLC Championships (2/18)
Ashley Copeland	8.17	Hyatt Regency Inv. (2/5)
Crystal Ward	8.38	Hyatt Regency Inv. (2/5)
\$ - 7.45, Rosalind Holmes, 2005		

## 60-Meter Hurdles

**a: 8.15 / p: 8.43**

Ryanne Dupree	8.51\$	SLC Championships (2/18)
Lyndsey Sidney	8.72	SLC Championships (2/18)
Demetria Holmes	9.02	SLC Championships (2/18)
Ashley Allen	9.32	Hyatt Regency Inv. (2/5)
Kandace Traywick	9.53	SLC Championships (2/18)
\$ - 8.51, Ryanne Dupree, 2005		

## 200 Meters

**a: 23.50 (23.30b) / p: 24.10 (23.90b)**

Rosalind Holmes	23.64 <sup>#</sup>	Iowa State Last Chance (3/5)
Morgan Moszee	24.67	SLC Championships (2/19)
Ryanne Dupree	25.35	SLC Championships (2/18)
Tasha Sinclair	26.01	SLC Championships (2/18)
Brittany Epps	26.39 <sup>^</sup>	Kittley 6-Way (1/22)
Candace Nwaozuru	26.58	SLC Championships (2/18)
Kari Michalik	27.51 <sup>^</sup>	Kittley 6-Way (1/22)
Ashley Copeland	28.07 <sup>^</sup>	Kittley 6-Way (1/22)
Crystal Ward	28.50 <sup>^</sup>	Kittley 6-Way (1/22)
\$ - 23.04, Tameka Roberts, 1998		

## 400 Meters

**a: 52.70 (52.40b) / p: 54.70 (54.40b)**

Diane Smith	56.40	SLC Championships (2/18)
Kari Michalik	1:00.61	SLC Championships (2/18)
\$ - 54.86, Portia Matthews, 1993		

## 600 Yards

**not an NCAA event**

Diane Smith	1:25.01 <sup>^</sup>	Kittley 6-Way (1/22)
Veronica Silva	1:33.31 <sup>^</sup>	Kittley 6-Way (1/22)

## 800 Meters

**a: 2:06.05 (2:05.65b) / p: 2:09.40 (2:09.00b)**

Meghan Chance	2:19.12	SLC Championships (2/18)
Diane Smith	2:20.93	Houston Opener (1/15)
Veronica Silva	2:23.64	SLC Championships (2/18)
Ryanne Dupree	2:25.00	Houston Invitational (1/28)
Ashley Allen	2:27.22	Houston Invitational (1/28)
Amanda Barbosa	2:30.96	Hyatt Regency Inv. (2/5)
Kandace Traywick	2:43.89	SLC Championships (2/18)
\$ - 2:11.08, Cindy Dunagin, 1990		

## 1,000 Meters

**not an NCAA event**

Rita Lambert	3:00.08	Hyatt Regency Inv. (2/5)
Meghan Chance	3:04.35	Hyatt Regency Inv. (2/5)

## Mile

**a: 4:39.10 (4:38.50b) / p: 4:47.60 (4:47.00b)**

Rita Lambert	5:08.52	Hyatt Regency Inv. (2/5)
Meghan Chance	5:22.03	Hyatt Regency Inv. (2/5)
Brianna Mendez	5:29.37	Hyatt Regency Inv. (2/5)
Ann Marie Hollowell	5:30.25	Hyatt Regency Inv. (2/5)
Veronica Silva	5:41.54	Houston Opener (1/15)
\$ - 4:51.0, Jody Dunston, 1989		

## 3,000 Meters

**a: 9:16.80 (9:16.00b) / p: 9:35.80 (9:35.00b)**

Ashley McDonald	10:39.20	Hyatt Regency Inv. (2/5)
Karilyn Petty	10:46.69	Hyatt Regency Inv. (2/5)
\$ - 9:05.98, Jody Dunston, 1989		

