



# 2009 UTSA Roadrunners Men's Indoor Track & Field Season Bests

## 60 meters

6.59 <sup>C S A</sup> \_\_\_ Teddy Williams \_\_\_\_\_ NCAA Championships (3/13)  
 6.82 <sup>a</sup> \_\_\_ Benga Adeeko \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 6.84 <sup>a</sup> \_\_\_ Darryl White \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 6.93 \_\_\_ Cedric Harris \_\_\_\_\_ SLC Championships (2/20)  
 6.99 \_\_\_ Kevin Hunt \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 6.99 \_\_\_ Will Vese \_\_\_\_\_ SLC Championships (2/20)  
 6.99 \_\_\_ Edmund Yeboah \_\_\_\_\_ SLC Championships (2/20)  
 7.06 \_\_\_ Eman Fondren \_\_\_\_\_ SLC Championships (2/20)  
 7.16 \_\_\_ Tommy Wolfe \_\_\_\_\_ SLC Championships (2/20)  
 7.38 \_\_\_ Kyle Kaase \_\_\_\_\_ SLC Championships (2/20)  
 7.42 \_\_\_ Lucas Neeper \_\_\_\_\_ Houston Invitational/Multis (1/30)

## 200 meters

21.84 \_\_\_ Teddy Williams \_\_\_\_\_ SLC Championships (2/21)  
 22.50 \_\_\_ Caesar Slade \_\_\_\_\_ SLC Championships (2/20)  
 22.63 \_\_\_ Gaston Griffin \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 22.66 \_\_\_ Cedric Harris \_\_\_\_\_ SLC Championships (2/20)  
 22.75 <sup>b</sup> \_\_\_ Darryl White \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 23.05 \_\_\_ Eman Fondren \_\_\_\_\_ SLC Championships (2/20)  
 23.16 \_\_\_ John Matthews \_\_\_\_\_ SLC Championships (2/20)  
 23.46 \_\_\_ Terrence Watson \_\_\_\_\_ SLC Championships (2/20)

## 400 meters

48.12 <sup>b</sup> \_\_\_ Gaston Griffin \_\_\_\_\_ New Balance Invitational (2/6)  
 51.23 \_\_\_ Terrence Watson \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 51.94 \_\_\_ Isah Muhammed \_\_\_\_\_ Leonard Hilton Memorial (1/16)  
 52.30 \_\_\_ Caesar Slade \_\_\_\_\_ Leonard Hilton Memorial (1/16)  
 53.39 <sup>b</sup> \_\_\_ John Matthews \_\_\_\_\_ Cherry & Silver Invitational (1/24)

## 800 meters

1:52.50 <sup>b</sup> \_\_\_ Brian Ugochukwu \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 1:55.60 <sup>b</sup> \_\_\_ Michael Cook \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 1:59.43 \_\_\_ Corey Vargas \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 2:00.05 <sup>b</sup> \_\_\_ Brandon Chiuminetta \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 2:02.71 \_\_\_ Albert Cardenas \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 2:08.74 \_\_\_ Danny Martin \_\_\_\_\_ Leonard Hilton Memorial (1/16)

## Mile

4:17.59 \_\_\_ Michael Cook \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 4:20.67 \_\_\_ Cole Reveal \_\_\_\_\_ SLC Championships (2/21)  
 4:23.48 \_\_\_ Corey Vargas \_\_\_\_\_ SLC Championships (2/21)  
 4:24.28 <sup>b</sup> \_\_\_ Layne Nixon \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 4:27.58 \_\_\_ Brandon Chiuminetta \_\_\_\_\_ SLC Championships (2/20)  
 4:31.84 \_\_\_ Daniel Balbontin \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 4:32.05 \_\_\_ Al Johnson \_\_\_\_\_ Houston All-Comers (2/7)  
 4:33.10 \_\_\_ Albert Cardenas \_\_\_\_\_ Houston All-Comers (2/7)  
 4:39.62 \_\_\_ Dominick Zucconi \_\_\_\_\_ Leonard Hilton Memorial (1/16)

## 3,000 meters

8:44.27 \_\_\_ Layne Nixon \_\_\_\_\_ SLC Championships (2/21)  
 8:49.36 \_\_\_ Cole Reveal \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 9:09.41 \_\_\_ Dominick Zucconi \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 9:18.77 \_\_\_ Al Johnson \_\_\_\_\_ Houston Invitational/Multis (1/31)

