



2007 UTSA Roadrunners Outdoor Track & Field Season Bests

100 meters

10.40 ^(5.6) Cedric Harris _____ Angelo State Relays (4/14)
10.41 _____ Cedric Harris _____ NCAA Midwest Regional (5/26)
10.46 _R _____ Steven Brown _____ SLC Championships (5/5)
10.59 _____ Teddy Williams _____ SLC Championships (5/5)
10.80 ^(2.1) _____ Benga Adeeko _____ SLC Championships (5/5)
10.86 _____ Benga Adeeko _____ UTSA Relays (3/16)
11.11 ^(2.3) _____ Mo Jackson _____ UTSA Relays (3/17)
11.14 _____ Mo Jackson _____ UTSA Relays (3/16)
11.16 _____ Brandon Buteaux _____ Texas Relays (4/5)
11.19 _____ Tommy Wolfe _____ Texas Relays (4/5)

200 meters

21.05 ^(2.3) _R _____ Cedric Harris _____ SLC Championships (5/5)
21.16 _R _____ Cedric Harris _____ SLC Championships (5/5)
21.43 _____ Scott Briscoe _____ SLC Championships (5/5)
21.50 _____ Teddy Williams _____ SLC Championships (5/5)
21.69 _____ Steven Brown _____ SLC Championships (5/5)
21.98 ^(4.3) _____ Gaston Griffin _____ Angelo State Relays (4/14)
21.99 _____ Will Vese _____ ASU/Clif Bar Invitational (3/24)
22.47 _____ Gaston Griffin _____ Angelo State Relays (4/14)
22.49 _____ Dominic Brown _____ Angelo State Relays (4/14)

400 meters

46.97 _R _____ Gaston Griffin _____ Texas Twilight (4/21)
47.45 _____ Scott Briscoe _____ SLC Championships (5/5)
48.01 _____ Dominic Brown _____ SLC Championships (5/5)
49.75 _____ Larry Brooks _____ ASU/Clif Bar Invitational (3/24)
49.76 _____ Brandon Buteaux _____ SLC Championships (5/4)
52.42 _____ Tommy Wolfe _____ SLC Championships (5/4)

800 meters

1:48.44 _S _R _____ Larry Brooks _____ Oxy Invite (5/12)
1:52.80 _____ Eric Miller _____ SLC Championships (5/6)
1:54.23 _____ Bryan Ugochukwu _____ SLC Championships (5/5)
1:56.20 _____ Adrian Vargas _____ SLC Championships (5/5)
1:56.78 _____ Corey Vargas _____ Rice Twilight (4/26)

1,500 Meters

4:01.70 _____ Corey Vargas _____ SLC Championships (5/5)
4:04.36 _____ Benson Cheserek _____ Angelo State Relays (4/14)
4:07.58 _____ Eric Miller _____ Angelo State Relays (4/14)
4:10.45 _____ Adrian Vargas _____ UTSA Relays (3/17)
4:14.02 _____ Bryan Ugochukwu _____ UTSA Relays (3/17)
4:44.22 _____ Brandon Buteaux _____ Texas Relays (4/6)
5:32.29 _____ Tommy Wolfe _____ Texas Relays (4/6)

5,000 meters

15:22.89 _____ Benson Cheserek _____ SLC Championships (5/6)

110-meter hurdles

13.92 _R _____ Will Vese _____ ASU/Clif Bar Invitational (3/24)
14.60 ^(2.5) _____ Brandon Buteaux _____ SLC Championships (5/6)
14.80 _____ Brandon Buteaux _____ SLC Championships (5/5)
15.16 ^(2.7) _____ Tommy Wolfe _____ SLC Championships (5/5)
15.17 _____ Tommy Wolfe _____ UTSA Relays (3/16)
15.28 ^(3.6) _____ Mychal Mitchell _____ SLC Championships (5/5)
15.34 _____ Mychal Mitchell _____ Texas Twilight (4/21)
15.85 _____ Alton St. Rose _____ UTSA Relays (3/16)