## 5,000 Meters

**a: 16:11.60 (16:10.00b) / p: 16:46.60 (16:45.00b)**

Ashley McDonald	18:53.92	Houston Opener (1/15)
Karilyn Petty	19:11.49	SLC Championships (2/18)
\$ - 17:23.45, Meg Harris, 1996		

## 1,600-Meter Relay

**a: 3:34.70 (3:33.50b) / p: 3:41.20 (3:40.00b)**

Diane Smith,	3:43.70 <sup>^</sup> \$ (3rd)	Kittley 6-Way (1/22)
Ryanne Dupree, Lyndsey Sidney, Rosalind Holmes		
Diane Smith,	3:48.83 (1st)	SLC Championships (2/18)
Lyndsey Sidney, Ryanne Dupree, Rosalind Holmes		
UTSA	3:49.80 (1st)	Hyatt Regency Inv. (2/5)
Diane Smith,	3:53.90	Houston Opener (1/15)
Morgan Moszee, Lyndsey Sidney, Rosalind Holmes		
UTSA "B"	4:02.95	Hyatt Regency Inv. (2/5)
Ashley Allen,	4:03.14 <sup>^</sup> (7th)	Kittley 6-Way (1/22)
Kari Michalik, Meghan Chance, Demetria Holmes		
Demetria Holmes,	4:07.16	Houston Opener (1/15)
Brittany Epps, Tasha Sinclair, Kari Michalik		
Rikki Gray,	4:15.21 <sup>^</sup> (8th)	Kittley 6-Way (1/22)
Tasha Sinclair, Ashley Copeland, Veronica Silva		
UTSA "C"	4:27.45	Houston Opener (1/15)
\$ - 3:43.70 (Smith, Dupree, Sidney, R. Holmes), 2005		

## Distance Medley Relay

**a: 11:11.00 (11:09.00b) / p: 11:30.00 (11:28.00b)**

Meghan Chance,	12:19.68	SLC Championships (2/18)
Lyndsey Sidney, Diane Smith, Rita Lambert		
UTSA	12:41.02 <sup>^</sup>	Tech All-Comers (1/21)
UTSA	13:00.05	Houston Opener (1/15)
\$ - 11:56.53 (Chance, Smith, Gilkes, Cerna), 2004		

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## High Jump

**a: 1.84m (6-0.5) / p: 1.78m (5-10)**

Ryanne Dupree ..... 1.66m (5-5.25) .. Houston Invitational (1/28)  
Ashley Allen ..... 1.62m (5-3.75) .. SLC Championships (2/18)  
Rikki Gray ..... 1.59m (5-2.5) ... SLC Championships (2/18)  
Kandace Traywick ..... 1.44m (4-8.75) .. SLC Championships (2/18)  
\$ - 5-9.5, *Lynse Leal, 1995*

## Long Jump

**a: 6.40m (21-0) / p: 6.10m (20-0.25)**

Ryanne Dupree ..... 6.07m (19-11) .. McDonald's Last Chance (3/4)  
Morgan Moszee ..... 5.86m (19-2.75) ..... Kittley 6-Way (1/22)  
Brittany Epps ..... 5.32m (17-5.5) .. SLC Championships (2/18)  
Ashley Allen ..... 5.29m (17-4.25) .. SLC Championships (2/18)  
Kandace Traywick ..... 4.79m (15-8.75) .. SLC Championships (2/18)  
\$ - 20-1.5, *Tameka Roberts, 1998*

## Triple Jump

**a: 13.30m (43-7.75) / p: 12.65m (41-6)**

Morgan Moszee ..... 11.81m (38-9) ..... Kittley 6-Way (1/22)  
Ashley Allen ..... 11.24m (36-10.5) ... Houston Opener (1/15)  
Brittany Epps ..... 11.20m (36-9) .. SLC Championships (2/19)  
Demetria Holmes ..... 10.86m (35-7.75) ..... Kittley 6-Way (1/22)  
\$ - 41-7, *Portia Matthews, 1992*

