

2004 UTSA Women's Track & Field Outdoor Bests

% - NCAA regional mark • @ - NCAA automatic mark • # - NCAA provisional mark • \$ - school record • w - wind-aided • p - preliminary round • s - semifinal round

100 Meters

11.78

11.66% (+0.8) Rosalind Holmes SLC Outdoor (5/15-17)
11.87 (+1.1) Jessica Snitkoff SLC Outdoor (5/15-17)
12.26w (+4.5) Morgan Moszee A&M Invite (4/10)
12.38 (+0.8) Shadana Hurd SLC Outdoor (5/15-17)
13.29w (+3.8) Crystal Ward A&M Invite (4/10)
13.53w (+3.1) Chanel Sams Michael Johnson (4/17)

200 Meters

23.96

23.78 (+1.6) Jessica Snitkoff .. Midwest Regional (5/28-29)
24.14w (+2.6) Rosalind Holmes Michael Johnson (4/17)
24.95w (+3.7) Morgan Moszee Michael Johnson (4/17)
25.00 (-0.8) Ryanne Dupree Texas Relays (3/31-4/3)
25.24w (+3.9) Shadana Hurd Michael Johnson (4/17)
25.39w (+3.4) Landry Oliver Angela Proctor (3/13)
27.23 (-0.6) Kandace Traywick Whataburger (3/19-20)
28.32w (+2.8) Chanel Sams Michael Johnson (4/17)
28.68w (+2.1) Crystal Ward Angela Proctor (3/13)

400 Meters

54.61

56.76 Landry Oliver Trinity Inv. (3/6)
57.27 Chonna Wright SLC Outdoor (5/15-17)
59.36 Diane Smith SLC Outdoor (5/15-17)

800 Meters

2:10.29

2:11.06 Leticia Cerna Mt. SAC (4/16-18)
2:16.03 Meghan Chance A&M Invite (4/10)
2:17.85 Diane Smith Trinity Inv. (3/6)
2:19.21 Chonna Wright Whataburger (3/19-20)
2:19.64 Veronica Silva Trinity Inv. (3/6)
2:20.29 Rita Lambert Angela Proctor (3/13)
2:25.45 Amanda Barbosa Trinity Inv. (3/6)
2:25.97 Ryanne Dupree Texas Relays (3/31-4/3)
2:29.22 Briana Mendez Michael Johnson (4/17)
2:33.70 Melissa Palomo A&M Invite (4/10)
2:34.87 Kandace Traywick SLC Outdoor (5/15-17)

1,500 Meters

4:29.12

4:28.95% Leticia Cerna A&M Invite (4/10)
4:40.06 Meghan Chance Texas Relays (3/31-4/3)
4:47.68 Rita Lambert SLC Outdoor (5/15-17)
4:56.15 Ashley McDonald Trinity Inv. (3/6)
5:04.11 Karilyn Petty Trinity Inv. (3/6)
5:06.92 Briana Mendez A&M Invite (4/10)
5:08.13 Melissa Palomo Michael Johnson (4/17)
5:08.99 Diane Smith Angela Proctor (3/13)
5:11.84 Chonna Wright Angela Proctor (3/13)
5:15.51 Amanda Barbosa Angela Proctor (3/13)

2,000-Meter Steeplechase

not an NCAA event

7:53.99 Karilyn Petty Angela Proctor (3/13)
8:53.75 Melissa Palomo Angela Proctor (3/13)

3,000-Meter Steeplechase

10:57.18

10:47.54\$% Leticia Cerna Mt. SAC (4/16-18)
12:07.92 Karilyn Petty A&M Invite (4/10)

3,000 Meters

not an NCAA event

10:48.55 Ashley McDonald Angela Proctor (3/13)
10:59.42 Karilyn Petty Whataburger (3/19-20)
12:32.75 Melissa Palomo Angela Proctor (3/13)

5,000 Meters

16:56.43

18:27.86 Ashley McDonald Michael Johnson (4/17)

10,000 Meters

34:10.00 / 35:15.00

39:22.55 Ashley McDonald SLC Outdoor (5/15-17)

100-Meter Hurdles

13.95

13.65% (+1.4) Ryanne Dupree SLC Outdoor (5/15-17)
14.74 (+0.5) Lyndsey Sidney SLC Outdoor (5/15-17)
14.88w (+2.1) Kandace Traywick Angela Proctor (3/13)
15.02 (+1.1) Demetria Holmes SLC Outdoor (5/15-17)

