



# 2010 UTSA Roadrunners Men's Outdoor Track & Field Season Bests

## 100 meters

10.03 (4.3) \_\_\_\_\_ Teddy Williams \_\_\_\_\_ Southland Championships (5/16)  
 10.29 \_\_\_\_\_ Teddy Williams \_\_\_\_\_ NCAA Championships (5/28)  
 10.55 \_\_\_\_\_ Edmund Yeboah \_\_\_\_\_ Mt. SAC Relays (4/17)  
 10.60 \_\_\_\_\_ Adam Hebert \_\_\_\_\_ NCAA Championships (5/27)  
 10.74 \_\_\_\_\_ Nate Brunette \_\_\_\_\_ Southland Championships (5/15)  
 10.87 \_\_\_\_\_ Kenton Jackson \_\_\_\_\_ Texas Invitational (5/1)  
 10.95 \_\_\_\_\_ Tyler Williamson \_\_\_\_\_ Texas State Invitational (4/24)  
 11.08 \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/14)  
 11.13 (5.9) \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Texas Relays (3/31)

## 200 meters

20.63 \_\_\_\_\_ Teddy Williams \_\_\_\_\_ Southland Championships (5/16)  
 21.21 \_\_\_\_\_ Adam Hebert \_\_\_\_\_ Southland Championships (5/16)  
 21.40 (3.2) \_\_\_\_\_ John Matthews \_\_\_\_\_ Texas Invitational (5/1)  
 21.43 \_\_\_\_\_ Nate Brunette \_\_\_\_\_ Mt. SAC Relays (4/16)  
 21.78 (2.2) \_\_\_\_\_ Kenton Jackson \_\_\_\_\_ Texas Invitational (5/1)  
 21.90 \_\_\_\_\_ Edmund Yeboah \_\_\_\_\_ Texas State Invitational (4/24)  
 21.93 \_\_\_\_\_ John Matthews \_\_\_\_\_ Texas State Invitational (4/24)  
 22.01 \_\_\_\_\_ Kenton Jackson \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 22.41 \_\_\_\_\_ Geulien Brisco \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 23.04 \_\_\_\_\_ Tyler Williamson \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 23.18 \_\_\_\_\_ Keith Benford \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 23.46 \_\_\_\_\_ Devon Bond \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 23.60 \_\_\_\_\_ Johnathan Whittaker \_\_\_\_\_ Trinity Alumni Classic (4/10)

## 400 meters

48.82 \_\_\_\_\_ Spenser Eggleston \_\_\_\_\_ Texas Invitational (5/1)  
 49.36 \_\_\_\_\_ Xavier Archangel \_\_\_\_\_ Trinity Last Chance (5/8)  
 49.36 \_\_\_\_\_ James Pailin \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 49.72 \_\_\_\_\_ Kevin Pfullmann \_\_\_\_\_ Trinity Twilight (4/16)  
 50.10 \_\_\_\_\_ Bryan Ugochukwu \_\_\_\_\_ Texas State Invitational (4/24)  
 50.84 \_\_\_\_\_ Kenton Jackson \_\_\_\_\_ Victor Lopez Invitational (3/27)  
 51.06 \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/14)  
 52.87 \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Texas Relays (3/31)

## 800 meters

1:50.95 \_\_\_\_\_ Bryan Ugochukwu \_\_\_\_\_ Texas Invitational (5/1)  
 1:52.08 \_\_\_\_\_ Canel Cole \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 1:53.67 \_\_\_\_\_ Albert Cardenas \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 1:53.92 \_\_\_\_\_ Brandon Chiuminetta \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 1:54.09 \_\_\_\_\_ Corey Vargas \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 1:54.29 \_\_\_\_\_ Cole Reveal \_\_\_\_\_ Trinity Alumni Classic (4/10)

## 1,500 meters

3:51.66 \_\_\_\_\_ Albert Cardenas \_\_\_\_\_ Mt. SAC Relays (4/16)  
 3:53.27 \_\_\_\_\_ Cole Reveal \_\_\_\_\_ Texas Invitational (5/1)  
 3:55.19 \_\_\_\_\_ Corey Vargas \_\_\_\_\_ Mt. SAC Relays (4/16)  
 3:58.34 \_\_\_\_\_ Brandon Chiuminetta \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 4:05.83 \_\_\_\_\_ Ivan Garcia \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 4:08.83 \_\_\_\_\_ Jim Stitt \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 4:10.17 \_\_\_\_\_ Canel Cole \_\_\_\_\_ Texas State Invitational (4/24)  
 4:38.90 \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/15)  
 5:19.18 \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Texas Relays (4/1)