## 5,000 meters

14:53.36 \_\_\_ Layne Nixon \_\_\_\_\_ SLC Championships (2/20)  
 15:41.06 \_\_\_ Eric Doll \_\_\_\_\_ Leonard Hilton Memorial (1/16)  
 15:56.81 \_\_\_ Jake Orndorff \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 16:31.89 \_\_\_ Al Johnson \_\_\_\_\_ Leonard Hilton Memorial (1/16)

## 60-meter hurdles

7.82 <sup>P</sup> \_\_\_ Will Vese \_\_\_\_\_ Iowa State Qualifer (3/7)  
 8.32 \_\_\_ John Matthews \_\_\_\_\_ SLC Championships (2/20)  
 8.41 \_\_\_ Tommy Wolfe \_\_\_\_\_ SLC Championships (2/21)  
 8.79 \_\_\_ Kyle Kaase \_\_\_\_\_ SLC Championships (2/21)  
 9.46 \_\_\_ Lucas Neeper \_\_\_\_\_ Houston Invitational/Multis (1/31)

## 1,600-meter relay

3:22.38 \_\_\_ Ugochukwu, Griffin, \_\_\_\_\_ SLC Championships (2/21)  
 \_\_\_ Muhammed, Watson

## Distance medley relay

10:15.95 \_\_\_ Reveal, Muhammed, \_\_\_\_\_ SLC Championships (2/20)  
 \_\_\_ Ugochukwu, Cook

## High jump

2.14m <sup>P</sup> \_\_\_ Johnathan Whittaker \_\_\_\_\_ Iowa State Qualifier (3/7)  
 2.11m \_\_\_ P.J. McGowen \_\_\_\_\_ SLC Championships (2/20)  
 2.09m \_\_\_ Jeffery Herron \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 2.01m \_\_\_ Carvey Evans \_\_\_\_\_ SLC Championships (2/20)  
 1.99m \_\_\_ Marcus Bibles \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 1.93m \_\_\_ Tommy Wolfe \_\_\_\_\_ SLC Championships (2/20)  
 1.75m \_\_\_ Kyle Kaase \_\_\_\_\_ SLC Championships (2/20)  
 1.69m \_\_\_ Lucas Neeper \_\_\_\_\_ Houston Invitational/Multis (1/30)

## Pole vault

4.90m <sup>S</sup> \_\_\_ Greg Gabrisch \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 4.76m \_\_\_ Tommy Wolfe \_\_\_\_\_ SLC Championships (2/20)  
 4.65m \_\_\_ Kyle Kaase \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 4.61m \_\_\_ Dillard Glass \_\_\_\_\_ SLC Championships (2/20)  
 4.30m \_\_\_ Lucas Neeper \_\_\_\_\_ SLC Championships (2/21)

## Long jump

7.17m \_\_\_ P.J. McGowen \_\_\_\_\_ SLC Championships (2/20)  
 6.80m \_\_\_ Jeffery Herron \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 6.59m \_\_\_ Tommy Wolfe \_\_\_\_\_ SLC Championships (2/20)  
 6.38m \_\_\_ Kyle Kaase \_\_\_\_\_ SLC Championships (2/20)  
 6.28m \_\_\_ Vince Abron \_\_\_\_\_ Houston Invitational/Multis (1/31)  
 6.25m \_\_\_ Marcus Bibles \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 5.79m \_\_\_ Lucas Neeper \_\_\_\_\_ Houston Invitational/Multis (1/30)  
 5.60m \_\_\_ Geulien Brisco \_\_\_\_\_ Cherry & Silver Invitational (1/24)

## Triple jump

14.55m \_\_\_ Alton St. Rose \_\_\_\_\_ SLC Championships (2/21)  
 14.01m \_\_\_ Geulien Brisco \_\_\_\_\_ Cherry & Silver Invitational (1/24)  
 13.98m \_\_\_ Johnathan Whittaker \_\_\_\_\_ Cherry & Silver Invitational (1/24)

## Shot put

13.91m \_\_\_ Tommy Wolfe \_\_\_\_\_ SLC Championships (2/20)  
 10.82m \_\_\_ Lucas Neeper \_\_\_\_\_ SLC Championships (2/20)  
 10.80m \_\_\_ Kyle Kaase \_\_\_\_\_ SLC Championships (2/20)