400-Meter Hurdles

1:00.82

1:02.05 Lyndsey Sidney SLC Outdoor (5/15-17)
1:04.55 Demetria Holmes SLC Outdoor (5/15-17)
1:08.35 Breka Adams Michael Johnson (4/17)

4x100-Meter Relay

45.80

45.97 Moszee, Dupree, Snitkoff, R. Holmes
..... Michael Johnson (4/17)
46.01 UTSA Texas Relays (3/31-4/3)
46.03 UTSA SLC Outdoor (5/15-17)
46.06 UTSA A&M Invite (4/10)
46.58 UTSA Texas Relays (3/31-4/3)
46.63 Moszee, Hurd, Snitkoff, R. Holmes
..... Whataburger (3/19-20)
46.67 Moszee, Dupree, Snitkoff, R. Holmes
..... Drake Relays (4/22-24)
46.80 UTSA Trinity Inv. (3/6)
47.26 UTSA Angela Proctor (3/13)

4x200-Meter Relay

not an NCAA event

1:35.05 Moszee, Hurd, Snitkoff, R. Holmes
..... Drake Relays (4/22-24)
1:38.76 Hurd, Oliver, Snitkoff, R. Holmes
..... Texas Relays (3/31-4/3)
1:38.76 UTSA Whataburger (3/19-20)

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4x400-Meter Relay

3:43.03

3:42.87% Smith, Snitkoff, Wright, R. Holmes
..... Drake Relays (4/22-24)
3:45.08 Oliver, Snitkoff, Smith, R. Holmes
..... Whataburger (3/19-20)
3:48.81 Oliver, Snitkoff, Smith, R. Holmes
..... Texas Relays (3/31-4/3)
3:49.53 UTSA SLC Outdoor (5/15-17)
3:50.43 Wright, Snitkoff, Sidney, Smith
..... Midwest Regional (5/28-29)
3:51.88 Smith, Snitkoff, Oliver, Chance
..... Angela Proctor (3/13)
3:52.94 Wright, Snitkoff, Smith, R. Holmes
..... Trinity Inv. (3/6)
3:55.26 Wright, Chance, Cerna, Silva
..... Whataburger (3/19-20)
3:57.63 Oliver, Hurd, Silva, Chance
..... Trinity Inv. (3/6)
4:04.46 Adams, Lambert, Silva, Chance
..... Angela Proctor (3/13)
4:16.92 Lambert, Petty, Palomo, Barbosa
..... Trinity Inv. (3/6)
4:29.84 Barbosa, Palomo, McDonald, Petty
..... Angela Proctor (3/13)

4x440-Yard Relay

3:50.02 UTSA Michael Johnson (4/17)

4x800-Meter Relay

not an NCAA event

9:08.65 Chance, Wright, Smith, Cerna
..... Texas Relays (3/31-4/3)
9:12.58 Smith, Chance, Wright, Cerna
..... Drake Relays (4/22-24)

Shuttle Hurdle Relay

not an NCAA event

58.74 UTSA Whataburger Relays (3/19-20)

Sprint Medley Relay

not an NCAA event

3:52.66 Moszee, R. Holmes, Snitkoff, Cerna
..... Drake Relays (4/22-24)

Distance Medley Relay

not an NCAA event

11:48.51 Chance, Smith, Wright, Cerna
..... Drake Relays (4/22-24)

High Jump

1.73m (5-8)

5-8% (1.73m) Ryanne Dupree SLC Outdoor (5/15-17)
5-2.25 (1.58m) Shalayne Hobbs Angela Proctor (3/13)
4-9.75 (1.47m) Kandace Traywick Trinity Inv. (3/6)
4-9.75 (1.47m) Lyndsey Sidney Trinity Inv. (3/6)

Long Jump

5.93m (19-5.5)

19-10.25% (6.05m) Ryanne Dupree A&M Invite (4/10)
18-8 (5.69m) Morgan Moszee Whataburger (3/19-20)
17-4.75 (5.30m) Kandace Traywick A&M Invite (4/10)
17-3.5w (5.27m) Stephanie Swords Michael Johnson (4/17)

Triple Jump

12.26m (40-2.75)

38-9 (11.81m) Morgan Moszee Trinity Inv. (3/6)

Shot Put

14.24m (46-8.75)