## 5,000 meters

15:00.77 \_\_\_\_\_ Brandon Chiuminetta \_\_\_\_\_ Southland Championships (5/16)  
 15:07.18 \_\_\_\_\_ Cole Reveal \_\_\_\_\_ Mt. SAC Relays (4/16)  
 15:33.49 \_\_\_\_\_ Eric Doll \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 15:49.19 \_\_\_\_\_ Jim Stitt \_\_\_\_\_ Texas Relays (3/31)  
 15:54.73 \_\_\_\_\_ Ivan Garcia \_\_\_\_\_ Trinity Alumni Classic (4/10)

## 10,000 meters

31:19.65 \_\_\_\_\_ Jim Stitt \_\_\_\_\_ Mt. SAC Relays (4/15)  
 31:58.75 \_\_\_\_\_ Ivan Garcia \_\_\_\_\_ Southland Championships (5/14)  
 32:17.56 \_\_\_\_\_ Eric Doll \_\_\_\_\_ Southland Championships (5/14)

## 110-meter hurdles

14.43 (3.9) \_\_\_\_\_ John Matthews \_\_\_\_\_ Texas Relays (4/2)  
 14.49 \_\_\_\_\_ John Matthews \_\_\_\_\_ Mt. SAC Relays (4/16)  
 15.65 \_\_\_\_\_ Darryl Wyrick \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 16.03 \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Victor Lopez Invitational (3/27)  
 16.57 \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/15)

## 400-meter hurdles

52.87 \_\_\_\_\_ Darryl Wyrick \_\_\_\_\_ Southland Championships (5/16)  
 54.28 \_\_\_\_\_ Isah Muhammed \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 56.19 \_\_\_\_\_ Terrence Watson \_\_\_\_\_ Trinity Open (3/6)

## 3,000-meter steeplechase

9:17.80 \_\_\_\_\_ Brandon Chiuminetta \_\_\_\_\_ Southland Championships (5/15)

## 400-meter relay

39.59 s \_\_\_\_\_ Hebert, Williams \_\_\_\_\_ Texas Relays (4/2)  
 \_\_\_\_\_ Matthews, Brunette

## 1,600-meter relay

3:12.12 \_\_\_\_\_ Eggleston, Williams, \_\_\_\_\_ Texas Invitational (5/1)  
 \_\_\_\_\_ Cole, Ugochukwu

## High jump

2.15m s \_\_\_\_\_ Keith Benford \_\_\_\_\_ Mt. SAC Relays (4/16)  
 2.13m \_\_\_\_\_ Devon Bond \_\_\_\_\_ Southland Championships (5/15)  
 2.08m \_\_\_\_\_ Johnathan Whittaker \_\_\_\_\_ Southland Championships (5/15)  
 2.03m \_\_\_\_\_ Colin Thomas \_\_\_\_\_ Southland Championships (5/15)  
 2.00m \_\_\_\_\_ Geulien Brisco \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 1.95m \_\_\_\_\_ Sean Masek \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 1.84m \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Texas Relays (3/31)  
 1.65m \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/14)

## Pole vault

5.00m s \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Texas State Invitational (4/24)  
 4.90m \_\_\_\_\_ Greg Gabrisch \_\_\_\_\_ Trinity Tigers Relays (4/2)  
 4.77m \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/16)  
 4.40m \_\_\_\_\_ Dillard Glass \_\_\_\_\_ Victor Lopez Invitational (3/27)

## Long jump

7.50m \_\_\_\_\_ Peyton Vickers \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 7.37m \_\_\_\_\_ Tyler Williamson \_\_\_\_\_ Southland Championships (5/15)  
 7.33m \_\_\_\_\_ Adam Hebert \_\_\_\_\_ Southland Championships (5/15)  
 7.01m \_\_\_\_\_ Geulien Brisco \_\_\_\_\_ Southland Championships (5/15)  
 6.73m (2.6) \_\_\_\_\_ Keith Benford \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 6.50m \_\_\_\_\_ Keith Benford \_\_\_\_\_ Victor Lopez Invitational (3/27)  
 6.35m \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Texas Relays (3/31)  
 6.31m \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/14)

## Triple jump

16.20m s (3.6) \_\_\_\_\_ Devon Bond \_\_\_\_\_ NCAA Championships (6/9)  
 14.65m \_\_\_\_\_ Johnathan Whittaker \_\_\_\_\_ Southland Championships (5/16)  
 14.47m \_\_\_\_\_ Geulien Brisco \_\_\_\_\_ Texas State Invitational (4/24)

## Shot put

17.54m s \_\_\_\_\_ Richard Garrett Jr. \_\_\_\_\_ Victor Lopez Invitational (3/27)  
 12.34m \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Texas Relays (3/31)  
 11.20m \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/14)