## Heptathlon

5,256 \_\_\_ Tommy Wolfe \_\_\_\_\_ SLC Championships (2/20-21)  
 4,798 \_\_\_ Kyle Kaase \_\_\_\_\_ SLC Championships (2/20-21)  
 4,346 \_\_\_ Lucas Neeper \_\_\_\_\_ Houston Invitational/Multis (1/30-31)

*Key: A - NCAA Championships Automatic qualifying mark*

*P - NCAA Championships provisional qualifying mark*

*S - UTSA record • a - altitude • b - banked track*



# 2009 UTSA Roadrunners Men's Indoor Track & Field Progressions

## Vince Abron

### Long jump

6.03m \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
6.28m \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

## Benga Adeeko

### 60 meters

6.97 (prelims) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
6.85 a (1st/prelims) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
6.82 a (1st/final) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
6.90 (prelims) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
6.90 (final) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
6.86 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
6.88 (6th/final) \_\_\_\_\_ SLC Championships (Feb. 21)

## Daniel Balbontin

### Mile

4:42.95 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
4:31.84 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
4:38.22 \_\_\_\_\_ Houston All-Comers (Feb. 6)

## Marcus Bibles

### High jump

1.94m \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
1.99m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
1.96m \_\_\_\_\_ SLC Championships (Feb. 20)

### Long jump

6.25m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)

## Geulien Brisco

### Long jump

5.60m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)

### Triple jump

13.88m \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
14.01m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
13.95m \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
13.67m \_\_\_\_\_ SLC Championships (Feb. 21)

## Brandon Chiuminetta

### 800 meters

2:05.20 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
2:00.55 b \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
2:01.29 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

### Mile

4:28.84 \_\_\_\_\_ Houston All-Comers (Feb. 7)  
4:27.58 \_\_\_\_\_ SLC Championships (Feb. 20)

## Albert Cardenas

### 800 meters

2:02.71 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

### Mile

4:38.32 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
4:33.10 \_\_\_\_\_ Houston All-Comers (Feb. 7)

## Michael Cook

### 800 meters

1:55.60 b \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
1:56.60 (4th) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
1:56.48 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
1:58.93 (final) \_\_\_\_\_ SLC Championships (Feb. 21)

### Mile

4:20.63 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
4:17.59 (4th) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
4:22.62 (1st/prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
4:19.12 (3rd/final) \_\_\_\_\_ SLC Championships (Feb. 21)

## Eric Doll

### 5,000 meters

15:41.06 (5th) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
15:51.44 (4th) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

## Carvey Evans

### High jump

1.99m \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
1.99m \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
2.01m (8th) \_\_\_\_\_ SLC Championships (Feb. 20)

## Eman Fondren

### 60 meters

7.06 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

### 200 meters

23.05 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

## Greg Gabrisch

### Pole vault

4.90m s \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
4.60m \_\_\_\_\_ Houston All-Comers (Feb. 7)

## Dillard Glass

### Pole vault

4.30m \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
4.30m \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
4.61m (7th) \_\_\_\_\_ SLC Championships (Feb. 20)

## Gaston Griffin

### 200 meters

22.61 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

### 400 meters

49.52 (2nd) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
48.12 b (prelims) \_\_\_\_\_ New Balance Invitational (Feb. 6)  
49.00 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
48.38 (3rd/final) \_\_\_\_\_ SLC Championships (Feb. 21)

## Cedric Harris

### 60 meters

7.15 (prelims) \_\_\_\_\_ Houston All-Comers (Feb. 7)  
6.93 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

### 200 meters

22.66 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)



# 2009 UTSA Roadrunners Men's Indoor Track & Field Progressions

## Jeffery Herron

### High jump

2.04m (4th) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 2.04m (4th) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 2.09m (2nd) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 2.06m (t-4th) \_\_\_\_\_ SLC Championships (Feb. 20)

### Long jump

6.80m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 6.80m \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 6.71m \_\_\_\_\_ SLC Championships (Feb. 20)

## Kevin Hunt

### 60 meters

7.04 (prelims) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 6.99 (prelims) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 6.99 (final) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 7.02 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

## Al Johnson

### Mile

4:32.05 \_\_\_\_\_ Houston All-Comers (Feb. 7)

### 3,000 meters

9:18.77 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

### 5,000 meters

16:31.89 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)