3,000-meter steeplechase

9:00.58 _R _____ Benson Cheserek _____ Texas Twilight (4/21)

400-meter relay

40.12 _____ C.Harris, S.Briscoe, _____ NCAA Midwest Regional (5/26)
_____ T.Williams, S.Brown

1,600-meter relay

3:10.16 _____ S.Briscoe, D.Brown, _____ Texas Relays (4/6)
_____ L.Brooks, G.Griffin

Long Jump

7.30m ^(2.7) _____ Mo Jackson _____ SLC Championships (5/5)
7.20m _____ Mo Jackson _____ UTSA Relays (3/16)
7.13m _____ Brandon Buteaux _____ Texas Relays (4/5)
6.89m ^(3.6) _____ Steven Brown _____ SLC Championships (5/5)
6.69m _____ Tommy Wolfe _____ SLC Championships (5/4)
6.46m _____ Alton St. Rose _____ Texas Twilight (4/21)

Triple Jump

14.63m ^(2.4) _____ Alton St. Rose _____ SLC Championships (5/6)
14.62m _S _____ Mo Jackson _____ Angelo State Relays (4/14)
14.56m _____ Johnathan Whittaker _____ Angelo State Relays (4/14)
14.44m _____ Alton St. Rose _____ Angelo State Relays (4/14)

High Jump

2.11m _____ Johnathan Whittaker _____ NCAA Midwest Regional (5/26)
2.05m _____ Marcus Bibles _____ SLC Championships (5/5)
2.01m _____ Tommy Wolfe _____ SLC Championships (5/4)
2.00m _____ Carvey Evans _____ SLC Championships (5/5)
1.95m _____ Jake Story _____ SLC Championships (5/5)
1.93m _____ Brandon Buteaux _____ Texas Relays (4/5)

Pole Vault

4.75m _____ Tommy Wolfe _____ SLC Championships (5/6)
4.45m _____ Brandon Buteaux _____ SLC Championships (5/5)

Shot Put

16.85m _R _____ Luke Johnson _____ Texas Relays (4/6)
15.43m _____ Chris Koenig _____ SLC Championships (5/5)
15.01m _____ Ryan McMakin _____ SLC Championships (5/5)
14.05m _____ Brandon Buteaux _____ SLC Championships (5/4)
13.85m _____ Tommy Wolfe _____ SLC Championships (5/4)

Discus

48.30m _____ Luke Johnson _____ SLC Championships (5/6)
46.39m _____ Ryan McMakin _____ SLC Championships (5/6)
45.66m _____ Chris Koenig _____ ASU/Clif Bar Invitational (3/24)
40.83m _____ Brandon Buteaux _____ ASU/Clif Bar Invitational (3/24)
39.54m _____ Tommy Wolfe _____ Texas Twilight (4/21)

Javelin

55.45m _____ Tommy Wolfe _____ SLC Championships (5/5)
51.07m _____ Brandon Buteaux _____ UTSA Relays (3/17)

Hammer

56.60m _S _R _____ Luke Johnson _____ Texas Twilight (4/21)
45.84m _____ Ryan McMakin _____ SLC Championships (5/4)
43.04m _____ Chris Koenig _____ Texas Twilight (4/21)

Decathlon

7,342 _P _____ Brandon Buteaux _____ Texas Relays (4/5-6)
7,099 _P _____ Tommy Wolfe _____ SLC Championships (5/4-5)

*Key: S - UTSA record; P - NCAA Provisional qualifying mark;
R - NCAA Regional qualifying mark; () wind in m/s*



2007 UTSA Roadrunners Outdoor Track & Field Progressions

Bengo Adeeko

100 meters

10.86 (prelims) _____ UTSA Relays (March 16)
 10.86 (2.3/finals) _____ UTSA Relays (March 17)
 10.98 (2.8/prelims) _____ Angelo State Relays (April 14)
 10.80 (2.1/prelims) _____ SLC Championships (May 5)

Marcus Bibbes

High jump

2.00m _____ UTSA Relays (March 16)
 1.93m _____ Angelo State Relays (April 14)
 2.00m _____ Texas Twilight (April 21)
 2.05m _____ SLC Championships (May 5)