## Discus

52.79m \_\_\_\_\_ Richard Garrett Jr. \_\_\_\_\_ Southland Championships (5/16)  
 50.22m \_\_\_\_\_ Phil Steinert \_\_\_\_\_ Texas Invitational (5/1)  
 42.03m \_\_\_\_\_ Michael Thomas \_\_\_\_\_ Texas State Invitational (4/24)  
 35.80m \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Southland Championships (5/15)  
 33.23m \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/15)

## Hammer

52.10m \_\_\_\_\_ Phil Steinert \_\_\_\_\_ Trinity Open (3/5)  
 44.77m \_\_\_\_\_ Richard Garrett Jr. \_\_\_\_\_ Trinity Open (3/5)  
 38.14m \_\_\_\_\_ Michael Thomas \_\_\_\_\_ Trinity Alumni Classic (4/9)

## Javelin

58.19m \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Texas Relays (4/1)  
 53.38m \_\_\_\_\_ Sean Masek \_\_\_\_\_ Trinity Alumni Classic (4/10)  
 49.79m \_\_\_\_\_ Michael Thomas \_\_\_\_\_ Texas State Invitational (4/24)  
 48.40m \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/15)

## Decathlon

6,739 \_\_\_\_\_ Kyle Kaase \_\_\_\_\_ Texas Relays (3/31-4/1)  
 6,580 \_\_\_\_\_ Lucas Neeper \_\_\_\_\_ Southland Championships (5/14-15)



# 2010 UTSA Roadrunners Men's Outdoor Track & Field Season Bests

## Xaviar Archangel

### 400 meters

50.34 \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 50.07 \_\_\_\_\_ Mt. SAC Relays (April 16)  
 50.21 \_\_\_\_\_ Texas State Invitational (April 24)  
 49.57 \_\_\_\_\_ Texas Invitational (May 1)  
 49.36 (1st) \_\_\_\_\_ Trinity Last Chance (May 8)

## Keith Benford

### 200 meters

23.18 \_\_\_\_\_ Trinity Alumni Classic (April 10)

### High jump

2.11m (3rd) \_\_\_\_\_ Texas Relays (April 3)  
 2.15m (1st) \_\_\_\_\_ Mt. SAC Relays (April 16)  
 2.08m (4th) \_\_\_\_\_ Southland Championships (May 15)  
 2.11m (t-8th/quarterfinals) \_\_\_\_\_ NCAA Championships (May 28)  
 2.10m (finals) \_\_\_\_\_ NCAA Championships (June 11)

### Long jump

6.50m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 6.73m (2.6) \_\_\_\_\_ Trinity Alumni Classic (April 10)

## Devon Bond

### 200 meters

23.46 \_\_\_\_\_ Trinity Alumni Classic (April 10)

### High jump

2.05m (1st) \_\_\_\_\_ Texas State Invitational (April 24)  
 2.13m (1st) \_\_\_\_\_ Southland Championships (May 15)  
 2.06m (first round) \_\_\_\_\_ NCAA Championships (May 28)

### Triple jump

15.70m s \_\_\_\_\_ Texas Relays (April 3)  
 15.27m (2nd) \_\_\_\_\_ Mt. SAC Relays (April 16)  
 15.92m s \_\_\_\_\_ Texas Invitational (May 1)  
 16.12m s (1st) \_\_\_\_\_ Southland Championships (May 16)  
 15.82m (11th/quarterfinals) \_\_\_\_\_ NCAA Championships (May 29)  
 16.20m s (3.6/5th) \_\_\_\_\_ NCAA Championships (June 9)

## Geulien Brisco

### 200 meters

22.41 \_\_\_\_\_ Trinity Alumni Classic (April 10)

### High jump

2.00m (2nd) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 1.95m (3rd) \_\_\_\_\_ Texas State Invitational (April 24)  
 1.98m \_\_\_\_\_ Southland Championships (May 15)

### Long jump

6.55m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 6.90m (2.3) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 7.01m \_\_\_\_\_ Southland Championships (May 15)

### Triple jump

13.29m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 14.47m (3rd) \_\_\_\_\_ Texas State Invitational (April 24)  
 14.35m \_\_\_\_\_ Southland Championships (May 16)

## Nate Brunette

### 100 meters

10.80 (prelims) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 10.87 \_\_\_\_\_ Texas State Invitational (April 24)  
 10.74 (prelims) \_\_\_\_\_ Southland Championships (May 15)

### 200 meters

21.66 (3rd) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 21.43 \_\_\_\_\_ Mt. SAC Relays (April 16)  
 21.84 \_\_\_\_\_ Texas State Invitational (April 24)  
 21.67 (prelims) \_\_\_\_\_ Southland Championships (May 15)