## Kyle Kaase

### 60 meters

7.51 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 7.44 (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 7.38 (hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### 1,000 meters

2:55.96 (hep) \_\_\_\_\_ SLC Championships (Feb. 21)

### 60-meter hurdles

9.16 a (prelims) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 8.79 (hep) \_\_\_\_\_ SLC Championships (Feb. 21)

### High jump

1.72m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 1.75m (hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### Pole vault

4.65m (1st) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 4.50m (hep) \_\_\_\_\_ SLC Championships (Feb. 21)

### Long jump

5.60m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 6.38m (hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### Shot put

10.67m \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 10.62m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 10.80m (hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### Heptathlon

4,798 (7th) \_\_\_\_\_ SLC Championships (Feb. 20-21)

## Danny Martin

### 800 meters

2:08.74 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)

## John Matthews

### 200 meters

23.16 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

### 400 meters

53.39 b \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)

### 60-meter hurdles

8.61 (prelims) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 8.39 a (prelims) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 8.55 (prelims) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 8.32 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

## P.J. McGowen

### High jump

1.99m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 1.99m \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 2.11m (3rd) \_\_\_\_\_ SLC Championships (Feb. 20)

### Long jump

6.73m \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 6.90m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 7.17m (3rd) \_\_\_\_\_ SLC Championships (Feb. 20)

## Isah Muhammed

### 400 meters

51.94 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 52.06 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

## Lucas Neeper

### 60 meters

7.66 (prelims) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 7.42 (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 7.43 (hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### 1,000 meters

2:51.64 (hep) \_\_\_\_\_ SLC Championships (Feb. 21)

### 60-meter hurdles

9.48 a (prelims) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 9.46 (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 9.98 (hep) \_\_\_\_\_ SLC Championships (Feb. 21)

### High jump

1.69m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 1.66m (hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### Pole vault

4.25m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 4.30m (hep) \_\_\_\_\_ SLC Championships (Feb. 21)

### Long jump

5.79m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 5.66m (hep) \_\_\_\_\_ SLC Championships (Feb. 20)



# 2009 UTSA Roadrunners Men's Indoor Track & Field Progressions

## Lucas Neeper (continued)

### Shot put

10.62m \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 10.41m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 10.82m \_\_\_\_\_ SLC Championships (Feb. 20)

### Heptathlon

4,346 \_\_\_\_\_ Houston Invitational/Multis (Jan. 30-31)  
 4,292 \_\_\_\_\_ SLC Championships (Feb. 20-21)

## Layne Nixon

### Mile

4:30.14 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 4:24.28 b \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)

### 3,000 meters

8:48.98 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 8:44.27 \_\_\_\_\_ SLC Championships (Feb. 21)

### 5,000 meters

14:53.36 (5th) \_\_\_\_\_ SLC Championships (Feb. 20)

## Jake Orndorff

### 5,000 meters

16:09.03 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 15:56.81 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

## Cole Reveal

### Mile

4:27.45 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 4:24.04 b \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 4:25.32 (2nd/prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
 4:20.67 (5th) \_\_\_\_\_ SLC Championships (Feb. 21)

### 3,000 meters

8:49.36 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

## Caesar Slade

### 200 meters

22.80 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 22.50 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
 22.51 (7th/final) \_\_\_\_\_ SLC Championships (Feb. 21)

### 400 meters

52.30 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)

## Alton St. Rose

### Triple jump

14.08m \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 14.54m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 14.48m (5th) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 14.55m (6th) \_\_\_\_\_ SLC Championships (Feb. 21)

## Bryan Ugochukwu

### 800 meters

1:56.37 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 1:52.50 b \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 1:53.74 (2nd) \_\_\_\_\_ Houston All-Comers (Feb. 7)  
 1:55.18 (2nd/prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
 1:54.08 (3rd) \_\_\_\_\_ SLC Championships (Feb. 21)

## Corey Vargas

### 800 meters

2:01.31 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 1:59.43 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

### Mile

4:42.36 b \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 4:27.30 \_\_\_\_\_ Houston All-Comers (Feb. 7)  
 4:24.90 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
 4:23.48 (7th/final) \_\_\_\_\_ SLC Championships (Feb. 21)

## Will Vese

### 60 meters

7.04 (prelims) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 6.99 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