Scott Briscoe

200 meters

21.64 (2.7/prelims) _____ Angelo State Relays (April 14)
 21.58 (final/1st) _____ Angelo State Relays (April 14)
 21.43 (prelims) _____ SLC Championships (May 5)
 21.51 (2.3/final) _____ SLC Championships (May 6)

400 meters

48.58 _____ UTSA Relays (March 17)
 48.30 _____ Texas Twilight (April 21)
 47.45 (prelims) _____ SLC Championships (May 5)
 47.89 (final) _____ SLC Championships (May 6)

Larry Brooks

400 meters

49.75 _____ ASU/Clif Bar Invitational (March 24)

800 meters

1:51.53 _____ Texas Relays (April 5)
 1:49.83 R _____ Texas Twilight (April 21)
 1:53.59 (1st/prelims) _____ SLC Championships (May 5)
 1:50.12 (R/1st/final) _____ SLC Championships (May 6)
 1:48.44 S R _____ Oxy Invite (May 12)
 1:49.24 (prelims) _____ NCAA Midwest Regional (May 25)

Dominic Brown

200 meters

22.49 (2.2/prelims) _____ Angelo State Relays (April 14)

400 meters

48.53 _____ ASU/Clif Bar Invitational (March 24)
 49.77 _____ Texas Twilight (April 21)
 48.01 (prelims) _____ SLC Championships (May 5)
 48.29 (final) _____ SLC Championships (May 6)

Steven Brown

100 meters

10.74 (2.9/prelims) _____ Angelo State Relays (April 14)
 10.46 (R/prelims) _____ SLC Championships (May 5)
 10.51 (2.8/final) _____ SLC Championships (May 6)

200 meters

22.15 _____ Texas Twilight (April 21)
 21.69 (prelims) _____ SLC Championships (May 5)

Long jump

6.89m (3.6) _____ SLC Championships (May 5)

Brandon Buteaux

100 meters

11.16 (decath) _____ Texas Relays (April 5)
 11.21 (2.1/decath) _____ SLC Championships (May 4)

400 meters

50.89 (decath) _____ Texas Relays (April 5)
 49.76 (decath) _____ SLC Championships (May 4)

1,500 meters

4:44.22 (decath) _____ Texas Relays (April 6)
 5:06.13 (decath) _____ SLC Championships (May 5)

110-meter hurdles

14.81 (prelims) _____ UTSA Relays (March 16)
 14.96 (2.7/finals) _____ UTSA Relays (March 17)
 15.01 _____ ASU/Clif Bar Invitational (March 24)
 14.79 (2.7/decath) _____ SLC Championships (May 5)
 14.80 (prelims) _____ SLC Championships (May 5)
 14.60 (2.5/final) _____ SLC Championships (May 6)

Long jump

6.92m _____ UTSA Relays (March 16)
 7.13m (decath) _____ Texas Relays (April 5)
 6.96m (2.4) _____ Texas Twilight (April 21)
 6.74m (decath) _____ SLC Championships (May 4)
 7.01m _____ SLC Championships (May 5)

High jump

1.85m _____ UTSA Relays (March 16)
 1.93m (decath) _____ Texas Relays (April 5)
 1.86m (decath) _____ SLC Championships (May 4)

Pole vault

4.30m (decath) _____ Texas Relays (April 6)
 4.30m _____ Texas Twilight (April 21)
 4.45m (decath) _____ SLC Championships (May 5)

Shot put

13.32m (decath) _____ Texas Relays (April 5)
 14.05m (decath) _____ SLC Championships (May 4)

Discus

40.83m _____ ASU/Clif Bar Invitational (March 24)
 39.82m (decath) _____ Texas Relays (April 6)
 40.49m _____ Texas Twilight (April 21)
 38.35m (decath) _____ SLC Championships (May 5)

Javelin

51.07m _____ UTSA Relays (March 17)
 50.38m (decath) _____ Texas Relays (April 6)
 49.18m (decath) _____ SLC Championships (May 5)