## Shot Put

**a: 16.90m (55-5.5) / p: 15.40m (50-6.25)**

Natasha Ramos ..... 12.76m (41-10.5) .. Hyatt Regency Inv. (2/5)  
Amanda Waldrum ..... 11.45m (37-6.75) ... Houston Opener (1/15)  
Ryanne Dupree ..... 11.21m (36-9.5) ... Hyatt Regency Inv. (2/5)  
Sonya Strya ..... 10.84m (35-6.75) .. Hyatt Regency Inv. (2/5)  
Ashley Allen ..... 10.47m (34-4.25) .. Houston Invitational (1/28)  
Kandace Traywick ..... 10.34m (33-11.25) .. Hyatt Regency Inv. (2/5)  
\$ - 45-3, *Kim Bush, 1993*

## Weight Throw

**a: 20.50m (67-3.25) / p: 18.50m (60-8.5)**

Natasha Ramos ..... 14.23m (46-8.25) .. SLC Championships (2/18)  
Amanda Waldrum ..... 11.01m (36-1.5) .... SLC Championships (2/18)

## Pentathlon

**a: 4,050 / p: 3,700**

Ryanne Dupree ..... 3,979\$# ..... McDonald's Last Chance (3/4)  
Ashley Allen ..... 3,496 ..... SLC Championships (2/18)  
Kandace Traywick ..... 2,910 ..... SLC Championships (2/18)  
\$ - 3,979, *Ryanne Dupree, 2005*

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## Ashley Allen

### 55-Meter Hurdles

8.83 ..... p ..... Houston Opener (1/15)  
 8.83a ..... p ..... Kittley 6-Way (1/22)  
 8.78a ..... 7th ..... Kittley 6-Way (1/22)

### 60-Meter Hurdles

9.33 ..... — ..... Houston Invitational (1/28)  
 9.32 ..... p ..... Hyatt Regency Inv. (2/5)  
 9.34 ..... — ..... SLC Championships (2/18)  
 9.59 ..... — ..... McDonald's Last Chance (3/4)

### 800 Meters

2:27.22 ..... — ..... Houston Invitational (1/28)  
 2:27.67 ..... — ..... SLC Championships (2/18)  
 2:34.92 ..... — ..... McDonald's Last Chance (3/4)

### High Jump

1.54m (5-0.5) ..... 6th ..... Houston Opener (1/15)  
 NH ..... — ..... Kittley 6-Way (1/22)  
 1.57m (5-1.75) ..... — ..... Houston Invitational (1/28)  
 NH ..... — ..... Hyatt Regency Inv. (2/5)  
 1.62m (5-3.75) ..... — ..... SLC Championships (2/18)  
 1.56m (5-1.25) ..... — ..... McDonald's Last Chance (3/4)

### Long Jump

5.23m (17-2) ..... 9th ..... Houston Opener (1/15)  
 5.20m (17-0.75) ..... T-5th ..... Kittley 6-Way (1/22)  
 5.07m (16-7.75) ..... — ..... Houston Invitational (1/28)  
 4.94m (16-2.5) ..... 8th "B" ..... Hyatt Regency Inv. (2/5)  
 5.29m (17-4.25) ..... — ..... SLC Championships (2/18)  
 5.24m (17-2.25) ..... — ..... McDonald's Last Chance (3/4)

### Triple Jump

11.24m (36-10.5) ..... 4th ..... Houston Opener (1/15)  
 10.50m (34-5.5) ..... 5th ..... Kittley 6-Way (1/22)  
 11.08m (36-4.25) ..... 14th ..... SLC Championships (2/19)

### Shot Put

9.97m (32-8.5) ..... 4th ..... Kittley 6-Way (1/22)  
 10.47m (34-4.25) ..... — ..... Houston Invitational (1/28)  
 9.85m (32-3.75) ..... 33rd ..... Hyatt Regency Inv. (2/5)  
 10.08m (33-1) ..... — ..... SLC Championships (2/18)  
 10.10m (33-1.75) ..... — ..... McDonald's Last Chance (3/4)