## Albert Cardenas

### 800 meters

1:54.57 \_\_\_\_\_ Texas Relays (March 31)  
 1:53.67 (3rd) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 1:59.28 \_\_\_\_\_ Texas State Invitational (April 24)  
 2:00.24 \_\_\_\_\_ Texas Invitational (May 1)  
 1:53.81 (prelims) \_\_\_\_\_ Southland Championships (May 15)  
 2:06.87 (final) \_\_\_\_\_ Southland Championships (May 16)

### 1,500 meters

3:51.66 \_\_\_\_\_ Mt. SAC Relays (April 16)  
 3:55.56 \_\_\_\_\_ Texas Invitational (May 1)  
 4:02.43 (prelims) \_\_\_\_\_ Southland Championships (May 15)  
 3:56.75 (4th/final) \_\_\_\_\_ Southland Championships (May 16)

## Brandon Chiuminetta

### 800 meters

1:53.92 \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 1:53.99 (1st) \_\_\_\_\_ Texas State Invitational (April 24)

### 1,500 meters

3:59.65 \_\_\_\_\_ Victor Lopez Invitational (March 26)  
 3:58.34 (1st) \_\_\_\_\_ Trinity Alumni Classic (April 10)

### 5,000 meters

15:35.82 (2nd) \_\_\_\_\_ Texas State Invitational (April 24)  
 15:00.77 (5th) \_\_\_\_\_ Southland Championships (May 16)

### 3,000-meter steeplechase

9:44.66 (2nd) \_\_\_\_\_ Texas Relays (March 31)  
 9:27.3 h \_\_\_\_\_ Mt. SAC Relays (April 15)  
 9:26.00 (3rd) \_\_\_\_\_ Texas Invitational (May 1)  
 9:17.80 (6th) \_\_\_\_\_ Southland Championships (May 15)

## Canel Cole

### 800 meters

1:54.00 \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 1:52.08 (1st) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 1:52.27 \_\_\_\_\_ Texas Invitational (May 1)  
 1:53.75 (prelims) \_\_\_\_\_ Southland Championships (May 15)  
 1:52.77 (2nd/prelims) \_\_\_\_\_ Southland Championships (May 16)

### 1,500 meters

4:10.17 \_\_\_\_\_ Texas State Invitational (April 24)



# 2010 UTSA Roadrunners Men's Outdoor Track & Field Season Bests

## Eric Doll

### 3,000 meters

8:51.44 \_\_\_\_\_ Texas Invitational (May 1)

### 5,000 meters

15:33.49 (1st) \_\_\_\_\_ Trinity Alumni Classic (April 10)

### 10,000 meters

32:36.61 (2nd) \_\_\_\_\_ Victor Lopez Invitational (March 26)

32:17.56 (6th) \_\_\_\_\_ Southland Championships (May 14)

## Spenser Eggleston

### 400 meters

49.68 \_\_\_\_\_ Victor Lopez Invitational (March 27)

49.59 \_\_\_\_\_ Trinity Alumni Classic (April 10)

49.19 \_\_\_\_\_ Mt. SAC Relays (April 16)

49.29 \_\_\_\_\_ Texas State Invitational (April 24)

48.82 \_\_\_\_\_ Texas Invitational (May 1)

50.22 (prelims) \_\_\_\_\_ Southland Championships (May 15)

## Ivan Garcia

### 1,500 meters

4:05.83 \_\_\_\_\_ Trinity Alumni Classic (April 10)

### 3,000 meters

8:37.24 \_\_\_\_\_ Texas Invitational (May 1)

### 5,000 meters

16:05.94 \_\_\_\_\_ Texas Relays (March 31)

15:54.73 \_\_\_\_\_ Trinity Alumni Classic (April 10)

16:11.86 \_\_\_\_\_ Southland Championships (May 16)

### 10,000 meters

33:21.42 \_\_\_\_\_ Victor Lopez Invitational (March 26)

31:58.75 (3rd) \_\_\_\_\_ Southland Championships (May 14)

## Greg Gabrisch

### Pole vault

4.55m \_\_\_\_\_ Victor Lopez Invitational (March 27)

4.90m (2nd) \_\_\_\_\_ Trinity Tigers Relays (April 2)

4.85m \_\_\_\_\_ Texas State Invitational (April 24)

4.77m (4th) \_\_\_\_\_ Southland Championships (May 16)

## Richard Garrett Jr.

### Shot put

16.42m (1st) \_\_\_\_\_ Trinity Open (March 6)

17.54m S (1st) \_\_\_\_\_ Victor Lopez Invitational (March 27)

16.13m \_\_\_\_\_ Mt. SAC Relays (April 16)