### 60-meter hurdles

8.03 (2nd/prelims) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 7.90 P (1st/final) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 8.03 a (1st/prelims) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 8.09 a (3rd/final) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 8.00 (2nd/prelims) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 7.86 P (2nd/final) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 7.95 (6th/prelims) \_\_\_\_\_ New Balance Invitational (Feb. 6)  
 7.94 (7th/final) \_\_\_\_\_ New Balance Invitational (Feb. 6)  
 8.04 (2nd/prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
 7.87 P (1st/final) \_\_\_\_\_ SLC Championships (Feb. 21)  
 7.92 (2nd/prelims) \_\_\_\_\_ Iowa State Qualifier (March 7)  
 7.82 P (2nd/final) \_\_\_\_\_ Iowa State Qualifier (March 7)

## Terrence Watson

### 200 meters

23.46 \_\_\_\_\_ SLC Championships (Feb. 20)

### 400 meters

51.71 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 51.23 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)

## Johnathan Whittaker

### High jump

2.09m (2nd) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 2.09m (3rd) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 2.08m (1st) \_\_\_\_\_ New Balance Invitational (Feb. 6)  
 2.11m (1st) \_\_\_\_\_ SLC Championships (Feb. 20)  
 2.14m P (2nd) \_\_\_\_\_ Iowa State Qualifier (March 7)

### Triple jump

13.98m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 13.71m \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 13.71m \_\_\_\_\_ SLC Championships (Feb. 21)



# 2009 UTSA Roadrunners Men's Indoor Track & Field Progressions

## Darryl White

### 60 meters

6.92 a (4th/prelims) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 6.84 a (3rd/final) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 6.87 (4th/prelims) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 6.87 (6th/final) \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 6.98 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

### 200 meters

23.44 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 22.75 b \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 22.96 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

## Teddy Williams

### 60 meters

6.88 a (2nd/prelims) \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 6.65 C S P (2nd/prelims) \_\_\_\_\_ New Balance Invitational (Feb. 6)  
 6.61 C S A (2nd/final) \_\_\_\_\_ New Balance Invitational (Feb. 6)  
 6.80 (3rd/prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
 6.64 M P (1st/final) \_\_\_\_\_ SLC Championships (Feb. 21)  
 6.59 C S A (3rd/prelims) \_\_\_\_\_ NCAA Championships (March 13)  
 6.70 (8th/final) \_\_\_\_\_ NCAA Championships (March 14)

### 200 meters

22.67 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 22.05 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)  
 21.84 (1st/final) \_\_\_\_\_ SLC Championships (Feb. 21)

## Tommy Wolfe

### 60 meters

7.26 (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 7.16 (1st/hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### 1,000 meters

3:12.26 (hep) \_\_\_\_\_ SLC Championships (Feb. 21)

### 60-meter hurdles

8.41m (hep) \_\_\_\_\_ SLC Championships (Feb. 21)

### High jump

1.84m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 1.93m (hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### Pole vault

4.60m (5th) \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)  
 4.76m (5th) \_\_\_\_\_ SLC Championships (Feb. 20)  
 4.70m (hep) \_\_\_\_\_ SLC Championships (Feb. 21)

### Long jump

6.54m \_\_\_\_\_ Cherry & Silver Invitational (Jan. 24)  
 6.37m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 6.59m (hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### Shot put

13.89m (hep) \_\_\_\_\_ Houston Invitational/Multis (Jan. 30)  
 13.91m (hep) \_\_\_\_\_ SLC Championships (Feb. 20)

### Heptathlon

5,256 (1st) \_\_\_\_\_ SLC Championships (Feb. 20-21)

## Edmund Yeboah

### 60 meters

7.28 (prelims) \_\_\_\_\_ Houston All-Comers (Feb. 7)  
 6.99 (prelims) \_\_\_\_\_ SLC Championships (Feb. 20)

## Dominick Zucconi

### Mile

4:39.62 \_\_\_\_\_ Leonard Hilton Memorial (Jan. 16)

### 3,000 meters

9:09.41 \_\_\_\_\_ Houston Invitational/Multis (Jan. 31)  
 9:12.36 \_\_\_\_\_ SLC Championships (Feb. 21)

*Key: A - NCAA Championships Automatic qualifying mark  
 P - NCAA Championships provisional qualifying mark  
 M - Southland Conference Indoor Championships meet record  
 S - UTSA record • a - altitude • b - banked track*