43-3.75 (13.20m) ... Tasha Ramos Whataburger (3/19-20)
39-1.25 (11.92m) ... Shantel Buggs A&M Invite (4/10)
35-10.75 (10.94m) . Ashley Ackerley Angela Proctor (3/13)
35-4.5 (10.78m) Kandace Traywick Trinity Inv. (3/6)
34-5.5 (10.50m) Ryanne Dupree NCAA Outdoor (6/9)

Discus

46.58m (152-10)

150-9 (45.96m) Edie Christian Texas Relays (3/31-4/3)
138-3 (42.13m) Tasha Ramos SLC Outdoor (5/15-17)
134-7 (41.03m) Shantel Buggs SLC Outdoor (5/15-17)
131-8 (40.13m) Ashley Ackerley SLC Outdoor (5/15-17)

Javelin

42.61m (139-9)

116-9 (35.60m) Ryanne Dupree SLC Outdoor (5/15-17)
109-3 (33.31m) Chonna Wright SLC Outdoor (5/15-17)
101-2 (30.84m) Melissa Palomo Whataburger (3/19-20)
97-8 (29.76m) Kandace Traywick SLC Outdoor (5/15-17)

Heptathlon

5,500 / 5,000

5,383# Ryanne Dupree Texas Relays (3/31-4/3)
4,301 Kandace Traywick SLC Outdoor (5/15-17)

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Ashley Ackerley

Shot Put

34-9.5 (10.60m)	9th	Trinity Inv. (3/6)
35-10.75 (10.94m)	7th	Angela Proctor (3/13)
34-10.25 (10.62m)	25th	Michael Johnson (4/17)
35-6 (10.82m)	24th	SLC Outdoor (5/15-17)

Discus

120-7 (36.77m)	5th	Trinity Inv. (3/6)
115-10 (35.30m)	8th	Angela Proctor (3/13)
123-0 (37.50m)	14th	Michael Johnson (4/17)
125-6 (38.26m)	14th	Rice Twilight (4/24)
131-8 (40.13m)	20th	SLC Outdoor (5/15-17)

Breka Adams

400-Meter Hurdles

1:09.84	6th	Trinity Inv. (3/6)
1:11.20	6th	Whataburger (3/19-20)
1:08.35	10th (p)	Michael Johnson (4/17)
1:11.91	19th (p)	SLC Outdoor (5/15-17)

Amanda Barbosa

800 Meters

2:25.45	6th	Trinity Inv. (3/6)
2:26.97	26th	A&M Invite (4/10)

1,500 Meters

5:15.51	9th	Angela Proctor (3/13)
5:19.40	13th	Michael Johnson (4/17)

Shantel Buggs

Shot Put

38-6 (11.73m)	3rd	Trinity Inv. (3/6)
36-11.75 (11.27m)	6th	Angela Proctor (3/13)
38-0.25 (11.59m)	6th	Whataburger (3/19-20)
39-1.25 (11.92m)	18th	A&M Invite (4/10)
36-2 (11.02m)	23rd	Michael Johnson (4/17)
36-6.25 (11.13m)	13th	Rice Twilight (4/24)
39-1.25 (11.92m)	17th	SLC Outdoor (5/15-17)

Discus

123-0 (37.50m)	4th	Trinity Inv. (3/6)
116-10 (35.61m)	7th	Angela Proctor (3/13)
118-9 (36.21m)	16th	Michael Johnson (4/17)
129-11 (39.60m)	12th	Rice Twilight (4/24)
134-7 (41.03m)	17th	SLC Outdoor (5/15-17)

Leticia Cerna

800 Meters

2:11.06	15th	Mt. SAC (4/16-18)
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1,500 Meters

4:34.59	1st	Whataburger (3/19-20)
4:33.80	12th	Texas Relays (3/31-4/3)
4:28.95%	2nd	A&M Invite (4/10)
4:41.91	2nd (p)	SLC Outdoor (5/15-17)
4:41.08	4th	SLC Outdoor (5/15-17)
4:37.87	8th	Midwest Regional (5/28-29)

3,000-Meter Steeplechase

10:47.54\$%	9th	Mt. SAC (4/16-18)
11:12.26	4th	SLC Outdoor (5/15-17)

Meghan Chance

800 Meters

2:16.03	6th	A&M Invite (4/10)
2:16.53	10th (p)	SLC Outdoor (5/15-17)
2:23.92	11th	SLC Outdoor (5/15-17)