### Pentathlon

3,409 ..... 5th ..... Houston Invitational (1/28)  
 3,321 ..... 3rd ..... McDonald's Last Chance (3/4)

## Amanda Barbosa

### 800 Meters

2:33.84 ..... 22nd ..... Houston Opener (1/15)  
 2:30.96 ..... — ..... Hyatt Regency Inv. (2/5)

## Meghan Chance

### 800 Meters

2:21.13 ..... 8th ..... Houston Opener (1/15)  
 2:20.05^ ..... 2nd ..... Kittley 6-Way (1/22)  
 2:19.12 ..... p ..... SLC Championships (2/18)  
 2:19.14 ..... 6th ..... SLC Championships (2/19)

### 1,000 Meters

3:04.35 ..... 3rd ..... Hyatt Regency Inv. (2/5)

### Mile

5:22.03 ..... 14th ..... Hyatt Regency Inv. (2/5)

## Ashley Copeland

### 55 Meters

7.79 ..... p ..... Houston Opener (1/15)  
 7.68a ..... p ..... Kittley 6-Way (1/22)  
 7.76a ..... 10th ..... Kittley 6-Way (1/22)

### 60 Meters

8.17 ..... p ..... Hyatt Regency Inv. (2/5)

### 200 Meters

28.07^ ..... 13th ..... Kittley 6-Way (1/22)  
 28.12 ..... — ..... Hyatt Regency Inv. (2/5)

## Ryanne Dupree

### 55-Meter Hurdles

8.18 ..... p ..... Houston Opener (1/15)  
 8.17 ..... 9th ..... Houston Opener (1/15)  
 8.12a ..... p ..... Kittley 6-Way (1/22)  
 8.06a ..... 3rd ..... Kittley 6-Way (1/22)

### 60-Meter Hurdles

8.60 ..... — ..... Houston Invitational (1/28)  
 8.61 ..... p ..... Hyatt Regency Inv. (2/5)  
 8.58 ..... p ..... SLC Championships (2/18)  
 8.62 ..... s ..... SLC Championships (2/18)  
 8.51\$ ..... 2nd ..... SLC Championships (2/19)  
 8.64 ..... — ..... McDonald's Last Chance (3/4)  
 8.83 ..... — ..... NCAA Championships (3/12)

### 200 Meters

25.35 ..... p ..... SLC Championships (2/18)

### 800 Meters

2:25.00 ..... — ..... Houston Invitational (1/28)  
 2:26.28 ..... — ..... McDonald's Last Chance (3/4)

### High Jump

1.59m (5-2.5) ..... 5th ..... Houston Opener (1/15)  
 1.63m (5-4.25) ..... 4th ..... Kittley 6-Way (1/22)  
 1.66m (5-5.25) ..... — ..... Houston Invitational (1/28)  
 NH ..... — ..... Hyatt Regency Inv. (2/5)  
 NH ..... — ..... SLC Championships (2/19)  
 1.65m (5-5) ..... — ..... McDonald's Last Chance (3/4)  
 1.64m (5-4.5) ..... — ..... NCAA Championships (3/12)

### Long Jump

FOUL ..... — ..... Houston Opener (1/15)  
 5.94m (19-6) ..... 1st ..... Kittley 6-Way (1/22)  
 5.84m (19-2) ..... — ..... Houston Invitational (1/28)  
 5.97m# (19-70) ..... 3rd ..... Hyatt Regency Inv. (2/5)  
 5.85m (19-2.5) ..... 2nd ..... SLC Championships (2/18)  
 6.07m (19-11) ..... — ..... McDonald's Last Chance (3/4)  
 FOUL ..... — ..... NCAA Championships (3/12)