15.50m (1st) \_\_\_\_\_ Trinity Last Chance (May 8)

15.83m (4th) \_\_\_\_\_ Southland Championships (May 15)

15.37m (first round) \_\_\_\_\_ NCAA Championships (May 27)

## Discus

42.37m \_\_\_\_\_ Trinity Open (March 6)

45.17m \_\_\_\_\_ Victor Lopez Invitational (March 27)

46.44m \_\_\_\_\_ Trinity Alumni Classic (April 10)

50.03m (1st) \_\_\_\_\_ Texas State Invitational (April 24)

48.70m \_\_\_\_\_ Texas Invitational (May 1)

48.47m (1st) \_\_\_\_\_ Trinity Last Chance (May 8)

52.79m (2nd) \_\_\_\_\_ Southland Championships (May 16)

50.19m (first round) \_\_\_\_\_ NCAA Championships (May 29)

## Hammer

44.77m (3rd) \_\_\_\_\_ Trinity Open (March 5)

43.77m \_\_\_\_\_ Victor Lopez Invitational (March 27)

## Dillard Glass

### Pole vault

4.40m \_\_\_\_\_ Victor Lopez Invitational (March 27)

4.30m \_\_\_\_\_ Trinity Tigers Relays (April 2)

## Adam Hebert

### 100 meters

10.84 (3.5) \_\_\_\_\_ Texas Relays (April 2)

10.61 (1st) \_\_\_\_\_ Trinity Twilight (April 16)

10.74 \_\_\_\_\_ Texas State Invitational (April 24)

10.63 (prelims) \_\_\_\_\_ Southland Championships (May 15)

10.60 (first round) \_\_\_\_\_ NCAA Championships (May 27)

### 200 meters

21.56 (2nd) \_\_\_\_\_ Trinity Alumni Classic (April 10)

21.35 (prelims) \_\_\_\_\_ Southland Championships (May 15)

21.21 (5th/final) \_\_\_\_\_ Southland Championships (May 16)

21.41 (first round) \_\_\_\_\_ NCAA Championships (May 28)

### Long jump

7.21m (2nd) \_\_\_\_\_ Trinity Alumni Classic (April 10)

7.27m (1st) \_\_\_\_\_ Trinity Twilight (April 16)

7.15m (1st) \_\_\_\_\_ Texas State Invitational (April 24)

7.33m (3rd) \_\_\_\_\_ Southland Championships (May 15)

## Kenton Jackson

### 100 meters

10.87 \_\_\_\_\_ Texas State Invitational (April 24)

10.87 \_\_\_\_\_ Texas Invitational (May 1)

### 200 meters

22.01 \_\_\_\_\_ Trinity Alumni Classic (April 10)

21.78 (2.2) \_\_\_\_\_ Texas Invitational (May 1)

22.07 (prelims) \_\_\_\_\_ Southland Championships (May 15)

### 400 meters

50.84 \_\_\_\_\_ Victor Lopez Invitational (March 27)



# 2010 UTSA Roadrunners Men's Outdoor Track & Field Season Bests

## Kyle Kaase

### 100 meters

11.13 (5.9/dec) \_\_\_\_\_ Texas Relays (March 31)  
11.30 (dec) \_\_\_\_\_ Southland Championships (May 14)

### 400 meters

52.87 (dec) \_\_\_\_\_ Texas Relays (March 31)  
53.04 (dec) \_\_\_\_\_ Southland Championships (May 14)

### 1,500 meters

5:19.18 (dec) \_\_\_\_\_ Texas Relays (April 1)  
8:15.36 (dec) \_\_\_\_\_ Southland Championships (May 15)

### 110-meter hurdles

16.03 \_\_\_\_\_ Victor Lopez Invitational (March 27)  
16.43 (3.6/dec) \_\_\_\_\_ Texas Relays (April 1)  
16.72 (dec) \_\_\_\_\_ Southland Championships (May 15)

### High jump

1.84m (dec) \_\_\_\_\_ Texas Relays (March 31)  
1.71m (dec) \_\_\_\_\_ Southland Championships (May 14)

### Pole vault

4.90m (dec) \_\_\_\_\_ Texas Relays (April 1)  
4.90m (t-3rd) \_\_\_\_\_ Mt. SAC Relays (April 16)  
5.00m S (t-1st) \_\_\_\_\_ Texas State Invitational (April 24)  
2.75m (dec) \_\_\_\_\_ Southland Championships (May 15)

### Long jump

6.35m (dec) \_\_\_\_\_ Texas Relays (March 31)  
6.30m (dec) \_\_\_\_\_ Southland Championships (May 14)

### Shot put

12.34m (dec) \_\_\_\_\_ Texas Relays (March 31)  
11.96m (dec) \_\_\_\_\_ Southland Championships (May 14)