1,500 Meters

4:46.90	2nd	Trinity Inv. (3/6)
4:46.42	3rd	Angela Proctor (3/13)
4:45.15	5th	Whataburger (3/19-20)
4:40.06	5th (B)	Texas Relays (3/31-4/3)
4:48.63	9th (p)	SLC Outdoor (5/15-17)
5:01.18	10th	SLC Outdoor (5/15-17)

Edie Christian

Discus

139-8 (42.58m)	1st	Trinity Inv. (3/6)
138-4 (42.16m)	3rd	Angela Proctor (3/13)
150-9 (45.96m)	5th (B)	Texas Relays (3/31-4/3)
145-8 (44.40m)	4th	Michael Johnson (4/17)
141-9 (43.22m)	23rd	Drake Relays (4/22-24)
141-2 (43.03m)	10th	SLC Outdoor (5/15-17)

Ryanne Dupree

Heptathlon

5,383#	1st	Texas Relays (3/31-4/3)
5,087#	1st	Drake Relays (4/21-22)
5,316	7th	NCAA Outdoor (6/9-10)

200 Meters

25.00 (-1.5)	—	Texas Relays (3/31-4/3)
25.18w (+3.0)	—	Drake Relays (4/21-22)
25.10 (+0.5)	—	NCAA Outdoor (6/9)

800 Meters

2:25.97	—	Texas Relays (3/31-4/3)
2:26.53	—	Drake Relays (4/21-22)
2:27.12	—	NCAA Outdoor (6/10)

100-Meter Hurdles

13.96 (+0.3)	1st	Whataburger (3/19-20)
14.00 (-0.8)	—	Texas Relays (3/31-4/3)
14.03w (+2.9)	6th	A&M Invite (4/10)
14.06 (+2.0)	p	Michael Johnson (4/17)
14.13	8th	Michael Johnson (4/17)
14.25 (+0.4)	—	Drake Relays (4/21-22)
13.73% (+0.5)	1st (p)	SLC Outdoor (5/17-19)
13.65% (+1.4)	1st	SLC Outdoor (5/17-19)
13.68 (+0.2)	7th (p)	Midwest Regional (5/28-29)
13.76w (+2.1)	—	NCAA Outdoor (6/9)

High Jump

5-6 (1.68m)	—	Texas Relays (3/31-4/3)
5-0.5 (1.54m)	—	Drake Relays (4/21-22)
5-8% (1.73m)	t3rd	SLC Outdoor (5/15-17)
5-6.5 (1.69m)	t21st	Midwest Regional (5/28-29)
5-5 (1.65m)	—	NCAA Outdoor (6/9)

Long Jump

18-11.25 (5.77m) (+0.9)	1st	Whataburger (3/19-20)
19-3.25 (5.87m)	—	Texas Relays (3/31-4/3)
19-10.25% (6.05m)	6th	A&M Invite (4/10)
19-8.25% (6.00m)	4th	Michael Johnson (4/17)
18-10.5 (5.75m)	—	Drake Relays (4/21-22)
19-0w (5.79m)	4th	SLC Outdoor (5/15-17)
18-6w (5.64m)	22nd	Midwest Regional (5/28-29)
19-3.25 (5.87m)	—	NCAA Outdoor (6/10)

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Shot Put

34-1.25 (10.39m)	—	Texas Relays (3/31-4/3)
32-5 (9.88m)	—	Drake Relays (4/21-22)
34-5.5 (10.50m)	—	NCAA Outdoor (6/9)

Javelin

111-6 (34.00m)	2nd	Whataburger (3/19-20)
116-0 (35.37m)	—	Texas Relays (3/31-4/3)
115-4 (35.15m)	—	Drake Relays (4/21-22)
116-9 (35.60m)	15th	SLC Outdoor (5/15-17)
107-5 (32.74m)	—	NCAA Outdoor (6/10)

Shalayne Hobbs

High Jump

4-11.75 (1.52m)	t3rd	Trinity Inv. (3/6)
5-2.25 (1.58m)	1st	Angela Proctor (3/13)
5-0.25 (1.53m)	2nd	Whataburger (3/19-20)