### Shot Put

9.86m (32-4.25) ..... 25th ..... Houston Opener (1/15)  
 10.83m (35-6.5) ..... 2nd ..... Kittley 6-Way (1/22)  
 10.82m (35-6) ..... — ..... Houston Invitational (1/28)  
 11.21m (36-9.5) ..... 21st ..... Hyatt Regency Inv. (2/5)  
 10.86m (35-7.75) ..... — ..... McDonald's Last Chance (3/4)  
 10.53m (34-6.75) ..... — ..... NCAA Championships (3/12)

### Pentathlon

3,942# ..... 1st ..... Houston Invitational (1/28)  
 3,979#\$ ..... 1st ..... McDonald's Last Chance (3/4)  
 DNF ..... — ..... NCAA Championships (3/12)

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## Brittany Epps

### 200 Meters

26.65 ..... 29th ..... Houston Opener (1/15)  
 26.39^ ..... 10th ..... Kittley 6-Way (1/22)  
 26.71 ..... — ..... Hyatt Regency Inv. (2/5)  
 26.47 ..... p ..... SLC Championships (2/18)

### Long Jump

5.29m (17-4.25) ..... 8th ..... Houston Opener (1/15)  
 5.20m (17-0.75) ..... T-5th ..... Kittley 6-Way (1/22)  
 5.01m (16-5.25) ..... 5th "B" ..... Hyatt Regency Inv. (2/5)  
 5.32m (17-5.5) ..... 17th ..... SLC Championships (2/18)

### Triple Jump

10.98m (36-0.25) ..... 13th ..... Hyatt Regency Inv. (2/5)  
 11.20m (36-9) ..... 11th ..... SLC Championships (2/19)

## Rikky Gray

### High Jump

1.54m (5-0.5) ..... 7th ..... Houston Opener (1/15)  
 1.48m (4-10.25) ..... 5th ..... Kittley 6-Way (1/22)  
 1.59m (5-2.5) ..... 10th ..... Hyatt Regency Inv. (2/5)  
 1.59m (5-2.5) ..... 11th ..... SLC Championships (2/19)

## Ann Marie Hollowell

### Mile

5:45.43 ..... 25th ..... Houston Opener (1/15)  
 5:30.25 ..... 20th ..... Hyatt Regency Inv. (2/5)

## Demetria Holmes

### 55-Meter Hurdles

8.68 ..... p ..... Houston Opener (1/15)  
 8.60a ..... p ..... Kittley 6-Way (1/22)  
 6.61a ..... 6th ..... Kittley 6-Way (1/22)

### 60-Meter Hurdles

9.06 ..... p ..... SLC Championships (2/18)  
 9.02 ..... s ..... SLC Championships (2/18)

### Triple Jump

10.85m (35-7.25) ..... 6th ..... Houston Opener (1/15)  
 10.86m (35-7.75) ..... 4th ..... Kittley 6-Way (1/22)  
 10.48m (34-4.75) ..... 17th ..... Hyatt Regency Inv. (2/5)  
 10.84m (35-6.75) ..... 15th ..... SLC Championships (2/19)

## Rosalind Holmes

### 55 Meters

7.02 ..... p ..... Houston Opener (1/15)  
 DNF ..... — ..... Houston Opener (1/15)

### 60 Meters

7.50 ..... p ..... Hyatt Regency Inv. (2/5)  
 7.51 ..... 2nd ..... Hyatt Regency Inv. (2/5)  
 7.54 ..... p ..... SLC Championships (2/18)  
 7.49 ..... s ..... SLC Championships (2/18)  
 7.45\$ ..... 1st ..... SLC Championships (2/19)

### 200 Meters

24.54 ..... 3rd ..... Houston Opener (1/15)  
 23.75^# ..... 2nd ..... Kittley 6-Way (1/22)  
 24.51 ..... p ..... SLC Championships (2/18)  
 24.27 ..... 1st ..... SLC Championships (2/19)  
 23.64^ ..... 2nd ..... Iowa State Last Chance (3/5)

## Rita Lambert

### 1,000 Meters

DNF ..... — ..... Kittley 6-Way (1/22)  
 3:00.08 ..... 1st ..... Hyatt Regency Inv. (2/5)