Decathlon

7,342 P (1st) _____ Texas Relays (April 5-6)
 7,148 P (1st) _____ SLC Championships (May 4-5)



2007 UTSA Roadrunners Outdoor Track & Field Progressions

Benson Cheserek

1,500 meters

4:04.36 _____ Angelo State Relays (April 14)

3,000 meters

8:45.07 _____ UTSA Relays (March 16)

5,000 meters

15:22.89 _____ SLC Championships (May 6)

3,000-meter steeplechase

9:07.98 _____ ASU/Clif Bar Invitational (March 24)

9:13.32 _____ Texas Relays (April 6)

9:00.58 R _____ Texas Twilight (April 21)

9:11.42 _____ SLC Championships (May 5)

9:22.37 _____ NCAA Midwest Regional (May 26)

Carvey Evans

High jump

1.95m _____ UTSA Relays (March 16)

1.88m _____ Angelo State Relays (April 14)

2.00m _____ Texas Twilight (April 21)

2.00m _____ SLC Championships (May 5)

Gaston Griffin

200 meters

21.98 (4.3/prelims) _____ Angelo State Relays (April 14)

22.47 (final) _____ Angelo State Relays (April 14)

400 meters

47.47 _____ UTSA Relays (March 17)

46.97 R _____ Texas Twilight (April 21)

47.54 (prelims) _____ SLC Championships (May 5)

51.31 (final) _____ SLC Championships (May 6)

47.70 (prelims) _____ NCAA Midwest Regional (May 25)

Cedric Harris

100 meters

10.40 (5.6/prelims) _____ Angelo State Relays (April 14)

10.48 (R/prelims) _____ SLC Championships (May 5)

10.47 (2.8/R/final) _____ SLC Championships (May 6)

10.43 (prelims) _____ NCAA Midwest Regional (May 25)

10.41 (final) _____ NCAA Midwest Regional (May 26)

200 meters

21.61 _____ ASU/Clif Bar Invitational (March 24)

21.33 _____ Texas Twilight (April 21)

21.16 (R/prelim) _____ SLC Championships (May 5)

21.05 (2.3/R/final) _____ SLC Championships (May 6)

23.93 (prelims) _____ NCAA Midwest Regional (May 25)

Mo Jackson

100 meters

11.14 (prelims) _____ UTSA Relays (March 16)

11.11 (2.3/finals) _____ UTSA Relays (March 17)

Long jump

7.20m _____ UTSA Relays (March 16)

6.87m _____ Angelo State Relays (April 14)

7.01m (2.3/1st) _____ Texas Twilight (April 21)

7.30m (2.7/1st) _____ SLC Championships (May 5)

6.54m _____ NCAA Midwest Regional (May 25)

Triple jump

14.03m _____ UTSA Relays (March 17)

14.62m S _____ Angelo State Relays (April 14)

14.59m (2.2) _____ SLC Championships (May 6)

Luke Johnson

Shot put

16.14m _____ UTSA Relays (March 16)

16.49m _____ ASU/Clif Bar Invitational (March 24)

16.85m R _____ Texas Relays (April 6)

16.76m (1st) _____ Angelo State Relays (April 14)

16.83m R _____ Texas Twilight (April 21)

16.39m _____ SLC Championships (May 5)

Discus

45.21m _____ UTSA Relays (March 17)

46.37m _____ ASU/Clif Bar Invitational (March 24)

42.26m _____ Angelo State Relays (April 14)

48.13m _____ Texas Twilight (April 21)

48.30m _____ SLC Championships (May 6)

Hammer

50.58m _____ ASU/Clif Bar Invitational (March 24)

52.90m S (1st) _____ Angelo State Relays (April 14)

56.60m S R _____ Texas Twilight (April 21)

54.20m _____ SLC Championships (May 4)

51.91m _____ NCAA Midwest Regional (May 25)

Chris Koenig

Shot put

15.01m _____ UTSA Relays (March 16)

14.55m _____ ASU/Clif Bar Invitational (March 24)