Demetria Holmes

100-Meter Hurdles

16.67 (-0.5)	6th	Trinity Inv. (3/6)
15.79w (+2.1)	3rd	Angela Proctor (3/13)
15.95 (+0.3)	5th	Whataburger (3/19-20)
15.44w (+2.7)	23rd	A&M Invite (4/10)
15.38 (+1.8)	p	Michael Johnson (4/17)
15.02 (+1.1)	15th (p)	SLC Outdoor (5/15-17)

400-Meter Hurdles

1:10.88	13th (p)	Michael Johnson (4/17)
1:04.55	10th (p)	SLC Outdoor (5/15-17)

Rosalind Holmes

100 Meters

12.20 (-1.5)	1st	Trinity Inv. (3/6)
11.99 (+1.2)	2nd (p)	Whataburger (3/19-20)
12.13 (+0.9)	2nd	Whataburger (3/19-20)
11.89w (+3.7)	12th (p)	Michael Johnson (4/17)
11.66% (+0.8)	2nd (p)	SLC Outdoor (5/15-17)
11.84w (+2.6)	6th (p)	Midwest Regional (5/28-29)

200 Meters

24.93w (+3.4)	1st	Angela Proctor (3/13)
24.14w (+2.6)	10th (p)	Michael Johnson (4/17)
24.55	6th (p)	SLC Outdoor (5/15-17)

Shadana Hurd

100 Meters

12.72 (-1.5)	4th	Trinity Inv. (3/6)
12.80w (+2.9)	9th	Angela Proctor (3/13)
12.64 (+0.7)	8th (p)	Whataburger (3/19-20)
12.68 (+0.9)	7th	Whataburger (3/19-20)
12.57w (+3.6)	34th	A&M Invite (4/10)
12.79w (+3.1)	46th (p)	Michael Johnson (4/17)
12.38 (+0.8)	23rd (p)	SLC Outdoor (5/15-17)

200 Meters

26.00 (-0.3)	3rd	Trinity Inv. (3/6)
26.52w (+3.4)	7th	Angela Proctor (3/13)
25.24w (+3.9)	27th (p)	Michael Johnson (4/17)
25.32	19th (p)	SLC Outdoor (5/15-17)

Rita Lambert

800 Meters

2:22.67	4th	Trinity Inv. (3/6)
2:20.29	2nd	Angela Proctor (3/13)

1,500 Meters

4:54.15	13th	A&M Invite (4/10)
4:48.47	6th	Michael Johnson (4/17)
4:51.80	4th	Rice Twilight (4/24)
4:47.68	8th (p)	SLC Outdoor (5/15-17)
5:02.13	12th	SLC Outdoor (5/15-17)

Ashley McDonald

1,500 Meters

4:56.15	5th	Trinity Inv. (3/6)
5:00.10	9th	Rice Twilight (4/24)

3,000 Meters

10:48.55	3rd	Angela Proctor (3/13)
10:54.39	4th	Whataburger (3/19-20)

5,000 Meters

18:27.86	12th	Michael Johnson (4/17)
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10,000 Meters

39:22.55	7th	SLC Outdoor (5/15-17)
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Briana Mendez

800 Meters

2:32.29	5th	Angela Proctor (3/13)
2:29.22	23rd	Michael Johnson (4/17)

1,500 Meters

5:12.28	9th	Trinity Inv. (3/6)
5:06.92	24th	A&M Invite (4/10)

Morgan Moszee

100 Meters

12.44 (-1.5)	2nd	Trinity Inv. (3/6)
12.54w (+2.9)	6th	Angela Proctor (3/13)
12.32 (+0.7)	5th (p)	Whataburger (3/19-20)
12.31 (+0.9)	5th	Whataburger (3/19-20)
12.26w (+4.5)	25th	A&M Invite (4/10)
12.38w (+3.7)	34th (p)	Michael Johnson (4/17)

200 Meters

24.95w (+3.7)	22nd (p)	Michael Johnson (4/17)
25.07	16th (p)	SLC Outdoor (5/15-17)

Long Jump

17-9 (5.41m) (+1.6)	4th	Trinity Inv. (3/6)
18-6.5 (5.65m)	2nd	Angela Proctor (3/13)
18-8 (5.69m) (+0.6)	2nd	Whataburger (3/19-20)
18-5 (5.61m)	18th	A&M Invite (4/10)
17-7.5w (5.37m) (+2.2)	22nd	Michael Johnson (4/17)
18-6w (5.64m)	7th	SLC Outdoor (5/15-17)