### Discus

34.60m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
33.72m (dec) \_\_\_\_\_ Texas Relays (April 1)  
34.96m \_\_\_\_\_ Trinity Alumni Classic (April 10)  
35.80m (dec) \_\_\_\_\_ Southland Championships (May 15)

### Javelin

54.00m (3rd) \_\_\_\_\_ Victor Lopez Invitational (March 27)  
58.19m (dec) \_\_\_\_\_ Texas Relays (April 1)  
54.31m \_\_\_\_\_ Southland Championships (May 14)  
50.71m (dec) \_\_\_\_\_ Southland Championships (May 15)

### Decathlon

6,739 \_\_\_\_\_ Texas Relays (March 31-April 1)  
5,414 (8th) \_\_\_\_\_ Southland Championships (May 14-15)

## Sean Masek

### High jump

1.90m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
1.95m (2nd) \_\_\_\_\_ Trinity Tigers Relays (April 2)  
1.95m \_\_\_\_\_ Trinity Alumni Classic (April 10)

## Javelin

53.03m (3rd) \_\_\_\_\_ Trinity Open (March 6)  
50.22m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
53.38m (2nd) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
53.10m \_\_\_\_\_ Southland Championships (May 14)

## John Matthews

### 200 meters

22.17 \_\_\_\_\_ Trinity Alumni Classic (April 10)  
21.93 \_\_\_\_\_ Texas State Invitational (April 24)  
21.40 (3.2) \_\_\_\_\_ Texas Invitational (May 1)

### 100-meter hurdles

14.43 (3.9) \_\_\_\_\_ Texas Relays (April 2)  
14.49 \_\_\_\_\_ Mt. SAC Relays (April 16)

## Isah Muhammed

### 400-meter hurdles

56.43 \_\_\_\_\_ Trinity Open (March 6)  
56.05 \_\_\_\_\_ Victor Lopez Invitational (March 27)  
57.02 \_\_\_\_\_ Texas Relays (April 1)  
54.28 \_\_\_\_\_ Trinity Alumni Classic (April 10)  
55.46 (3rd) \_\_\_\_\_ Trinity Twilight (April 16)  
54.66 (3rd) \_\_\_\_\_ Texas State Invitational (April 24)  
54.11 (prelims) \_\_\_\_\_ Southland Championships (May 15)

## Lucas Neeper

### 100 meters

11.08 (dec) \_\_\_\_\_ Southland Championships (May 14)

### 400 meters

52.22 \_\_\_\_\_ Trinity Tigers Relays (April 2)  
51.06 (dec) \_\_\_\_\_ Southland Championships (May 14)

### 1,500 meters

4:38.90 (dec) \_\_\_\_\_ Southland Championships (May 15)

### 110-meter hurdles

16.57 (dec) \_\_\_\_\_ Southland Championships (May 15)

### Pole vault

4.55m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
4.45m \_\_\_\_\_ Trinity Tigers Relays (April 2)  
4.45m \_\_\_\_\_ Trinity Alumni Classic (April 10)  
4.55m \_\_\_\_\_ Texas State Invitational (April 24)  
4.65m (1st/dec) \_\_\_\_\_ Southland Championships (May 15)  
4.77m (3rd) \_\_\_\_\_ Southland Championships (May 16)

### High jump

1.65m (dec) \_\_\_\_\_ Southland Championships (May 14)

### Long jump

6.31m (dec) \_\_\_\_\_ Southland Championships (May 14)

### Shot put

11.20m (dec) \_\_\_\_\_ Southland Championships (May 14)



# 2010 UTSA Roadrunners Men's Outdoor Track & Field Season Bests

## Discus

32.73m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 30.34m \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 33.23m (dec) \_\_\_\_\_ Southland Championships (May 15)

## Javelin

43.64m \_\_\_\_\_ Trinity Tigers Relays (April 2)  
 38.98m \_\_\_\_\_ Texas State Invitational (April 24)  
 48.40m (dec) \_\_\_\_\_ Southland Championships (May 15)

## Decathlon

6,580 (5th) \_\_\_\_\_ Southland Championships (May 14-15)

### James Pailin

#### 400 meters

49.65 (2nd) \_\_\_\_\_ Trinity Open (March 6)  
 50.41 \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 49.36 \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 49.93 \_\_\_\_\_ Trinity Twilight (April 16)  
 51.28 \_\_\_\_\_ Texas State Invitational (April 24)  
 49.47 (2nd) \_\_\_\_\_ Trinity Last Chance (May 8)