14.61m _____ Angelo State Relays (April 14)

14.36m _____ Texas Twilight (April 21)

15.43m _____ SLC Championships (May 5)

Discus

44.81m _____ UTSA Relays (March 17)

45.66m _____ ASU/Clif Bar Invitational (March 24)

44.06m _____ Angelo State Relays (April 14)

45.62m _____ Texas Twilight (April 21)

Hammer

40.37m _____ ASU/Clif Bar Invitational (March 24)

42.54m _____ Angelo State Relays (April 14)

43.04m _____ Texas Twilight (April 21)

40.29m _____ SLC Championships (May 6)



2007 UTSA Roadrunners Outdoor Track & Field Progressions

Ryan McMakin

Shot put

14.98m _____ UTSA Relays (March 16)
 14.08m _____ ASU/Clif Bar Invitational (March 24)
 14.62m _____ Angelo State Relays (April 14)
 15.01m _____ SLC Championships (May 5)

Discus

44.36m _____ ASU/Clif Bar Invitational (March 24)
 45.57m _____ Texas Twilight (April 21)
 46.39m _____ SLC Championships (May 6)

Hammer

39.36m _____ ASU/Clif Bar Invitational (March 24)
 38.62m _____ Texas Twilight (April 21)
 45.84m _____ SLC Championships (May 4)

Eric Miller

800 meters

1:54.97 _____ ASU/Clif Bar Invitational (March 24)
 1:56.43 _____ Angelo State Relays (April 14)
 1:54.91 _____ Texas Twilight (April 21)
 1:55.21 (prelims) _____ SLC Championships (May 5)
 1:52.80 (final) _____ SLC Championships (May 6)

1,500 meters

4:08.91 _____ UTSA Relays (March 17)
 4:07.58 _____ Angelo State Relays (April 14)

3,000 meters

9:08.49 _____ UTSA Relays (March 16)

Mychal Mitchell

110-meter hurdles

15.92 (prelims) _____ UTSA Relays (March 16)
 15.99 _____ ASU/Clif Bar Invitational (March 24)
 15.92 (3.1/prelims) _____ Angelo State Relays (April 14)
 15.34 (2.4) _____ Texas Twilight (April 21)
 15.28 (3.6/prelims) _____ SLC Championships (May 5)

Alton St. Rose

110-meter hurdles

15.85 (prelims) _____ UTSA Relays (March 16)

Long jump

6.46m _____ Texas Twilight (April 21)
 6.35m _____ SLC Championships (May 5)

Triple jump

14.12m _____ UTSA Relays (March 17)
 14.44m _____ Angelo State Relays (April 14)
 14.63m (2.4) _____ SLC Championships (May 6)

Jake Story

High jump

1.88m _____ Angelo State Relays (April 14)
 1.90m _____ Texas Twilight (April 21)
 1.95m _____ SLC Championships (May 5)

Bryan Ugochukwu

800 meters

1:56.63 _____ ASU/Clif Bar Invitational (March 24)
 1:56.03 _____ Angelo State Relays (April 14)
 1:54.42 _____ Texas Twilight (April 21)
 1:54.36 _____ Rice Twilight (April 26)
 1:54.23 (prelims) _____ SLC Championships (May 5)
 1:55.02 (final) _____ SLC Championships (May 6)

1,500 meters

4:14.02 _____ UTSA Relays (March 17)

Adrian Vargas

800 meters

2:00.59 _____ ASU/Clif Bar Invitational (March 24)
 2:00.04 _____ Angelo State Relays (April 14)
 2:00.66 _____ Texas Twilight (April 21)
 1:56.51 _____ Rice Twilight (April 26)
 1:56.20 (prelims) _____ SLC Championships (May 5)
 1:59.57 (final) _____ SLC Championships (May 6)

1,500 meters

4:10.45 _____ UTSA Relays (March 17)

3,000 meters

9:16.39 _____ UTSA Relays (March 16)

Corey Vargas

800 meters

1:58.73 _____ Angelo State Relays (April 14)
 1:56.78 _____ Rice Twilight (April 26)