Triple Jump

38-9 (11.81m) (-0.1)	1st	Trinity Inv. (3/6)
36-9 (11.20m)	3rd	Angela Proctor (3/13)
37-10 (11.53m)	1st	Whataburger (3/19-20)
37-8.5w (11.49m)	9th	A&M Invite (4/10)
38-5.5w (11.72m)	10th	SLC Outdoor (5/15-17)

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Landry Oliver

200 Meters

25.39w (+3.4) 3rd Angela Proctor (3/13)
25.80w (+3.7) 40th (p) Michael Johnson (4/17)

400 Meters

56.76 1st Trinity Inv. (3/6)
58.23 6th Whataburger (3/19-20)
58.81 25th A&M Invite (4/10)

Melissa Palomo

800 Meters

2:33.70 33rd A&M Invite (4/10)

1,500 Meters

5:19.82 15th Trinity Inv. (3/6)
5:08.13 10th Michael Johnson (4/17)

2,000-Meter Steeplechase

8:53.75 3rd Angela Proctor (3/13)

3,000 Meters

12:32.75 8th Angela Proctor (3/13)

Karilyn Petty

1,500 Meters

5:04.11 8th Trinity Inv. (3/6)
5:04.44 8th Michael Johnson (4/17)

2,000-Meter Steeplechase

7:53.99 1st Angela Proctor (3/13)

3,000 Meters

11:10.18 5th Angela Proctor (3/13)
10:59.42 6th Whataburger (3/19-20)

3,000-Meter Steeplechase

12:07.92 — A&M Invite (4/10)
12:25.03 12th SLC Outdoor (5/15-17)

Tasha Ramos

Shot Put

42-2.25 (12.86m) 2nd Trinity Inv. (3/6)
41-7 (12.67m) 3rd Angela Proctor (3/13)
43-3.75 (13.20m) 2nd Whataburger (3/19-20)
40-4.25 (12.30m) 15th A&M Invite (4/10)
40-11.75 (12.49m) 10th Michael Johnson (4/17)
41-4.25 (12.60m) 5th Rice Twilight (4/24)
42-5.25 (12.93m) 10th SLC Outdoor (5/15-17)

Discus

134-1 (40.87m) 3rd Trinity Inv. (3/6)
132-1 (40.26m) 6th Angela Proctor (3/13)
128-1 (39.05m) 11th Michael Johnson (4/17)
134-10 (41.10m) 11th Rice Twilight (4/24)
138-3 (42.13m) 13th SLC Outdoor (5/15-17)

Chanel Sams

100 Meters

13.61 (-1.5) 12th Trinity Inv. (3/6)
13.61w (+3.6) 54th A&M Invite (4/10)
13.53w (+3.1) 54th (p) Michael Johnson (4/17)

200 Meters

28.48 (-0.9) 9th Trinity Inv. (3/6)
28.32w (+2.8) 66th (p) Michael Johnson (4/17)

Lyndsey Sidney

100-Meter Hurdles

15.08 (-0.2) 1st Trinity Inv. (3/6)
15.66w (+2.1) 2nd Angela Proctor (3/13)
15.00 (+0.3) 2nd Whataburger (3/19-20)
15.35 (+1.8) p Texas Relays (3/31-4/3)
15.14w (+2.7) 19th A&M Invite (4/10)
14.74 (+0.5) 10th (p) SLC Outdoor (5/15-17)

400-Meter Hurdles

1:06.98 p Michael Johnson (4/17)
1:04.96 5th Michael Johnson (4/17)
1:02.05 2nd (p) SLC Outdoor (5/15-17)
1:03.75 5th SLC Outdoor (5/15-17)

High Jump

4-9.75 (1.47m) t5th Trinity Inv. (3/6)

Veronica Silva

800 Meters

2:19.64 2nd Trinity Inv. (3/6)
2:21.10 3rd Angela Proctor (3/13)
2:22.49 7th Whataburger (3/19-20)
2:32.84 14th (p) SLC Outdoor (5/15-17)

Diane Smith

400 Meters

59.36 15th (p) SLC Outdoor (5/15-17)

800 Meters

2:17.85 1st Trinity Inv. (3/6)
2:18.47 3rd Whataburger (3/19-20)
2:18.56 10th A&M Invite (4/10)

1,500 Meters

5:08.99 6th Angela Proctor (3/13)