### Kevin Pfullmann

#### 400 meters

49.89 \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 49.72 \_\_\_\_\_ Trinity Twilight (April 16)  
 50.46 \_\_\_\_\_ Texas State Invitational (April 24)  
 50.84 \_\_\_\_\_ Texas Invitational (May 1)  
 50.98 \_\_\_\_\_ Trinity Last Chance (May 8)

### Cole Reveal

#### 800 meters

1:54.29 \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 1:57.15 \_\_\_\_\_ Texas State Invitational (April 24)  
 1:55.69 \_\_\_\_\_ Texas Invitational (May 1)

#### 1,500 meters

4:00.91 \_\_\_\_\_ Texas Relays (March 31)  
 3:53.27 \_\_\_\_\_ Texas Invitational (May 1)  
 4:02.60 (prelims) \_\_\_\_\_ Southland Championships (May 15)  
 3:56.43 (3rd/final) \_\_\_\_\_ Southland Championships (May 16)

#### 5,000 meters

15:54.68 \_\_\_\_\_ Trinity Alumni Classic (April 10)

### Phil Steinert

## Discus

46.06m \_\_\_\_\_ Trinity Open (March 6)  
 42.59m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 47.10m (3rd) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 48.05m (3rd) \_\_\_\_\_ Texas State Invitational (April 24)  
 50.22m \_\_\_\_\_ Texas Invitational (May 1)  
 47.70m (5th) \_\_\_\_\_ Southland Championships (May 16)

## Hammer

52.10m (2nd) \_\_\_\_\_ Trinity Open (March 5)  
 51.30m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 48.62m (1st) \_\_\_\_\_ Trinity Tigers Relays (April 2)  
 49.93m (3rd) \_\_\_\_\_ Texas State Invitational (April 23)  
 49.03m \_\_\_\_\_ Southland Championships (May 14)

### Jim Stitt

#### 1,500 meters

4:08.83 \_\_\_\_\_ Trinity Alumni Classic (April 10)

#### 3,000 meters

8:59.81 \_\_\_\_\_ Texas Invitational (May 1)

#### 5,000 meters

15:49.19 \_\_\_\_\_ Texas Relays (March 31)  
 17:06.27 \_\_\_\_\_ Trinity Alumni Classic (April 10)

#### 10,000 meters

32:30.86 (1st) \_\_\_\_\_ Victor Lopez Invitational (March 26)  
 31:19.65 \_\_\_\_\_ Mt. SAC Relays (April 15)  
 32:21.76 (8th) \_\_\_\_\_ Southland Championships (May 14)

### Colin Thomas

## High jump

1.90m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 2.00m (1st) \_\_\_\_\_ Trinity Tigers Relays (April 2)  
 2.00m (t-2nd) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 2.00m (2nd) \_\_\_\_\_ Texas State Invitational (April 24)  
 2.03m \_\_\_\_\_ Southland Championships (May 15)

### Michael Thomas

## Discus

39.06m \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 42.03m \_\_\_\_\_ Texas State Invitational (April 24)  
 41.63m \_\_\_\_\_ Southland Championships (May 16)

## Hammer

38.14m (3rd) \_\_\_\_\_ Trinity Alumni Classic (April 9)

## Javelin

47.95m \_\_\_\_\_ Trinity Alumni Classic (April 10)  
 49.79m (3rd) \_\_\_\_\_ Texas State Invitational (April 24)

### Bryan Ugochukwu

#### 400 meters

50.10 \_\_\_\_\_ Texas State Invitational (April 24)

#### 800 meters

1:54.05 \_\_\_\_\_ Victor Lopez Invitational (March 27)  
 1:52.89 \_\_\_\_\_ Mt. SAC Relays (April 16)  
 1:50.95 \_\_\_\_\_ Texas Invitational (May 1)  
 1:53.83 (prelims) \_\_\_\_\_ Southland Championships (May 15)  
 1:52.92 (3rd/final) \_\_\_\_\_ Southland Championships (May 16)



# 2010 UTSA Roadrunners Men's Outdoor Track & Field Season Bests

## Corey Vargas

### 800 meters

1:56.80 \_\_\_\_\_ Victor Lopez Invitational (March 27)  
1:54.09 \_\_\_\_\_ Trinity Alumni Classic (April 10)

### 1,500 meters

4:05.25 \_\_\_\_\_ Texas Relays (March 31)  
3:55.19 \_\_\_\_\_ Mt. SAC Relays (April 16)  
4:02.12 (prelims) \_\_\_\_\_ Southland Championships (May 15)  
3:58.03 (7th/final) \_\_\_\_\_ Southland Championships (May 16)

## Peyton Vickers

### Long jump

6.89m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
7.50m (1st) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
7.01m \_\_\_\_\_ Texas State Invitational (April 24)  
7.04m \_\_\_\_\_ Southland Championships (May 15)  
7.21m (first round) \_\_\_\_\_ NCAA Championships (May 27)