### Mile

5:19.47 ..... 12th ..... Houston Opener (1/15)  
 5:08.52 ..... 6th ..... Hyatt Regency Inv. (2/5)  
 5:10.19 ..... p ..... SLC Championships (2/18)  
 DNF ..... — ..... SLC Championships (2/19)

## Kari Michalik

### 200 Meters

27.51^ ..... 12th ..... Kittley 6-Way (1/22)

### 400 Meters

1:04.94 ..... 26th ..... Houston Opener (1/15)  
 1:01.36 ..... — ..... Hyatt Regency Inv. (2/5)  
 1:00.61 ..... p ..... SLC Championships (2/18)

## Ashley McDonald

### 3,000 Meters

10:49.46^ ..... 11th ..... Kittley 6-Way (1/22)  
 10:39.20 ..... 9th ..... Hyatt Regency Inv. (2/5)  
 10:47.23 ..... 13th ..... SLC Championships (2/18)

### 5,000 Meters

18:53.92 ..... 3rd ..... Houston Opener (1/15)  
 19:01.22 ..... 10th ..... SLC Championships (2/19)

## Brianna Mendez

### Mile

5:32.64 ..... 17th ..... Houston Opener (1/15)  
 5:29.37 ..... 19th ..... Hyatt Regency Inv. (2/5)

## Morgan Moszee

### 55 Meters

7.07 ..... p ..... Houston Opener (1/15)  
 7.11 ..... 12th ..... Houston Opener (1/15)

### 60 Meters

7.70 ..... p ..... Hyatt Regency Inv. (2/5)  
 7.72 ..... 13th ..... Hyatt Regency Inv. (2/5)  
 7.58 ..... p ..... SLC Championships (2/18)  
 7.50 ..... s ..... SLC Championships (2/18)  
 7.62 ..... 3rd ..... SLC Championships (2/19)

### 200 Meters

25.01^ ..... 8th ..... Kittley 6-Way (1/22)  
 24.84 ..... p ..... SLC Championships (2/18)  
 24.67 ..... 3rd ..... SLC Championships (2/19)  
 24.85^ ..... 13th ..... Iowa State Last Chance (3/5)

### Long Jump

5.63m (18-5.75) ..... 3rd ..... Houston Opener (1/15)  
 5.86m (19-2.75) ..... 3rd ..... Kittley 6-Way (1/22)  
 5.50m (18-0.5) ..... 8th ..... Hyatt Regency Inv. (2/5)  
 5.82m (19-1.25) ..... 3rd ..... SLC Championships (2/18)

### Triple Jump

11.49m (37-8.5) ..... 3rd ..... Houston Opener (1/15)  
 11.81m (38-9) ..... 2nd ..... Kittley 6-Way (1/22)  
 11.56m (37-11.25) ..... 2nd ..... Hyatt Regency Inv. (2/5)  
 11.63m (38-2) ..... 9th ..... SLC Championships (2/19)

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## Candace Nwaozuru

### 55 Meters

7.33 ..... p ..... Houston Opener (1/15)

### 60 Meters

7.94 ..... p ..... Hyatt Regency Inv. (2/5)

7.84 ..... p ..... SLC Championships (2/18)

8.01 ..... s ..... SLC Championships (2/18)

### 200 Meters

26.62 ..... 27th ..... Houston Opener (1/15)

26.58 ..... p ..... SLC Championships (2/18)

## Karilyn Petty

### 3,000 Meters

11:19.26^ ..... 13th ..... Kittley 6-Way (1/22)

10:46.69 ..... 11th ..... Hyatt Regency Inv. (2/5)

11:07.95 ..... 23rd ..... SLC Championships (2/18)

### 5,000 Meters

19:21.30 ..... 4th ..... Houston Opener (1/15)

19:11.49 ..... 12th ..... SLC Championships (2/19)

## Natasha Ramos

### Shot Put

12.22m (40-1.25) ..... 11th ..... Houston Opener (1/15)