Jessica Snitkoff

100 Meters

12.12w (+2.9) 2nd Angela Proctor (3/13)
12.11w (+3.0) 3rd (p) Whataburger (3/19-20)
12.14 (+0.9) 3rd Whataburger (3/19-20)
12.06w (+3.1) 17th (p) Michael Johnson (4/17)
11.87 (+1.1) 4th (p) SLC Outdoor (5/15-17)
12.00 (+1.8) 6th SLC Outdoor (5/15-17)

200 Meters

24.55 (-0.3) 1st Trinity Inv. (3/6)
24.10w (+3.2) 9th (p) Michael Johnson (4/17)
24.10 2nd (p) SLC Outdoor (5/15-17)
23.86w% (+3.0) 2nd SLC Outdoor (5/15-17)
23.78 (+1.6) 4th (p) Midwest Regional (5/28-29)

Stephanie Swords

Long Jump

17-3.5w (5.27m) (+3.1) 26th Michael Johnson (4/17)
16-8.5 (5.09m) 17th SLC Outdoor (5/15-17)

2004 UTSA Women's Track & Field Outdoor Progressions

% - NCAA regional mark • @ - NCAA automatic mark • # - NCAA provisional mark • \$ - school record • w - wind-aided • p - preliminary round • s - semifinal round

Kandace Traywick

Heptathlon

4,082 1st Whataburger (3/19-20)
 4,301 7th SLC Outdoor (5/15-17)

200 Meters

27.23 (-0.6) — Whataburger (3/19-20)
 26.47 (-2.0) — SLC Outdoor (5/15-17)

800 Meters

2:46.66 — Whataburger (3/19-20)
 2:34.87 — SLC Outdoor (5/15-17)

100-Meter Hurdles

15.33 (-0.2) 3rd Trinity Inv. (3/6)
 14.88w (+2.1) 1st Angela Proctor (3/13)
 15.04 (+1.0) — Whataburger (3/19-20)
 15.32 (+0.3) 4th Whataburger (3/19-20)
 14.92w (+2.7) 16th A&M Invite (4/10)
 15.06 (+2.0) p Michael Johnson (4/17)
 15.33 (+0.9) — SLC Outdoor (5/15-17)
 15.29 (+0.5) 17th (p) SLC Outdoor (5/15-17)

High Jump

4-9.75 (1.47m) t5th Trinity Inv. (3/6)
 4-7.75 (1.42m) t4th Angela Proctor (3/13)
 4-9.5 (1.46m) — Whataburger (3/19-20)
 4-8.25 (1.43m) — SLC Outdoor (5/15-17)

Long Jump

16-7.25 (5.06m) (+1.2) 8th Trinity Inv. (3/6)
 17-07.5 (5.20m) 4th Angela Proctor (3/13)
 15-8.75 (4.79m) — Whataburger (3/19-20)
 17-4.75 (5.30m) 26th A&M Invite (4/10)
 16-5.75 (5.02m) — SLC Outdoor (5/15-17)

Shot Put

35-4.5 (10.78m) 8th Trinity Inv. (3/6)
 32-7.5 (9.94m) 10th Angela Proctor (3/13)
 34-1.5 (10.40m) — Whataburger (3/19-20)
 32-11 (10.03m) — SLC Outdoor (5/15-17)

Javelin

88-3 (26.90m) — Whataburger (3/19-20)
 97-8 (29.76m) — SLC Outdoor (5/15-17)

Crystal Ward

100 Meters

13.80 (-1.5) 13th Trinity Inv. (3/6)
 13.64w (+2.9) 12th Angela Proctor (3/13)
 13.29w (+3.8) 50th A&M Invite (4/10)
 13.87w (+3.1) 55th Michael Johnson (4/17)

200 Meters

28.83 (-0.3) 14th Trinity Inv. (3/6)
 28.68w (+2.1) 11th Angela Proctor (3/13)
 28.69w (+2.6) 68th (p) Michael Johnson (4/17)

Chonna Wright

400 Meters

58.16 5th Whataburger (3/19-20)
 57.27 8th (p) SLC Outdoor (5/15-17)
 57.95 8th SLC Outdoor (5/15-17)

800 Meters

2:21.09 3rd Trinity Inv. (3/6)
 2:19.21 4th Whataburger (3/19-20)
 2:20.33 13th Michael Johnson (4/17)

1,500 Meters

5:11.84 8th Angela Proctor (3/13)