## Terrence Watson

### 400-meter hurdles

56.19 \_\_\_\_\_ Trinity Open (March 6)  
57.30 \_\_\_\_\_ Victor Lopez Invitational (March 27)

## Johnathan Whittaker

### 200 meters

23.60 \_\_\_\_\_ Trinity Alumni Classic (April 10)

### High jump

2.01m \_\_\_\_\_ Texas Relays (April 3)  
2.05m \_\_\_\_\_ Mt. SAC Relays (April 16)  
2.08m (5th) \_\_\_\_\_ Southland Championships (May 15)  
2.01m (first round) \_\_\_\_\_ NCAA Championships (May 28)

### Triple jump

14.14m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
13.77m \_\_\_\_\_ Mt. SAC Relays (April 16)  
14.65m \_\_\_\_\_ Southland Championships (May 16)

## Teddy Williams

### 100 meters

10.19 (3.7) \_\_\_\_\_ Texas Relays (April 3)  
10.27 (2.4/3rd) \_\_\_\_\_ Mt. SAC Relays (April 17)  
10.51 (prelims) \_\_\_\_\_ Southland Championships (May 15)  
10.03 (2.3/1st/final) \_\_\_\_\_ Southland Championships (May 16)  
10.25 (3.4/1st/first round) \_\_\_\_\_ NCAA Championships (May 27)  
10.29 (4th/quarterfinals) \_\_\_\_\_ NCAA Championships (May 28)  
10.32 (2.2/9th/semifinals) \_\_\_\_\_ NCAA Championships (June 9)

### 200 meters

21.73 \_\_\_\_\_ Trinity Alumni Classic (April 10)  
21.34 (1st) \_\_\_\_\_ Texas State Invitational (April 24)  
21.00 (2.1) \_\_\_\_\_ Texas Invitational (May 1)  
21.26 (prelims) \_\_\_\_\_ Southland Championships (May 15)  
20.63 (2nd/final) \_\_\_\_\_ Southland Championships (May 16)  
21.31 (first round) \_\_\_\_\_ NCAA Championships (May 28)

## Tyler Williamson

### 100 meters

11.12 \_\_\_\_\_ Texas Relays (April 2)  
10.97 \_\_\_\_\_ Trinity Twilight (April 16)  
10.95 \_\_\_\_\_ Texas State Invitational (April 24)

### 200 meters

23.04 \_\_\_\_\_ Trinity Alumni Classic (April 10)

### Long jump

6.49m \_\_\_\_\_ Victor Lopez Invitational (March 27)  
7.14m (4.1/3rd) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
7.20m (2nd) \_\_\_\_\_ Trinity Twilight (April 16)  
7.02m (4.0/3rd) \_\_\_\_\_ Texas State Invitational (April 24)  
7.37m (1st) \_\_\_\_\_ Southland Championships (May 15)  
7.37m (first round) \_\_\_\_\_ NCAA Championships (May 27)

## Darryl Wyrick

### 110-meter hurdles

15.78 \_\_\_\_\_ Victor Lopez Invitational (March 27)  
17.33 \_\_\_\_\_ Trinity Tigers Relays (April 2)  
15.65 \_\_\_\_\_ Trinity Alumni Classic (April 10)  
17.84 \_\_\_\_\_ Trinity Twilight (April 16)

### 400-meter hurdles

56.65 \_\_\_\_\_ Trinity Open (March 6)  
57.42 \_\_\_\_\_ Victor Lopez Invitational (March 27)  
56.26 \_\_\_\_\_ Trinity Tigers Relays (April 2)  
53.08 (1st) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
54.86 \_\_\_\_\_ Texas State Invitational (April 24)  
54.19 \_\_\_\_\_ Texas Invitational (May 1)  
53.65 (prelims) \_\_\_\_\_ Southland Championships (May 15)  
52.87 (5th/final) \_\_\_\_\_ Southland Championships (May 16)

## Edmund Yeboah

### 100 meters

11.00 \_\_\_\_\_ Victor Lopez Invitational (March 27)  
10.74 (2.7) \_\_\_\_\_ Texas Relays (April 2)  
10.71 (2nd/prelims) \_\_\_\_\_ Trinity Alumni Classic (April 10)  
10.55 \_\_\_\_\_ Mt. SAC Relays (April 17)  
10.59 (2nd) \_\_\_\_\_ Texas State Invitational (April 24)

### 200 meters

21.90 \_\_\_\_\_ Texas State Invitational (April 24)  
22.15 (3.5) \_\_\_\_\_ Texas Invitational (May 1)

Key: S - UTSA record • (x.x) wind reading • h - hand time