12.76m (41-10.5) ..... 8th ..... Hyatt Regency Inv. (2/5)

11.91m (39-1) ..... 14th ..... SLC Championships (2/19)

### Weight Throw

14.23m (46-8.25) ..... 8th ..... SLC Championships (2/18)

## Lyndsey Sidney

### 55-Meter Hurdles

9.03 ..... p ..... Houston Opener (1/15)

8.11a ..... p ..... Kittley 6-Way (1/22)

8.04a\$ ..... 2nd ..... Kittley 6-Way (1/22)

### 60-Meter Hurdles

8.88 ..... p ..... Hyatt Regency Inv. (2/5)

8.73 ..... 5th ..... Hyatt Regency Inv. (2/5)

8.72 ..... p ..... SLC Championships (2/18)

8.74 ..... s ..... SLC Championships (2/18)

8.77 ..... 4th ..... SLC Championships (2/19)

## Veronica Silva

### 600 Yards

1:33.31^ ..... 9th ..... Kittley 6-Way (1/22)

### 800 Meters

2:24.93 ..... — ..... Hyatt Regency Inv. (2/5)

2:23.64 ..... p ..... SLC Championships (2/18)

### Mile

5:41.54 ..... 22nd ..... Houston Opener (1/15)

## Tasha Sinclair

### 55 Meters

7.53 ..... p ..... Houston Opener (1/15)

### 60 Meters

8.06 ..... p ..... Hyatt Regency Inv. (2/5)

8.02 ..... p ..... SLC Championships (2/18)

### 200 Meters

26.38 ..... 24th ..... Houston Opener (1/15)

26.23^ ..... 9th ..... Kittley 6-Way (1/22)

26.11 ..... — ..... Hyatt Regency Inv. (2/5)

26.01 ..... p ..... SLC Championships (2/18)

## Diane Smith

### 400 Meters

59.51 ..... 12th ..... Houston Opener (1/15)

56.40 ..... p ..... SLC Championships (2/18)

56.66 ..... 6th ..... SLC Championships (2/19)

### 600 Yards

1:25.01^ ..... 4th ..... Kittley 6-Way (1/22)

### 800 Meters

2:20.93 ..... 7th ..... Houston Opener (1/15)

2:23.83 ..... 11th ..... Hyatt Regency Inv. (2/5)

## Sonya Strya

### Shot Put

10.84m (35-6.75) ..... 25th ..... Hyatt Regency Inv. 92/5)

## Kandace Traywick

### 60-Meter Hurdles

9.95 ..... — ..... Hyatt Regency Inv. (2/5)

9.53 ..... — ..... SLC Championships (2/18)

### 800 Meters

2:43.89 ..... — ..... SLC Championships (2/18)

### High Jump

1.44m (4-8.75) ..... — ..... SLC Championships (2/18)

### Long Jump

4.59m (15-0.75) ..... 17th "B" ..... Hyatt Regency Inv. (2/5)

4.79m (15-8.75) ..... — ..... SLC Championships (2/18)

### Shot Put

10.34m (33-11.25) ..... 28th ..... Hyatt Regency Inv. 92/5)

9.87m (32-4.75) ..... — ..... SLC Championships (2/18)

## Amanda Waldrum

### Shot Put

11.45m (37-6.75) ..... 19th ..... Houston Opener (1/15)

10.16m (33-4) ..... 30th ..... Hyatt Regency Inv. (2/5)

11.44m (37-6.5) ..... 19th ..... SLC Championships (2/19)

### Weight Throw

111.01m (36-1.5) ..... 23rd ..... SLC Championships (2/18)

## Crystal Ward

### 55 Meters

7.84 ..... p ..... Houston Opener (1/15)

7.91a ..... p ..... Kittley 6-Way (1/22)

8.02a ..... 11th ..... Kittley 6-Way (1/22)

### 60 Meters

8.38 ..... p ..... Hyatt Regency Inv. (2/5)

### 200 Meters

28.50^ ..... 14th ..... Kittley 6-Way (1/22)