1,500 meters

4:11.44 _____ UTSA Relays (March 17)
 4:08.03 _____ Angelo State Relays (April 14)
 4:08.27 _____ Texas Twilight (April 21)
 4:01.70 (prelims) _____ SLC Championships (April 21)
 4:02.03 (final) _____ SLC Championships (April 21)

3,000 meters

9:06.97 _____ UTSA Relays (March 16)

Will Vese

200 meters

21.99 _____ ASU/Clif Bar Invitational (March 24)

110-meter hurdles

14.19 R (prelims) _____ UTSA Relays (March 16)
 13.92 R _____ ASU/Clif Bar Invitational (March 24)
 14.19 R (prelims) _____ Texas Relays (April 6)
 14.85 (prelims) _____ SLC Championships (May 5)

Johnathan Whittaker

Triple jump

13.82m _____ UTSA Relays (March 17)
 14.56m _____ Angelo State Relays (April 14)
 13.74m _____ Texas Twilight (April 21)
 14.06m (2.5) _____ SLC Championships (May 6)



2007 UTSA Roadrunners Outdoor Track & Field Progressions

High jump

2.10m R _____ UTSA Relays (March 16)
 2.05m _____ Texas Twilight (April 21)
 2.05m _____ SLC Championships (May 5)
 2.11m _____ NCAA Midwest Regional (May 26)

Teddy Williams

100 meters

10.59 (3.0/prelims) _____ Angelo State Relays (April 14)
 10.59 (prelims) _____ SLC Championships (May 5)
 10.67 (2.8/final) _____ SLC Championships (May 6)

200 meters

21.76 _____ ASU/Clif Bar Invitational (March 24)
 21.94 _____ Texas Twilight (April 21)
 21.50 (prelims) _____ SLC Championships (May 5)
 21.85 (2.3/final) _____ SLC Championships (May 6)

Tommy Wolfe

100 meters

11.19 (decath) _____ Texas Relays (April 5)
 11.22 (2.1/decath) _____ SLC Championships (May 4)

400 meters

52.82 (decath) _____ Texas Relays (April 5)
 52.42 (decath) _____ SLC Championships (May 4)

1,500 meters

5:32.29 (decath) _____ Texas Relays (April 6)
 5:33.47 (decath) _____ SLC Championships (May 5)

110-meter hurdles

15.17 _____ UTSA Relays (March 16)
 15.29 _____ ASU/Clif Bar Invitational (March 24)
 15.21 (decath) _____ Texas Relays (April 6)
 15.16 (2.7/decath) _____ SLC Championships (May 5)

Long jump

6.17 _____ UTSA Relays (March 16)
 6.64m (decath) _____ Texas Relays (April 5)
 6.69m (decath) _____ SLC Championships (May 4)

High jump

1.85m _____ UTSA Relays (March 16)
 1.90m (decath) _____ Texas Relays (April 5)
 2.01m (decath) _____ SLC Championships (May 4)

Pole vault

4.70m (decath) _____ Texas Relays (April 6)
 4.45m _____ Angelo State Relays (April 14)
 4.75m _____ Texas Twilight (April 21)
 4.55m _____ SLC Championships (May 5)
 4.75m _____ SLC Championships (May 6)

Shot put

13.25m (decath) _____ Texas Relays (April 5)
 13.85m (decath) _____ SLC Championships (May 4)

Discus

37.57m _____ ASU/Clif Bar Invitational (March 24)
 38.48m (decath) _____ Texas Relays (April 6)
 39.54m _____ Texas Twilight (April 21)
 39.34m _____ SLC Championships (May 5)

Javelin

51.50m _____ UTSA Relays (March 17)
 46.67m (decath) _____ Texas Relays (April 6)
 55.45m (decath) _____ SLC Championships (May 5)

Decathlon

6,837 _____ Texas Relays (April 5-6)
 7,099 P _____ SLC Championships (May 4-5)

*Key: S - UTSA record; P - NCAA Provisional qualifying mark;
 R - NCAA Regional qualifying mark; () wind in m/s*